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| **MODULE TITLE** | **Psychotherapy and Complex Cases** |

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| MODULE TUTOR DETAILS |
| Name of Module Leader/s | Drs Ronald Doctor and Gabriel Kirtchuk |
| Department/Location | West Middlesex General Psychotherapy Services and Ealing Forensic Psychotherapy Department |
| Hospital Name | West Middlesex Hospital and Ealing Hospital  |
| Telephone Number | 020 8483 1489 and 020 8354 8934  |
| Fax Number | 020 8483 1620 |
| Email Address | Ronald.Doctor@wlmht.nhs.uk |

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| MODULE ADMINISTRATOR DETAILS (If applicable) |
| Administrator Name | Harry Stallwood |
| Telephone Number | 020 8483 1489 |
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| Email Address | harry.stallwood@wlmht.nhs.uk |

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| FIRST DAY REPORTING INSTRUCTIONS FOR STUDENTS |
| Report on Monday 10 am at the Lakeside Mental Health Unit. |

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| MODULE AIM |
| 1. To provide a student with a basic understanding of psychotherapy and its role in treatment which will allow you to function more effectively (achieve excellence maybe) in management and leadership contexts
2. To allow the student to achieve self realisation through understanding one’s own psychological and emotional profile.
3. To allow professional growth through insight regarding the role that one plays along with others in an MDT through reflective practice and understanding the dynamics of a clinical setting.
4. To develop a problem solving mind through analytical and creative thinking with regards to understanding of complex cases, violence and sexual perversions.
5. To inculcate leadership qualities within an individual while simultaneously developing the ability to follow instructions and function in a non leadership role.
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| **LEARNING OUTCOMES** |
| 1. To be able to describe and explain the key psychotherapeutic concepts:
* Re-enactment
* Transference
* Counter- transference
* Psychological defence mechanism
* Resistance
* Developmental perspective
1. Assessing whether the patient or an individual possess some of the characteristics that are associated with good treatment outcome. (Self-reflection, capacity for abstract thought, an interest in self understanding/introspection and capacity for frustration tolerance. Pg 20 of little psychotherapy book, please look at recommended reading.)
2. Dealing with verbal attacks by a patient in a forensic/clinical setting and to respond to it in a therapeutic manner.
3. Using structure, such as the interpersonal dynamic consultation tool, to provide guidance and direction in a forensic/clinical session.
4. Dealing with sadness, and other difficult emotions, in a clinical session or on the ward experienced by the staff or patients.
5. To critically appraise the functioning of a department.
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| KEY LEARNING EVENTS |
| 1. Weekly team meetings/ward rounds
2. Attending meetings and seminars within and with other departments.
3. Weekly tutorial with SpR/Consultant
4. Shadowing and assisting various members of the MDT.
5. Getting involved in an Audit/Clinical project.
6. Attending reflective practice. (will cover Leadership and non leadership role)
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| **BACKGROUND INFORMATION REGARDING YOUR MODULE/DEPARTMENT** |
| The West Middlesex Psychotherapy Service is lead by Dr Ronald Doctor, Consultant Psychiatrist in Psychotherapy. This is staffed by 10 ST1-3’s, one ST4-6 and a number of Hon Psychotherapists. It is part of the Managed Clinical Network for Personality Disorder. It is involved in assessment and management of complex cases in outpatients and general psychiatric wards with psychotherapy on an individual, group and family basis.The Ealing Forensic Psychotherapy Service is lead by Dr Gabriel Kirtchuk, Consultant Psychiatrist in Forensic Psychotherapy and is staffed by Dr Ronald Doctor, 15 ST1-3’s, two ST4-6’s, two Adult Psychotherapists and a Family Therapist. The Service is provides Group and Family Therapy, a comprehensive and regular Reflective Practice to all Forensic wards and Interpersonal Dynamics is offered on a regular basis and is supported by a weekly workshop. |

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| ASSESSMENT SPECIFIC TO THIS MODULE |
| The student can choose one or more of the following:1. Presentation with regards to an existing clinical setting and how it can be improved upon. (This will give the student a chance to critically appraise the clinical setting and can double as a clinical project)
2. A self reflective essay regarding the effect of psychotherapy on one’s (professional) life and its application in a clinical/day to day environment.
3. Audit (If available)
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| RECOMMENDED READING |
| Allan G. Frankland. (2010). *The little psychotherapy book; object relations in practice*.ISBN: 978-0-19-539081-0Doctor, R*., (2003), Dangerous Patients: psychodynamic aspects of risk assessment and management*. Karnac, London.Doctor R., (2008), *Murder; a psychodynamic investigation*. Karnac, London. Gordon, J. and Kirtchuk, G., (2008), *Psychic assaults and frightened clinicians*, Karnac, London. |
| ANY FURTHER INFORMATION/COMMENTS |
| At the end of the course to :1. To have a basic understanding of psychotherapy and its role in treatment.
2. To develop the ability to understand one’s self and to star t to understand the nature of interpersonal dynamics in a clinical/general/forensic environment.
3. To develop analytical and creative thinking.
4. To be able to demonstrate leadership qualities as well as the ability to function in a team within a non-leadership role.
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**Maximum number of students per period: 2**