# 21/NWP/SCM

# Intestinal failure and specialist colorectal medicine

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**Reporting Instructions**

Report to Anup Jethwa (Tel: 020 8869 3170) teaching coordinator, at **9 am** in the Undergraduate department at Northwick Park Hospital

**Aims**

* Intestinal failure (incl. Artificial nutrition, TPN etc)
* Inflammatory bowel disease, multidisciplinary medicine (incl. Psychosomatic medicine), clinics, ward rounds, tutorial and brief project

**Background Information**

This is an internationally acclaimed unit with UK supraregional status for these conditions. The academic and NHS staff keen on teaching.

**Key Learning Events**

* A practical understanding basic human metabolism
* An understanding of artificial nutrition support in clinical practice (enteral and perenteral feeding)
* Exposure to patients with intestinal failure and their special requirements
* An understanding of inflammatory bowel disease (clinical presentation, endoscopic appearances, pathology and treatment options)
* Nutritional treatment of different diseases, especially inflammatory bowel disease
* Exposure to diagnostic and therapeutic endoscopy
* Undertaking a brief nutritionally based project.

**Recommended Reading**

Kumar and Clarke *Clinical Medicine*

JS Garrow and WPT James *Human Nutrition and Dietetics*

Payne-James, Grimble and Silk, *Artificial Nutrition Support in Clinical Practice*

**Maximum number of students:** 2