104/CW/SCM

Pain Medicine

**Module Tutor:** Dr Glynn Towlerton

Pain Medicine & Palliative Care – Anaesthetics

Chelsea & Westminster Hospital

Tel: 020 3315 8026

Fax: 020 3315 8801

[glynn.towlerton@chelwest.nhs.uk](mailto:glynn.towlerton@chelwest.nhs.uk)

**Module Administrator:** Katherine Wong

Tel: 020 3315 5387

Fax: 020 3315 8801

[katherine.wong@chelwest.nhs.uk](mailto:katherine.wong@chelwest.nhs.uk)

**Reporting instructions:**

Report to Anaesthetic Departmental Office, 3rd Floor, Chelsea & Westminster Hospital. Liaise with the Pain fellow.

**Aims and objectives:**

* Educate students in pain awareness and possible pathways available for acute & persistent pain problems.
* Introduction to assessment tools, pain therapeutic strategies and governance around these issues.
* Exposure to sophisticated acute & persistent pain therapies.

**Learning outcomes:**

* Physiology of pain
* Pharmacology of pain medications
* Clinical application of pharmacology
* Clinical application of interventions
* Predications of potential pain issues on ward and community
* MDT working practices

**Background Information:**

* A multidisciplinary unit providing comprehensive pain medicine therapies.
* We practice bio psychosocial medicinal assessment
* We run a higher centre training program with Advanced Pain fellows & SpRs.
* Active Imperial research program on site.
* Community outreach for musculoskeletal assessments.

**Key learning events:**

* Outpatient centres
* Theatres
* APS
* MDT working & MDT meetings
* Psychology & physiotherapy pain management programs
* Spinal cord stimulation
* Audit cycles

**Assessment:**

* Case study and presentation.
* Journal Club paper presentation.
* Literature search on recent pain updates.
* Opportunity to join in audit cycles.

**Period of which module is available:** 2,5,7,9,11,13

**Maximum number of students at any time:** 2