**63/EXT/SCM**

**Clinical Hypnosis in Medical Practice**

**Module Tutor:** Ursula James

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## Reporting instructions

Seminar rooms – Imperial College (TBA)

## Aims

To equip the student with sufficient theoretical knowledge and practical skills to manage a patient in a hypnoidal state. To gain a thorough overview of communication, evaluation and patient management skills which can be utilised within any diagnostic framework.

**Background information**

This module already runs at the following Medical Schools, Oxford, Cambridge, Leeds, Nottingham, Newcastle, London (QMUL), London (St Georges), London (UCL), HYMS

**Key learning events**

Providing participants with sufficient skills and knowledge to be able to induce, recognise and manage hypnoidal states

## Learning outcomes

Learning self-hypnosis and its application as a learning/relaxation tool and stress management mechanism

Practical skills development

Identification and management of hypniodal states

Rapport and communications skills

Knowledge of underpinning theory and historical context of subject

Overview of potential medical applications including contra-indications

Specific protocols – varied (e.g. pain control, development of patient compliance)

## Assessment:

Practical assessment of skills. Successful assessment entitles the student to membership of the MSHA (Medical School Hypnosis Association [www.msha.org.uk](http://www.msha.org.uk))

**Periods when the module is available:** 1,6, 11

Minimum 6 Students

Maximum 14 Students

**Recommended Reading**

The Clinical Hypnosis Textbook second edition by Ursula James (2010), Radcliffe Press