

**Imperial College Medical Students  
Psychiatry Attachment**

**Monday 22<sup>nd</sup> April – Friday 31<sup>st</sup> May 2013**

**South Kensington and Chelsea**

**ALLOCATIONS**

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## Welcome Letter

Constanza Martinez  
Undergraduate Teaching Co-ordinator  
Stephenson House, 75 Hampstead Road, NW1 2PL  
Tel: 020 3214 5884  
Fax: 020 3214 5892  
Email: [constanza.martinez@nhs.net](mailto:constanza.martinez@nhs.net)

Dear Student,

Welcome to your Psychiatry Clinical Attachment at Chelsea & Westminster - I hope you enjoy the firm.

You will begin your attachment **on Thursday 25<sup>th</sup> April 2013**. Your induction will be with Dr Neil Sarkar at 2:30 pm in the seminar room of the South Kensington and Chelsea Mental Health Centre.

**SK&C Mental Health Centre, 1 Nightingale Place, London, SW10 9NG.**

Please bring:

- 1) £20 for Chelsea & Westminster Hospital for locker keys and swipe cards to the common room and stair wells. Please go to the Imperial College Administrator, Lou De Palo, at the CWH.
- 2) £5 for the South Kensington & Chelsea Mental Health Centre for a swipe card to the unit and to you will need to have read and signed a number of documents on Health & Safety, Alarm System Policy, Protocol and Guidelines for Use, Fire Safety & Evacuation Procedure and Fire Safety & Evacuation of the Building. Please go to Samantha Martin on the ground floor in the outpatient department.

Important information for your attachment has been uploaded in the intranet under:

### **General:**

Information on: JADE read-only, Pastoral Care. Medical students in psychiatric settings- issues of capacity and consent, Library and Knowledge Services, Practice Based Medicines Management Tutorials for Undergraduate Medical Students and Student guidance for ethics and law case discussion-psychiatry course

### **Site specific:**

Information on: H&S, Alarm System Policy, Fire safety & Evacuation procedure and application for the proximity card.

Your teaching has been organised in the following way:

## 1. Centralised teaching

### IC Child Psychiatry

Tuesday 7th May 2013

9:30 - 5:00 pm

For any issues related to the IC Child Psychiatry lecture please contact Administrator Nicole Hickey on Tel: 0203 312 1145 or Email: [n.hickey@imperial.ac.uk](mailto:n.hickey@imperial.ac.uk)

**Please be aware that apart from your Centralised Child Psychiatry day, you have another ½ day Child Psychiatry session to attend. Details below:**

### Half day Child Psychiatry with Dr Hodes and Dr Kramer

**Monday 29th May 2013**

**9:00 am – 11:30 am**

St Mary's Child and Adolescent Mental Health Service

17 Paddington Green, London W2 1LG, Tel. 020 7723 1081

<http://www.cnwl.nhs.uk/service/st-marys-department-of-child-and-adolescent-psychiatry/>

### Learning Disabilities

**Monday 20<sup>th</sup> May 2013, 9.15 AM – 16:00**

Please see for your allocations in this student pack.

### Ethics and Law presentations

**Wednesday 29<sup>th</sup> May 2013, 9:20 – 12:30**

Please see for your allocations in this student pack.

## 2. Group Tutorials

They are held at Seminar Room in the Mental Health Unit at **Chelsea & Westminster Hospital**, 1st Floor, SK&C Mental Health Centre, 1 Nightingale Place, London, SW10 9NG.

*Nightingale Place is off Fulham Road, next to Chelsea & Westminster Hospital, with Starbucks on the corner. Closest underground station is South Kensington (on Piccadilly, District and Circle lines) then buses 14, 211 or 414 stop directly by Nightingale Place.*

Please wait downstairs in reception and then ask to be escorted up to the Seminar room.

## 3. Teaching and ward rounds agreed locally with your firm leaders.

Please go to the Student mentor allocation table for the name and contact details of your firm leaders.

#### **4. Optional teaching to be booked through me.**

This is done through a 'doodle pool' and I will be sending an email to you at the beginning of your attachment for you to put your name down. The places are limited will be allocated on a first come first served basis.

#### **ECT with Nurse Kathy Queenan**

10 places per date

Offer to students from SKC, Gordon and St Charles

#### **Dates:**

Wednesday 01/05/2013 – 11:00-12:00

Wednesday 15/05/2013 – 11:00 – 12:00

Wednesday 22/05/2013 – 11:00 – 12:00

**At St. Charles' Hospital ECT Suite, Exmoor Street, London W10 6DZ**

Please report to Kathy Queenan - Tel 0208 206 7200 Mobile 07866 678623

Email [kathy.queenan@nhs.net](mailto:kathy.queenan@nhs.net)

#### **Mother and Baby Unit/Ward**

3 places per date

Offer to All students (CNWL and WLMHT)

#### **Dates:**

**On Fridays from 9:00 – 11:30**

03/05/2013

17/05/2013

#### **5. Teaching to be arranged directly with the tutor/team leader.**

##### **Older Adult Experience**

Information on how to arrange a session in this student pack

##### **Practice Based Medicines Management Tutorials**

Information on how to arrange these tutorials under General information

#### **6. Other relevant information**

##### **JADE-read only access**

You will have the opportunity to access **JADE-read only**, the CNWL electronic patient records. A network account has been created for you and complete information on how to obtain your login details will be emailed to you at the beginning of your attachment.

##### **SOLE feedback**

**Could be completed from 27<sup>th</sup> May to 14<sup>th</sup> June**

## **Revision and Feedback sessions**

Thursday 30th May 2013

### **Revision**

**2.00 – 3.00 pm**

Charing Cross Campus-CXLB-8th Floor Lecture Theatre\ Lab Block (please double check with information sent by TCO Annette McMayo)

### **Feedback Focus Group**

(Refreshments will be provided)

**3.15 – 4.15 pm.**

Charing Cross Campus-CXRB-Communications Skills A (please double check with information sent by email by TCO Annette McMayo)

### **Logbooks and assessment forms**

Please note that **all logbooks and assessment forms** are to be handed in to the FEO on or before 4.00 pm of **Friday 14<sup>th</sup> June 2013**, FEO, 1<sup>st</sup> Floor, Reynolds Building, Charing Cross Campus

***If you would like a copy of your logbook please make a copy before handing it***

If you have any problems at all, please do not hesitate to contact me. I am here to ensure that your placement runs smoothly and that it is as beneficial to you as it possibly can be

Enjoy your 6 weeks!

Constanza Martinez  
Undergraduate Teaching Co-ordinator  
[constanza.martinez@nhs.net](mailto:constanza.martinez@nhs.net)  
T. 020 3214 5884

**South Kensington and Chelsea Mental Health Centre**  
Monday 22nd April 2013 – Friday 31<sup>st</sup> May 2013  
**Site Leader: Dr Claudia Wald**

| Firm Leaders   | Student                     |
|--|-----------------------------|
| Dr John Meehan <a href="mailto:jmeehan@nhs.net">jmeehan@nhs.net</a>          | Mr. Thanighan KIRUPANANTHAN |
| Dr Clare Smith <a href="mailto:clare.smith@nhs.net">clare.smith@nhs.net</a>  | Mr. Navraj Singh KULAR      |
| Dr Neil Sarkar <a href="mailto:neil.sarkar@nhs.net">neil.sarkar@nhs.net</a>  | Mr. Jayabalan LOGAN         |
| Dr James Arkell <a href="mailto:jamesarkell@nhs.net">jamesarkell@nhs.net</a> | Miss Karikari-Boateng NANA  |

It is the responsibility of the student to make contact with the allocated mentor within the first week of posting to arrange mentoring sessions.

**The Clinical placements will begin on Thursday 25<sup>th</sup> April 2013.** Please report to Dr Neil Sarkar for your site induction at 2:30 pm at the Seminar room of the South Kensington and Chelsea Mental Health Centre. In case of a problem please contact Dr Sarkar on 07712 854842 or email: [neil.sarkar@nhs.net](mailto:neil.sarkar@nhs.net)

SKC students will need to have 2 deposits:

1. £20 for Chelsea & Westminster Hospital for locker keys and swipe cards to the common room and stair wells. Please go to the Imperial College Administrator, Lou De Palo, at the CWH.
2. £5 for the South Kensington & Chelsea Mental Health Centre for a swipe card to the unit and to you will need to have read and signed a number of documents on Health & Safety, Alarm System Policy, Protocol and Guidelines for Use, Fire Safety & Evacuation Procedure and Fire Safety & Evacuation of the Building. Please go to Samantha Martin on the ground floor in the out patient department.

**Chelsea and Westminster Medical Student Tutorial  
22 April – 31 May 2013**

| <b>Date</b>   | <b>Session 1<br/>2-3pm</b>                        | <b>Session 2<br/>3– 4pm</b>                             | <b>Session 3<br/>4-5pm</b>                                      |
|---------------|---|---|---|
| 23 April 2013 | Induction Lectures at Imperial                    | .....   | .....   |
| 30 April 2013 | <b>History Taking</b><br>Dr Michael Iroha         | <b>Mental State Examination</b><br>Dr Michael Iroha     | <b>Mental Capacity Act, Mental Health Act</b><br>Dr Sin Fai Lam |
| 7 May 2013    | Child Psychiatry Lectures at Imperial             | .....   | .....   |
| 14 May 2013   | <b>Medication in Psychiatry</b><br>Dr Sin Fai Lam | <b>Schizophrenia</b><br>Dr Laura Cherrington            | <b>Anxiety Disorders</b>  |
| 21 May 2013   | <b>Adjustment Disorders</b>                       | <b>Depression, DSH, Suicide</b><br>Dr Annarita Andreani | <b>Alcohol and Substance Misuse</b><br>Dr Mohammad Mustapha     |
| 28 May 2013   | <b>Dementia and Delirium</b><br>Dr Elena Ros      | <b>Personality Disorders</b>                            | <b>Eating Disorders</b><br>Dr Stella Calafato                   |

- Tutorials are held in the Seminar Room in the first floor of the SK&C Mental Health unit, 1 Nightingale Place, London SW10 9NG. Students posted to Gordon Hospital can attend the tutorials as long as they do not clash with other commitments.
- For the weeks where only 2 tutorials are scheduled, expect that these will last throughout the afternoon.
- **Note that the tutorials are:**
  1. **compulsory and**
  2. **represent a significant time commitment on the part of the tutors.**

**Please make every effort to attend as the attendance roster will be checked by your tutor.**

If a tutorial does not take place, for whatever reason, you must inform **Dr Claudia Wald** on [claudia.wald@nhs.net](mailto:claudia.wald@nhs.net)



## Information on older adult psychiatry experience for medical students

Dear students,

Welcome to psychiatry. There have recently been some big changes in older adult mental health services so although there is now a need for you to travel from your base to OA sites, there are still plenty of opportunities for you to gain experience in older adult psychiatry. I have outlined various options below.

### 1. Inpatient experience:

All OA patients for WM and K&C are now admitted to St Charles Hospital, Exmoor St W10 6DZ (nearest tube Ladbroke Grove). There is no longer an OA ward at the SKCMHC. The consultant for inpatients on Kershaw ward at SCH is Dr Rajiv Menon. He is happy for students to attend his ward rounds at 9am on Thursday BUT only 1 student can attend at a time. Please contact the ward manager on 0208 206 7220 and Dr Rajiv Menon on [rajiv.menon@nhs.net](mailto:rajiv.menon@nhs.net) to book a place.

### 2. Community experience:

**The Westminster Memory Service (WMS)** is based at Latimer House, 40-48 Hanson St W1W (closest tube Oxford Circus). Referral meetings are on Thursdays at 9am followed by DVs in the afternoon. You will gain experience in MDT meetings and on DV assessments of those with cognitive impairment. Please contact Dr Claudia Wald on [claudia.wald@nhs.net](mailto:claudia.wald@nhs.net) and deputy team manager Luke O'Connor on [luke.oconnor@nhs.net](mailto:luke.oconnor@nhs.net) to book a day. No more than 2 students at a time. Arrange an alternative half-day for a DV if this isn't possible on the Thursday afternoon.

**The Kensington & Chelsea Memory Service (KCMS)** is based at the Kensington Park Medical Centre, Russell Road W14. Referral meetings are on Tuesdays at 9 am followed by DVs in the afternoon. Please contact Dr Claudia Wald on [claudia.wald@nhs.net](mailto:claudia.wald@nhs.net) and Caroline Walker, deputy manager on [caroline.walker1@nhs.net](mailto:caroline.walker1@nhs.net) to book a place. No more than 2 students at a time.

### 3. Older adult liaison experience

1. Gordon Hospital students will access the Westminster side - ie St Mary's Hospital liaison. Please email Dr Claudia Wald (details above) and Helen Murphy, psychiatry liaison nurse, on [helenmurphy2@nhs.net](mailto:helenmurphy2@nhs.net), to arrange a time to attend a liaison session.

2. SKC students will access the K&C side - ie Chelsea & Westminster Hospital liaison. Please email Dr Claudia Wald (details above) Julie Bibby, psychiatry liaison nurse on [julie.bibby2@nhs.net](mailto:julie.bibby2@nhs.net) to arrange times to attend.

**These opportunities are open to all SKC and Gordon students. Please check first with your consultant to see if he/she is happy for you to attend.**

**The Gordon students are to remain in Westminster (WMS and/or SMH liaison) and the SKC students will remain in K&C (KCMS and/or CWH liaison).**

Don't forget the tutorial programme on Tuesday afternoons at the SKCMHC. The teaching starts promptly at 2pm in the seminar room on the first floor. The Gordon students are welcome to attend if given the ok by their consultant. For the SKC students, attendance is compulsory. All details about where, when and what's on will be forwarded to you.

I strongly recommend that you take advantage of the offers outlined above. Clearly, developing skills in the assessment, diagnosis and management of older adults with mental health problems is crucial for your future as a doctor, regardless of which specialty you might choose. Of more immediate concern to you will be your final psychiatry exam and you will, without a doubt, require older adult experience to pass. You have been warned...

Please do not hesitate to contact me if you have any queries or concerns.

With kind regards,

**Dr Claudia Wald  
Consultant Psychiatrist  
WM and K&C Memory Services  
SMH and CWH Older Adult Liaison  
Undergraduate Teaching Coordinator at SKC**

Updated in October 2012

# Learning disabilities allocations – Monday 20<sup>th</sup> May

## **RB SK&C (6): SKC & Gordon**

Mr. Thanighan KIRUPANANTHAN – SK&C  
 Mr. Navraj Singh KULAR  
 Mr. Jayabalan LOGAN  
 Miss Karikari-Boateng NANA  
 Mr. Amogh Bengathrodi ACHARYA- Gordon  
 Mr. Riaz ALI

## **EALING (8) : St Bernard's**

Miss Neda HASAN  
 Miss Bethan HERRING  
 Miss Charlotte Megan HOLDSWORTH  
 Ms. Ruhella HOSSAIN  
 Mr. Naveen SIDHU  
 Mr. Kishan TAILOR  
 Miss Alison TOCZEK  
 Miss Kani VARSHNEYA

## **Hillingdon (10) : Hi & NP**

Miss Hetvi Chaitanya BHATT - Hillingdon  
 Mr. Abbas Merali DEWJI  
 Miss Sara MEHR  
 Mr. Richard BARLOW  
 Mr. Sathyan BALAJI - NP  
 Mr. Malik MOLEDINA  
 Miss Paige BARROWS  
 Miss Christina LEES  
 Miss Ines Oktavia LOLOSIDI  
 Miss Vinothini MANIVASAGAM

## **WESTMINSTER (10): St Charles**

Miss Suny COSCIONE – St Charles  
 Mr. Rory CUTHBERT  
 Miss Payal Mukul DUBE  
 Mr. Ali EKER MOUSTAFA  
 Miss Soudeh MASHAYEKHI  
 Miss Seethalakshmi MUTHALAGAPPAN  
 Mr. Uzoma NNAJIUBA  
 Miss Aislinn O'MALLEY  
 Miss Alice Victoria Emily PAGE  
 Miss Priyadarshini PAUL

## **ENFIELD (6): Lakeside**

Miss Kristen FOXWELL  
 Mr. Aminul ISLAM  
 Mr. Christopher JONES  
 Mr. Nakul KAPOOR  
 Miss Laura WILKINSON  
 Mr. Alexander Ci YAO

## **KINGSWOOD CTRE (18): PR, Charing X & Gordon**

Mr. Thomas (Tom) BURGESS - PR  
 Mr. Hyung-Jin CHO  
 Miss Charlotte Sarah COLLEY  
 Mr. Foad MOHAMED  
 Mr. Krishan PATEL  
 Mr. Michael FOSTER – Charing X  
 Mr. Jasdeep Singh GILL  
 Mr. Henry GOODIER  
 Miss You Kyung Julia HAN  
 Mr. Michael IBRAHIM  
 Mr. Frederick PIMM  
 Miss Alexa Jasmine PRICHARD  
 Mr. Karan RANGARAJAN  
 Ms. Anna ROBINSON  
 Miss Nikita SHAH  
 Mr. Nicholas ANDREOU - Gordon  
 Miss Faraa KARIM  
 Miss Yasmin Kassir

**Students attending at Westminster will need to use public transport to participate in the community visits and will require a travel pass/money for the bus.**

## **CONTACT DETAILS**

### **Ealing**

Dr Shakir Rehana Tel: 0208 566 2360 email: jreveira@nhs.net (Janice - sec)  
Ealing CTPLD, 62 Green Lane, Hanwell, London, W7 2PB

### **RB Kensington and Chelsea**

Dr Natalia Perez-Achiaga  
Royal Borough of Kensington & Chelsea, 1-9 St Mark's Road, London, W11 1RG  
Tel: 0207 313 6836 Email: natalia.perez-achiaga@rbkc.gov.uk

### **Kingswood Centre, 134 Honeypot Lane, Kingsbury, London,**

Drs Sherva Cooray/Kiran Purandare, Tel. 020 8238 0900 (Secretary - jwalter@nhs.net)  
NW9 9QY (nearest tube: Queensbury Jubilee Line)  
email : Janet - jwalter@nhs.net for a map to be emailed to you  
Visit our web site: <http://www.cnwl.nhs.uk/Kingswood.html>

### **Westminster**

Dr Ingrid Bohnen, Tel. 020 7641 5489 email: ibohnen@nhs.net  
Westminster Learning Disability Partnership, 2nd Floor, 215 Lisson Grove, London, NW8 8LW

### **Harrow**

Dr Lola Odebiyi, Tel. 0208 952 5763 email: lynne.moin@nhs.net (Secretary)  
Honeypot Lane Centre, 1st Floor, 839 Honeypot Lane, Stanmore, HA7 1AT (nearest tube Canons Park)

### **Hillingdon**

Dr Yogesh Thakker, Tel. 01895 891038.  
Riverside Centre, The Hillingdon Hospital, Pield Heath Road, Uxbridge, Middx UB8 3NN

### **Enfield**

**Dr Dina Gazizova : dina.gazizova@nhs.net**  
The Enfield Integrated learning disabilities team, St Andrews Court, 1-4 Riverfront, Enfield EN13SY

<http://maps.google.co.uk/>

For journey planner follow the hyperlink below:

[http://journeyplanner.tfl.gov.uk/user/XSLT\\_TRIP\\_REQUEST2?language=en](http://journeyplanner.tfl.gov.uk/user/XSLT_TRIP_REQUEST2?language=en)

## Ethics and Law's presentations

### Student/Tutor allocations for CNWL NHS Foundation Trust (Rotation 6)

Students: Please bring your presentations on USB sticks as there is no online access in the room.

### St Charles Hospital (Wednesday 22<sup>nd</sup> May 2013)

**Time:** 9.20 am – 12.30 pm

**Venue:** Meeting Room 2, 2nd Floor NWRT, 7A Woodfield Road, London W9 2NW

**Tutors:** Dr Graham Behr and Dr Jo Emmanuel

| <b>GROUP 11 (St C) 3 students</b> | <b>GROUP 12 (St C) 3 students</b> | <b>GROUP 13 (St C) 4 students</b> |
|-----------------------------------|-----------------------------------|-----------------------------------|
| Miss Suny COSCIONE                | Mr. Ali EKER MOUSTAFA             | Mr. Uzoma NNAJIUBA                |
| Mr. Rory CUTHBERT                 | Miss Soudeh MASHAYEKHI            | Miss Aislinn O'MALLEY             |
| Miss Payal Mukul DUBE             | Miss Seethalakshmi MUTHALAGAPPAN  | Miss Alice Victoria Emily PAGE    |
|                                   |                                   | Miss Priyadarshini PAUL           |

### Northwick Park Hospital (Tuesday 28<sup>th</sup> May 2013)

**Time:** 9.20 am – 12.30 pm

**Venue:** the Delegate Training Room, Management Suite 2, Mental Health Unit, Northwick Park Hospital

**Tutors:** Dr Kiran Purandare , Dr Nishi Yarger

| <b>GROUP 14 (NP) 3 students</b> | <b>GROUP 15 (NP) 3 students</b> |
|---------------------------------|---------------------------------|
| Mr. Sathyan BALAJI              | Miss Christina LEES             |
| Mr. Malik MOLEDINA              | Miss Ines Oktavia LOLOSIDI      |
| Miss Paige BARROWS              | Miss Vinothini MANIVASAGAM      |
|                                 |                                 |
|                                 |                                 |

**Sir Alexander Fleming Building, South Kensington Campus  
(Wednesday 29<sup>th</sup> May 2013)**

Time: 9.20 am – 12.30 pm

Groups 16, & 17

**Students from SK&C & Gordon**

Venue: South Kensington, SAFB-MDL1 (Bay D)

Tutor: **Dr James Arkell and Dr Maria Clarke**

Groups 18, 19, 20

**Students from Hi & PR**

Venue: South Kensington, SAFB-MDL2 (280) Seminar Room

Tutor: **Dr Ruby Osorio**

| <b>GROUP 16 (SKC) 4 students</b> | <b>GROUP 17 (Gordon) 5 students</b> |                                 |
|----------------------------------|-------------------------------------|---------------------------------|
| Mr. Thanighan KIRUPANANTHAN      | Mr. Amogh Bengathrodi ACHARYA       |                                 |
| Mr. Navraj Singh KULAR           | Mr. Riaz ALI                        |                                 |
| Mr. Jayabalan LOGAN              | Mr. Nicholas ANDREOU                |                                 |
| Miss Karikari-Boateng NANA       | Miss Faraa Karim                    |                                 |
|                                  | Miss Yasmin KASSIR                  |                                 |
| <b>GROUP 18 (Hi) 4 students</b>  | <b>GROUP 19 (PR) 3 students</b>     | <b>GROUP 20 (PR) 3 students</b> |
| Miss Hetvi Chaitanya BHATT       | Mr. Thomas (Tom) BURGESS            | Mr. Foad MOHAMED                |
| Mr. Abbas Merali DEWJI           | Mr. Hyoung-Jin CHO                  | Mr. Krishan PATEL               |
| Miss Sara MEHR                   | Miss Charlotte Sarah COLLEY         |                                 |
| Mr. Richard BARLOW               |                                     |                                 |
|                                  |                                     |                                 |