

Imperial College Medical Students
Psychiatry Attachment

22nd April – 31st May 2013

The Gordon Hospital
Allocations

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Welcome letter

Constanza Martinez
Undergraduate Teaching Co-ordinator
Stephenson House
75 Hampstead Road
NW1 2PL
Tel: 020 3214 5884
Fax: 020 3214 5892
Email: constanza.martinez@nhs.net

Dear Student,

Welcome to your **Psychiatry Clinical Attachment at Gordon Hospital** - I hope you enjoy the firm.

You will begin your attachment on **Thursday 25th April 2013**. On arrival at the Gordon Hospital (Bloomburg Street, London SW1V 2RH), report to reception and ask to see Dr Nick Hipkins who will introduce you to your consultant's team. In case of problems please call Dr Taylor's Secretary on 020 3315 5508

You will be requested to pay a refundable £20 deposit for your swipe card, locker keys and alarms for the wards. For your swipe card you will need to complete an application form which you can find under the site specific information uploaded in the intranet.

- Alarms for the wards will be issued by the Ward Managers.

Important information for your attachment has been uploaded in the intranet under the following headings:

General:

Information on: JADE read-only access, Pastoral Care. Medical students in psychiatric settings-issues of capacity and consent, Library and Knowledge Services, Practice Based Medicines Management Tutorials for Undergraduate Medical Students and Student guidance for ethics and law case discussion-psychiatry course

Site specific:

Information on: Application for proximity card, H&S, Site General Information and map.

You have been allocated to a Firm Leader (please check in your student allocation table). You are asked to contact your firm leader as soon as you start your attachment.

Your teaching has been organised in the following way:

1. Centralised teaching

IC Child Psychiatry

Tuesday 7th May 2013

9:30 - 5:00 pm

For any issues related to the IC Child Psychiatry lecture please contact Administrator Nicole Hickey on Tel: 0203 312 1145 or Email: n.hickey@imperial.ac.uk

Please be aware that apart from your Centralised Child Psychiatry day, you have another ½ day Child Psychiatry session to attend. Details below:

Half day Child Psychiatry with Dr Hodes and Dr Kramer

Monday 13th May 2013

9:00 am – 11:30 am

St Mary's Child and Adolescent Mental Health Service

17 Paddington Green, London W2 1LG, Tel. 020 7723 1081

<http://www.cnwl.nhs.uk/service/st-marys-department-of-child-and-adolescent-psychiatry/>

Learning Disabilities

Monday 20th May 2013, 9.15 AM – 16:00

Please see for your allocations in this student pack.

Ethics and Law presentations

Wednesday 29th May 2013, 9:20 – 12:30

Please see for your allocations in this student pack.

2. Group Tutorials

They are held at Seminar Room in the Mental Health Unit at **Chelsea & Westminster Hospital**, 1st Floor, SK&C Mental Health Centre, 1 Nightingale Place, London, SW10 9NG.

- *Nightingale Place is off Fulham Road, next to Chelsea & Westminster Hospital, with Starbucks on the corner. Closest underground station is South Kensington (on Piccadilly, District and Circle lines) then buses 14, 211 or 414 stop directly by Nightingale Place.*

Please wait downstairs in reception and then ask to be escorted up to the Seminar room.

3. Teaching and ward rounds agreed locally with your firm leaders.

Please go to the Student mentor allocation table for the name and contact details of your firm leaders.

4. Teaching on site

Balint Group with Dr Laughton

Provisional dates:

Fridays from 11:00 – 12:00

26 April & 3rd, 10th, 17th & 24th May 2013

Some Information on what can a Balint group do:

Recommended reading for those who are interested: HOPKINS, S. (1994) What is a Balint Group? Journal of the Balint Society, 22, 36-7

Brief information on the topic taken from:

http://www.balintinternational.com/downloads/Balint_in_a_Nutshell.pdf

It provides an opportunity for doctors to reflect on their work It can provide an outlet for anxieties and frustrations generated by their work It can arouse a doctors' interest in patients whom they have previously found upsetting, annoying or "difficult"

It can open minds to other possibilities, both of diagnosis and day to day management.

The group provides support and improves communication with patients and other professionals It can improve job satisfaction, the patient's perception of care and help to prevent burn-out.

5. Optional teaching to be booked through me.

This is done through a 'doodle pool' and I will be sending an email to you at the beginning of your attachment for you to put your name down. The places are limited will be allocated on a first come first served basis.

ECT with Nurse Kathy Queenan

10 places per date

Offer to students from SKC, Gordon and St Charles

Dates:

Wednesday 01/05/2013 – 11:00-12:00

Wednesday 15/05/2013 – 11:00 – 12:00

Wednesday 22/05/2013 – 11:00 – 12:00

At St. Charles' Hospital ECT Suite, Exmoor Street, London W10 6DZ

Please report to Kathy Queenan - Tel 0208 206 7200 Mobile 07866 678623

Email kathy.queenan@nhs.net

Mother and Baby Unit/Ward

3 places per date

Offer to All students (CNWL and WLMHT)

Dates:

On Fridays from 9:00 – 11:30

03/05/2013

17/05/2013

6. Teaching to be arranged directly with the tutor/team leader.

Older Adult Experience

Information on how to arrange a session in this student pack

Practice Based Medicines Management Tutorials

Information on how to arrange these tutorials under General information

7. Other relevant information

JADE-read only access

You will have the opportunity to access **JADE-read only**, the CNWL electronic patient records. A network account has been created for you and complete information on how to obtain your login details will be emailed to you at the beginning of your attachment.

SOLE feedback

Could be completed from 27th May to 14th June

Revision and Feedback sessions

Thursday 30th May 2013

Revision

2.00 – 3.00 pm

Charing Cross Campus-CXLB-8th Floor Lecture Theatre\ Lab Block (please double check with information sent by TCO Annette McMayo)

Feedback Focus Group

(Refreshments will be provided)

3.15 – 4.15 pm.

Charing Cross Campus-CXRB-Communications Skills A (please double check with information sent by email by TCO Annette McMayo)

Logbooks and assessment forms

Please note that **all logbooks and assessment forms** are to be handed in to the FEO on or before 4.00 pm of **Friday 14th June 2013**,

FEO, 1st Floor, Reynolds Building, Charing Cross Campus

If you would like a copy of your logbook please make a copy before handing it

If you have any problems at all, please do not hesitate to contact me. I am here to ensure that your placement runs smoothly and that it is as beneficial to you as it possibly can be

Enjoy your 6 weeks!

Constanza Martinez

Undergraduate Teaching Co-ordinator

constanza.martinez@nhs.net

T. 020 3214 5884

Student allocation table

Gordon Hospital

Monday 22nd April 2013 – Friday 31st May 2013

Site Leader: Dr Ronnie Taylor

Firm Leaders	SprRs	Student
Dr Taylor / Dr Jackson	Dr Nick Hipkins	Mr. Amogh Bengathrodi ACHARYA Mr. Riaz ALI
Dr Khwaja	Dr Estelle Laughton	Mr. Nicholas ANDREOU
Dr Bellew	Dr Rahul Suchde	Miss Faraa KARIM Miss Yasmin KASSIR

It is the responsibility of the student to make contact with the allocated mentor within the first week of posting to arrange mentoring sessions.

The Clinical placements will begin on **Thursday 25th April**. Please report to Dr Nick Hipkins at 2:00 pm in the reception area of the Gordon Hospital – Bloombury Street, London SW1V 2RH.

Dates for centralised and specialised teaching (mandatory and optional which require to be booked) can be seen in the allocations section of this student pack.

MEDICAL STUDENT'S TIMETABLE – DR RONNIE TAYLOR / DR ELIZABETH JACKSON

Dr Ronnie Taylor

email : taylor2@nhs.net

CRT Consultant Dr Elizabeth Jackson

email : elizabeth.jackson@nhs.net

Victoria II Team

Crisis Resolution Team

The Gordon Hospital, Bloomburg Street, SW1V 2RH

Gordon Hospital

Site Co-ordinator:

Dr Ronnie Taylor

Secretary:

Toyin Alli

Spr:

Dr Nick Hipkins

Ward:

Ebury Ward

Crisis Resolution Team

0203 237 2655

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>11.30 Consultant tutorial with Dr Taylor</p>		<p>11.00 – 12.00 Consultant tutorial with Dr Jackson, her office, CRT, 5th floor, Gordon Hospital</p>	<p>9.30 Ward Round on Ebury Ward.</p>	
<p>2.00 - 3.00 CRT MDT Meeting</p> <p>4.00 - 5.00 Medical Student Supervision with current StR 4-6.</p>	<p>Teaching (C&W)</p>	<p>1.30 Academic Programme in 6th Floor Conference Room.</p>		

The timetable only lists fixed appointments. All other times you should interview patients on the ward or arrange community visits with the team.

MEDICAL STUDENTS TIMETABLE – DR MASUM KHWAJA

Email : masum.khwaja@nhs.net

COMMUNITY BASE: South Westminster Recovery Team, The Basement, Hopkinson House, 6 Osbert Street, London. SW1P 2QU

Tel: 02033152131

Manager: Sue McDonnell

Clinical team Leader Lesa Bartlett

HOSPITAL BASE: GORDON HOSPITAL, Bloomburg Street, London SW1V2RH

Site Co-ordinator:
Dr Ronnie Taylor

Dr Masum Khwaja's Secretary Toyin Ali: 020 3315 5505 (e.mail: toyin.ali@nhs.net)

SPR – Dr Estelle Laughton

Ebury and Vincent Wards:

0203 315 5790 and 0203 315 5659

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
09.30 Ebury Ward Ward Round – all morning starting on Ebury Ward.	09.30 Hopkinson House OPC with ST1-3 or Dr Khwaja	10.30 – 13:00 Management Ward Round (Recovery Wards)	930-1130 Hopkinson House Recovery Team Meeting	9.30 – 13.00 Ward work/Shadow ST1-3 (Gordon)
Teaching or Presentation in the afternoon to Dr Khwaja or one of the team.	14.00 – 17.00 Tutorials (Chelsea & Westminster)	Open session – ward or community work	14:00-17:30 Hopkinson House CPA Clinic Dr Khwaja Or Clinic ST4-6 Or Community Visits with MDT (Soho)	Ward work (Gordon)

The timetable can be adjusted according to your interest and needs. In “free” time you should shadow the CT1-3 or ST4-6 doctor, interview patients on the ward or arrange community visits with or get to know the different roles of members of the recovery team based at Hopkinson House.

MEDICAL STUDENT'S TIMETABLE – DR BELLEW

Dr Mike Bellew, Gordon Hospital, Bloomburg Street, London SW1V 2RH. mike.bellew@nhs.net

Site Co-ordinator: Dr Ronnie Taylor 020 3315 8754

Secretary: Pam Mendez 0203 315 8724

Spr: Dr Rahul Suchde same

Ward: Vincent Ward 020 8746 5659

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
0930 – 1200 Outpatient clinic Hopkinson House Dr Verma	0930 – 1130 CMHT meeting Hopkinson House	1100 – 1145 Ward Community Mtg Vincent Ward	0930 – 1300 Main ward round Vincent Ward	OPA/ CPA Hopkinson House Dr Bellew
1430 – 1600 Management ward round Vincent Ward	1400 – 1700 CPA meetings Hopkinson House	1300-1400 Grand Round	Community Visits CMHT Staff	

The timetable only lists fixed appointments. At other times you should interview patients on the ward or arrange community visits with the team

There are also opportunities to make home visits with the CRT or attend the Eating Disorder Unit at Chelsea Westminster.

**Chelsea and Westminster Medical Student Tutorial
22 April – 31 May 2013**

Date	Session 1 2-3pm	Session 2 3– 4pm	Session 3 4-5pm
23 April 2013	Induction Lectures at Imperial
30 April 2013	History Taking Dr Michael Iroha	Mental State Examination Dr Michael Iroha	Mental Capacity Act, Mental Health Act Dr Sin Fai Lam
7 May 2013	Child Psychiatry Lectures at Imperial
14 May 2013	Medication in Psychiatry Dr Sin Fai Lam	Schizophrenia Dr Laura Cherrington	Anxiety Disorders
21 May 2013	Adjustment Disorders	Depression, DSH, Suicide Dr Annarita Andreani	Alcohol and Substance Misuse Dr Mohammad Mustapha
28 May 2013	Dementia and Delirium Dr Elena Ros	Personality Disorders	Eating Disorders Dr Stella Calafato

- Tutorials are held in the Seminar Room in the first floor of the SK&C Mental Health unit, 1 Nightingale Place, London SW10 9NG. Students posted to Gordon Hospital can attend the tutorials as long as they do not clash with other commitments.
- For the weeks where only 2 tutorials are scheduled, expect that these will last throughout the afternoon.
- **Note that the tutorials are:**
 1. **compulsory and**
 2. **represent a significant time commitment on the part of the tutors.**

Please make every effort to attend as the attendance roster will be checked by your tutor.

If a tutorial does not take place, for whatever reason, you must inform **Dr Claudia Wald** on claudia.wald@nhs.net

Information on older adult psychiatry experience for medical students

Dear students,

Welcome to psychiatry. There have recently been some big changes in older adult mental health services so although there is now a need for you to travel from your base to OA sites, there are still plenty of opportunities for you to gain experience in older adult psychiatry. I have outlined various options below.

1. Inpatient experience:

All OA patients for WM and K&C are now admitted to St Charles Hospital, Exmoor St W10 6DZ (nearest tube Ladbroke Grove). There is no longer an OA ward at the SKCMHC. The consultant for inpatients on Kershaw ward at SCH is Dr Rajiv Menon. He is happy for students to attend his ward rounds at 9am on Thursday BUT only 1 student can attend at a time. Please contact the ward manager on 0208 206 7220 and Dr Rajiv Menon on rajiv.menon@nhs.net to book a place.

2. Community experience:

The Westminster Memory Service (WMS) is based at Latimer House, 40-48 Hanson St W1W (closest tube Oxford Circus). Referral meetings are on Thursdays at 9am followed by DVs in the afternoon. You will gain experience in MDT meetings and on DV assessments of those with cognitive impairment. Please contact Dr Claudia Wald on claudia.wald@nhs.net and deputy team manager Luke O'Connor on luke.oconnor@nhs.net to book a day. No more than 2 students at a time. Arrange an alternative half-day for a DV if this isn't possible on the Thursday afternoon.

The Kensington & Chelsea Memory Service (KCMS) is based at the Kensington Park Medical Centre, Russell Road W14. Referral meetings are on Tuesdays at 9 am followed by DVs in the afternoon. Please contact Dr Claudia Wald on claudia.wald@nhs.net and Caroline Walker, deputy manager on caroline.walker1@nhs.net to book a place. No more than 2 students at a time.

3. Older adult liaison experience

1. Gordon Hospital students will access the Westminster side - ie St Mary's Hospital liaison. Please email Dr Claudia Wald (details above) and Helen Murphy, psychiatry liaison nurse, on helenmurphy2@nhs.net, to arrange a time to attend a liaison session

2. SKC students will access the K&C side - ie Chelsea & Westminster Hospital liaison. Please email Dr Claudia Wald (details above) Julie Bibby, psychiatry liaison nurse on julie.bibby2@nhs.net to arrange times to attend.

These opportunities are open to all SKC and Gordon students. Please check first with your consultant to see if he/she is happy for you to attend.

The Gordon students are to remain in Westminster (WMS and/or SMH liaison) and the SKC students will remain in K&C (KCMS and/or CWH liaison).

Don't forget the tutorial programme on Tuesday afternoons at the SKCMHC. The teaching starts promptly at 2pm in the seminar room on the first floor. The Gordon students are welcome to attend if given the ok by their consultant. For the SKC students, attendance is compulsory. All details about where, when and what's on will be forwarded to you.

I strongly recommend that you take advantage of the offers outlined above. Clearly, developing skills in the assessment, diagnosis and management of older adults with mental health problems is crucial for your future as a doctor, regardless of which specialty you might choose. Of more immediate concern to you will be your final psychiatry exam and you will, without a doubt, require older adult experience to pass. You have been warned...

Please do not hesitate to contact me if you have any queries or concerns.

With kind regards,

Dr Claudia Wald
Consultant Psychiatrist
WM and K&C Memory Services
SMH and CWH Older Adult Liaison
Undergraduate Teaching Coordinator at SKC

Learning disabilities allocations – Monday 20th May

RB SK&C (6): SKC & Gordon

Mr. Thanighan KIRUPANANTHAN – SK&C
 Mr. Navraj Singh KULAR
 Mr. Jayabalan LOGAN
 Miss Karikari-Boateng NANA
 Mr. Amogh Bengathrodi ACHARYA- Gordon
 Mr. Riaz Ali

EALING (8) : St Bernard's

Miss Neda HASAN
 Miss Bethan HERRING
 Miss Charlotte Megan HOLDSWORTH
 Ms. Ruhella HOSSAIN
 Mr. Naveen SIDHU
 Mr. Kishan TAILOR
 Miss Alison TOCZEK
 Miss Kani VARSHNEYA

Hillingdon (10) : Hi & NP

Miss Helvi Chaitanya BHATT - Hillingdon
 Mr. Abbas Merall DEWJI
 Miss Sara MEHR
 Mr. Richard BARLOW
 Mr. Sathyan BALAJI - NP
 Mr. Malik MOLEDINA
 Miss Paige BARROWS
 Miss Christina LEES
 Miss Ines Oktavia LOLOSI
 Miss Vinothini MANIVASAGAM

WESTMINSTER (10): St Charles

Miss Suny COSCIONE – St Charles
 Mr. Rory CUTHBERT
 Miss Payal Mukul DUBE
 Mr. Ali EKER MOUSTAFA
 Miss Soudeh MASHAYEKHI
 Miss Seethalakshmi MUTHALAGAPPAN
 Mr. Uzoma NMAJUBA
 Miss Aislinn O'MALLEY
 Miss Alice Victoria Emily PAGE
 Miss Priyadarshini PAUL

KINGSWOOD CTRE (18): PR, Charing X & Gordon

Mr. Thomas (Tom) BURGESS - PR
 Mr. Hyung-Jin CHO
 Miss Charlotte Sarah COLLEY
 Mr. Foad MOHAMED
 Mr. Krishan PATEL
 Mr. Michael FOSTER – Charing X
 Mr. Jasdeep Singh GILL
 Mr. Henry GOODIER
 Miss You Kyung Julia HAN
 Mr. Michael IBRAHIM
 Mr. Frederick PIMM
 Miss Alexa Jasmine PRICHARD
 Mr. Karan RANGARAJAN
 Ms. Anna ROBINSON
 Miss Nikita SHAH
 Mr. Nicholas ANDREOU - Gordon
 Miss Faraa KARIM
 Miss Yasmin Kassir

ENFIELD (6): Lakeside

Miss Kristen FOXWELL
 Mr. Aminul ISLAM
 Mr. Christopher JONES
 Mr. Nakul KAPOOR
 Miss Laura WILKINSON
 Mr. Alexander Ci YAO

Students attending at Westminster will need to use public transport to participate in the community visits and will require a travel pass/money for the bus.

CONTACT DETAILS

Ealing

Dr Shakir Rehana Tel: 0208 566 2360 email: jreveira@nhs.net (Janice - sec)
Ealing CTPLD, 62 Green Lane, Hanwell, London, W7 2PB

RB Kensington and Chelsea

Dr Natalia Perez-Achiaga
Royal Borough of Kensington & Chelsea, 1-9 St Mark's Road, London, W11 1RG
Tel: 0207 313 6836 Email: natalia.perez-achiaga@rbkc.gov.uk

Kingswood Centre, 134 Honeypot Lane, Kingsbury, London,

Drs Sherva Cooray/Kiran Purandare, Tel. 020 8238 0900 (Secretary - jwalter@nhs.net)
NW9 9QY (nearest tube: Queensbury Jubilee Line)
email : Janet - jwalter@nhs.net for a map to be emailed to you
Visit our web site: <http://www.cnwl.nhs.uk/Kingswood.html>

Westminster

Dr Ingrid Bohnen, Tel. 020 7641 5489 email: ibohnen@nhs.net
Westminster Learning Disability Partnership, 2nd Floor, 215 Lisson Grove, London, NW8 8LW

Harrow

Dr Lola Odebiyi, Tel. 0208 952 5763 email: lynne.moin@nhs.net (Secretary)
Honeypot Lane Centre, 1st Floor, 839 Honeypot Lane, Stanmore, HA7 1AT (nearest tube Canons Park)

Hillingdon

Dr Yogesh Thakker, Tel. 01895 891038.
Riverside Centre, The Hillingdon Hospital, Pield Heath Road, Uxbridge, Middx UB8 3NN

Enfield

Dr Dina Gazizova : dina.gazizova@nhs.net
The Enfield Integrated learning disabilities team, St Andrews Court, 1-4 Riverfront, Enfield EN13SY

<http://maps.google.co.uk/>

For journey planner follow the hyperlink below:

http://journeyplanner.tfl.gov.uk/user/XSLT_TRIP_REQUEST2?language=en

Ethics and Law's presentations

Student/Tutor allocations for CNWL NHS Foundation Trust (Rotation 6)

Students: Please bring your presentations on USB sticks as there is no online access in the room.

St Charles Hospital (Wednesday 22nd May 2013)

Time: 9.20 am – 12.30 pm

Venue: Meeting Room 2, 2nd Floor NWRT, 7A Woodfield Road, London W9 2NW

Tutors: Dr Graham Behr and Dr Jo Emmanuel

GROUP 11 (St C) 3 students	GROUP 12 (St C) 3 students	GROUP 13 (St C) 4 students
Miss Suny COSCIONE	Mr. Ali EKER MOUSTAFA	Mr. Uzoma NNAJIUBA
Mr. Rory CUTHBERT	Miss Soudeh MASHAYEKHI	Miss Aislinn O'MALLEY
Miss Payal Mukul DUBE	Miss Seethalakshmi MUTHALAGAPPAN	Miss Alice Victoria Emily PAGE
		Miss Priyadarshini PAUL

Northwick Park Hospital (Tuesday 28th May 2013)

Time: 9.20 am – 12.30 pm

Venue: the Delegate Training Room, Management Suite 2, Mental Health Unit, Northwick Park Hospital

Tutors: Dr Kiran Purandare , Dr Nishi Yarger

GROUP 14 (NP) 3 students	GROUP 15 (NP) 3 students
Mr. Sathyan BALAJI	Miss Christina LEES
Mr. Malik MOLEDINA	Miss Ines Oktavia LOLOSIDI
Miss Paige BARROWS	Miss Vinothini MANIVASAGAM

**Sir Alexander Fleming Building, South Kensington Campus
(Wednesday 29th May 2013)**

Time: 9.20 am – 12.30 pm

Groups 16, & 17

Students from SK&C & Gordon

Venue: South Kensington, SAFB-MDL1 (Bay D)

Tutor: **Dr James Arkell and Dr Maria Clarke**

Groups 18, 19, 20

Students from Hi & PR

Venue: South Kensington, SAFB-MDL2 (280) Seminar Room

Tutor: **Dr Ruby Osorio**

GROUP 16 (SKC) 4 students	GROUP 17 (Gordon) 5 students	
Mr. Thanighan KIRUPANANTHAN	Mr. Amogh Bengathrodi ACHARYA	
Mr. Navraj Singh KULAR	Mr. Riaz ALI	
Mr. Jayabalan LOGAN	Mr. Nicholas ANDREOU	
Miss Karikari-Boateng NANA	Miss Faraa Karim	
	Miss Yasmin KASSIR	
GROUP 18 (Hi) 4 students	GROUP 19 (PR) 3 students	GROUP 20 (PR) 3 students
Miss Hetvi Chaitanya BHATT	Mr. Thomas (Tom) BURGESS	Mr. Foad MOHAMED
Mr. Abbas Merali DEWJI	Mr. Hyoung-Jin CHO	Mr. Krishan PATEL
Miss Sara MEHR	Miss Charlotte Sarah COLLEY	
Mr. Richard BARLOW		