# Imperial College London

# SCHOOL OF MEDICINE

**DERMATOLOGY ATTACHMENT** 

**SKILLS & ATTENDANCE LOGBOOK** 

| NAME:       |  |
|-------------|--|
|             |  |
| SITE:       |  |
| START DATE: |  |

#### Introductory notes for students

#### **Attendance**

- As part of this module you will be required to attend both structured and clinical teaching sessions.
- To complete the module successfully you are required to attend plenary sessions, attend a
  minimum of 6 clinics, give an end of firm presentation and attempt the MCQ exam. There
  will also be topic based tutorials and other opportunities depending on your allocated site
  which you are strongly encouraged to make the most of.
- Please ask the supervising doctor to sign you up for the clinical sessions attended and other activities as specified in this logbook, including the end of attachment sign up.

#### **Clinical skills**

- A list of clinical skills in dermatology is given in this logbook.
- For some skills it is important that you practice each skill several times until you feel confident. At this stage ask a clinical supervisor to assess your performance in an appropriate setting and to sign the logbook accordingly.
- If your performance is unsatisfactory then you should arrange for a repeat assessment later in the module
- It is your responsibility to arrange for assessments

#### **AIMS**

This is a six week course in Musculoskeletal / Dermatology. The aims of the Dermatology part of the course are to:

- Provide a comprehensive introduction into the specialty of Dermatology
- Enable you to recognise and treat the majority of common dermatological complaints.
- Enable you to assess patients with skin diseases and accurately describe findings.

Students are also directed to the British Association of Dermatologists recommendations for a core curriculum in dermatology at <a href="https://www.bad.org.uk/healthcare/undergraduate education/">www.bad.org.uk/healthcare/undergraduate education/</a>

#### **OBJECTIVES**

As a result of being on this course, students should be able to:

- Demonstrate ability to take a dermatological history and describe cutaneous physical signs.
- Have knowledge of common skin diseases including their management.
- Recognise the important cutaneous signs of systemic disease and adverse reactions to drugs.
- Understand the principles of dermatological treatment.
- Undertake relevant procedural skills eg skin scrape for mycology, swab for bacteriology, basic suturing.
- Appreciate the impact of skin diseases on patients and their families.

#### **Core Curriculum for Dermatology**

- Plenary sessions (1<sup>st</sup> Wednesday morning of the attachment)
- Work with consultants and registrars in outpatient clinics (minimum 6 clinics), on the wards and in theatre.
- Observation of patients having day-care and phototherapy.
- Observation of practical procedures such as skin biopsy, cryosurgery and wound care.
- Keeping a record of the conditions and treatments seen in dermatology log book.
- Personal reading and access to on site medical libraries.
- Use the dermatology e-learning resource via e-learning for health website.
- Topic preparation and presentation (last Wednesday morning of the attachment).
- Formative assessment with feedback at the end of attachment (last Friday morning of the attachment).

#### Knowledge

Below are the most important or common conditions which students should see and learn about during the attachment.

- Benign and malignant skin tumours epidermal cyst, seborrhoeic keratosis, dermatofibroma, actinic keratosis, Bowen's disease, BCC, SCC, melanocytic naevi and malignant melanoma
- Dermatological emergencies toxic epidermal necrolysis, erythema multiforme, Stevens-Johnson syndrome, eczema herpeticum, cellulitis, necrotizing fasciitis.
- Eczema (atopic, discoid, varicose, asteatotic, contact, seborrhoeic)
- Psoriasis
- Acne
- Urticaria
- Leg ulcers
- Bacterial infections cellulitis, impetigo, folliculitis
- Viral infections warts, herpes simplex and zoster, molluscum contagiosum
- Fungal infections tinea, candida and pityriasis versicolor
- Infestations scabies, lice, insect bites
- Cutaneous manifestations of systemic disease including gastrointestinal, endocrine and rheumatological disease eg generalised pruritus, vasculitis, pyoderma gangrenosum, erythema nodosum
- Drug eruptions
- Introduction to dermatological therapy: students should have knowledge and understanding of the topical, systemic, phototherapy and surgical treatments used in common dermatological conditions.

#### **Recommended Reading**

The Dermatology departments have copies of suitable texts in their libraries. It may be best to look through these before deciding on which text to buy.

- Gawkrodger DJ: Dermatology An illustrated colour text. 4<sup>th</sup> ed. Churchill Livingstone; 2007.
- Ashton R, Leppard B: Differential diagnosis in Dermatology. 3<sup>rd</sup> ed. Radcliffe publishing; 2005.
- Buxton PK: ABC of dermatology. 4<sup>th</sup> ed. BMJ books; 2003

Most textbooks of medicine also have good chapters on dermatology.

#### **Additional reading**

#### Colour Atlases:

• DuVivier A. Atlas of dermatology. 3<sup>rd</sup> ed. Churchill livingstone; 2002

#### Reference texts

Bolognia JL, Jurizzo JL, Rapinin RP. Dermatology. 3<sup>rd</sup> ed. Mosby; 2010.

## 1. Topic based tutorials at site hospitals

| Title   | Date | Leader<br>signature | Learning points |
|---|------|---------------------|-----------------|
| 1. History and examination. Terminology, Acne.                                |      |                     | 1.<br>2.<br>3.  |
| 2. Skin lesions and tumours (benign and malignant).                           |      |                     | 1.<br>2.<br>3.  |
| 3.ltchy rashes<br>(eczema, urticaria)<br>and approach to an<br>itchy patient. |      |                     | 1.<br>2.<br>3.  |
| 4.Psoriasis   |      |                     | 1.<br>2.<br>3.  |
| 5. Skin infections<br>(bacterial, viral,<br>fungal and<br>infestation)        |      |                     | 1.<br>2.<br>3.  |
| 6. Dermatological emergencies   |      |                     | 1.<br>2.        |
|   |      |                     | 3.              |

#### 2. Clinics

| Nature of session | Date | Supervisor | Signature | Notes: Conditions seen,<br>Learning points (at least 3) |
|-------------------|------|------------|-----------|---|
| Clinic 1 General  |      |            |           |   |
| Clinic 2 General  |      |            |           |   |
| Clinic 3 General  |      |            |           |   |
| Clinic 4 General  |      |            |           |   |
| Clinic 5 General  |      |            |           |   |
| Clinic 6 General  |      |            |           |   |
| Skin surgery      |      |            |           |   |

#### 3. Other clinical activities

| Nature of session         | Date | Supervisor signature | Learning points |
|---------------------------|------|----------------------|-----------------|
|                           |      |                      | 1.              |
| Suturing                  |      |                      | 2.              |
|                           |      |                      | 3.              |
| Attendance at skin cancer |      |                      | 1.              |
| MDT                       |      |                      | 2.              |
|                           |      |                      | 3.              |
| Attendance on a ward      |      |                      | 1.              |
| round or ward consult     |      |                      | 2.              |
|                           |      |                      | 3.              |

### 4. Clinical / Procedural Skills

| Skill   | Date assessed as competent | Signed | Print Name |
|---|----------------------------|--------|------------|
| Skin swab   |                            |        |            |
|   |                            |        |            |
| Skin scrape   |                            |        |            |
|   |                            |        |            |
| Basic suturing  |                            |        |            |
|   |                            |        |            |
| Explanation to patient how to use topical steroid and emollient |                            |        |            |

| 5. History tak                       | ing/examination in o    | linic Present   | ation 1. S | Score she       | et         |          |
|--------------------------------------|-------------------------|-----------------|------------|-----------------|------------|----------|
| Student name                         | <b>)</b>                | Da              | te         |                 |            |          |
|                                      |                         | Α               | В          | С               | D          | E        |
| resentation of his                   | story                   |                 |            |                 |            |          |
|                                      |                         | A               | В          | С               | D          | E        |
| ommunication sl                      | kills                   |                 |            |                 |            |          |
|                                      |                         | Α               | В          | С               | D          | E        |
|                                      | and identification of   |                 |            |                 |            |          |
| orrect physical si                   | gris                    | Α               | В          | С               | D          | E        |
| ifferential diagno<br>anagement plan | osis and formulation of | f               |            |                 |            |          |
| Overall Grade                        | )                       |                 |            |                 |            |          |
| A<br>Excellent                       | B<br>Very Good          | C<br>Clear Pass | М          | D<br>arginal fa | il Cl      | ear fail |
|                                      |                         |                 |            |                 |            |          |
| Please state re                      | easons if D or E is sco | ored            |            |                 |            |          |
|                                      |                         |                 |            |                 |            |          |
|                                      |                         |                 |            |                 |            |          |
| Diagon state th                      | as remodial work that   | noodo to bo d   | one for a  | naccina a       | rada ta ba | achiovo  |
| riease state ti                      | ne remedial work that   | needs to be di  | one ioi a  | passing gi      | rade to be | acriieve |
|                                      |                         |                 |            |                 |            |          |
|                                      |                         |                 |            |                 |            |          |
|                                      |                         |                 |            |                 |            |          |
|                                      |                         |                 |            |                 |            |          |
| Examiner [                           |                         |                 |            |                 |            |          |

| Student name                         | )                        | Da           | te      |             |            |         |
|--------------------------------------|--------------------------|--------------|---------|-------------|------------|---------|
|                                      |                          | Α            | В       | С           | D          | E       |
| sentation of his                     | story                    |              |         |             |            |         |
|                                      |                          | A            | В       | С           | D          | E       |
| mmunication sk                       | kills                    |              |         |             |            |         |
|                                      |                          | Α            | В       | С           | D          | E       |
| amination skills<br>rect physical si | and identification of    |              |         |             |            |         |
| reet priyaicar ar                    | grio                     | Α            | В       | С           | D          | Е       |
| ferential diagno<br>nagement plan    | sis and formulation of   |              |         |             |            |         |
| Overall Grade                        |                          |              |         | •           |            |         |
| A                                    | В                        | С            |         | D           |            | E       |
| Excellent                            | Very Good                | Clear Pass   | i I     | Marginal fa | il Cle     | ar fail |
|                                      |                          |              |         |             |            |         |
| Please state re                      | easons if D or E is scor | red          |         |             |            |         |
|                                      |                          |              |         |             |            |         |
|                                      |                          |              |         |             |            |         |
|                                      |                          |              |         |             |            |         |
| Please state th                      | e remedial work that n   | eeds to be d | one for | a passing g | rade to be | achiev  |
|                                      |                          |              |         |             |            |         |
|                                      |                          |              |         |             |            |         |
|                                      |                          |              |         |             |            |         |
|                                      |                          |              |         |             |            |         |

Signed

#### Student name ...... Title/Date...... Α В C D Ε Presentation of case history: content/delivery Α В C D Ε Discussion of point of interest arising from case: content/delivery C D Α В Ε Slide quality: content/ pictures/ layout/ clarity/ appropriate referencing medical literature С D Α В Ε General discussions / answering questions **Overall Grade** C В D Ε Α Excellent **Very Good Clear Pass** Marginal fail Clear fail Comment / feedback on case presentation If score of D/E please state why and indicate what remedial work needs to be done for a passing grade to be achieved Examiner Signed

Case or Topic Presentation Score sheet (Last Wednesday of attachment)

#### c. End of attachment assessment

| DERMATOLOGY                          |      |      |
|--------------------------------------|------|------|
| Satisfactory attendance (>6 clinics) | Yes  | No   |
| Topic presentation                   | Yes  | No   |
|                                      | Date | Mark |
| MCQ                                  | Yes  | No   |
|                                      | Date | Mark |
|                                      |      |      |

| Module completed to satisfactory standa  | Yes           | No   |  |
|--|---------------|------|--|
| Signed                                   | Name          | Date |  |
|  |               |      |  |
| Comments:                                |               |      |  |
|  |               |      |  |
|  |               |      |  |
|  |               |      |  |
|  |               |      |  |
| If no, specify recommendations for repea | ating module: |      |  |
|  |               |      |  |
|  |               |      |  |
|  | •             |      |  |
| Specific components that require repeat  | ing are:      |      |  |
|  |               |      |  |
|  |               |      |  |
|  |               |      |  |

#### Anchor statements for history taking/examination presentations

|  | Grade E<br>Very weak – Fail   | Grade D<br>Weak – Fail   | Grade C<br>Satisfactory  | Grade B<br>Good  | Grade A<br>Excellent  |
|--|---|--|--|--|---|
| Presentation of history  | History deficient in content with major omissions. Presentation requires assessor to ask for further basic information to understand the patient's problem. | History not presented in a systematic fashion and student has covered the presenting problem in a superficial way without considering other important aspects of the history | History presented in systematic fashion with no major omissions. Assessor gains basic understanding of patient's presentation.             | History covered in a systematic fashion also taking into account patient social and psychological factors. Students can assess impact of diseases on patient's life. | History covered in detail taking into account psychosocial factors and stating important negative findings. Able to collate information in logical and fluent manner requiring assessor to ask few or no further questions. |
| Communicati<br>on skills   | Poor listening, muddled thinking and questioning, marked insensitivity to patient concerns.   | Insensitivity to patient concerns, little use of active listening. Frequent use of jargon.   | Some lack of<br>awareness of patient<br>emotions. Does not<br>always respond to<br>verbal/non verbal cues.<br>Occasional use of<br>jargon. | Communication<br>structured and<br>demonstrates<br>satisfactory listening.<br>May lack a little clarity<br>however, Rare use of<br>jargon.                           | Clear, flexible communication with demonstration of active listening and avoiding jargon.   |
| Examination<br>skills and<br>identification<br>of correct<br>physical<br>signs | Examine badly and unsystematically. Causes patient distress and is insensitive to it. Misses or invents clinical signs.                                     | Examines inadequately either by omission or lack of structure. May be overconfident and poor rapport.  | Systematic examination with some important omissions. Demonstrates some clinical skills. Unconfident with patient rapport.                 | Systematic examination with reasonable confidence identifies most of the physical signs. Demonstrates majority of clinical skills correctly. Adequate rapport.       | Thorough and systematic examination. Comprehensive and appropriate clinical skills. Appropriately confident. Good rapport with patient.   |
| Differential<br>diagnosis and<br>formulation of<br>management<br>plan          | Unable to appreciate significance of symptoms in reaching a differential diagnosis. Cannot offer a diagnosis or suggest simple tests and management.        | Incorrect formulation of differential diagnosis. Muddled thinking and poor diagnostic abilities. Offers some correct management.   | Nearly correct or reasonable in formulation of differential diagnosis. Suggests majority of correct management.                            | Near comprehensive list in differential diagnosis. Correct initial management.   | Excellent diagnosis list and ability to discuss clinical issues, identifies immediate and future management plan correctly.   |

Notes:

## Imperial College London

IF FOUND, PLEASE CALL 020 3315 7832. THANK YOU.