#### THE URGE TO WRITE

#### **Creditable motives**

- a creative spirit
- sharing your discoveries
- advancement of science
- support institution, colleagues, self

#### Less creditable motives

- self-importance
- 'political' ends
- verbal diarrhoea
- publish or perish

#### PREPARATION OF A CLINICAL PAPER

# 1. Choose your material

- randomised controlled trial
- prospective study
- retrospective case series
- laboratory/experimental work
- case report
- technical note

#### PREPARATION OF A CLINICAL PAPER

# 2. Select your journal carefully

- does it publish this type of article?
- what is its prestige/citation index?
- does it have word limits?
- adopt the correct house style
- follow 'instructions to authors' precisely

### Leading articles should be:

- invited
- topical
- authoritative
- short
- sparsely referenced

#### Review articles\* should be:

- submitted (but check beforehand)
- comprehensive but not exhaustive
- up-to-date
- liberally referenced
- balanced, but give your own spin

\* good for citation index, popular with readers

### Original articles should be:

- original
- justifiable (message, novelty)
- appropriately short (avoid repetition)
- carefully planned and checked

# Case reports\* should be:

- properly justified
- as short as possible
- fascinating
- well illustrated

\* Avoid the format 'case report and review of literature'

#### PREPARATION OF A CLINICAL PAPER

# 3. Writing the manuscript

- start with Methods and Results
- clear presentation of numerical data
- follow with Discussion and Introduction
- Abstract / Summary needs special care
- refs, title page, keywords, ackns

#### Patients and Methods

- check demographic data thoroughly
- consider subheadings
- describe fully / validate any new method
- refer to established methods (your lab)
- statistical analysis (? seek advice)

NB: Flawed methodology can scupper the paper

#### Art work

- avoid too many tables
- have figures professionally drawn
- consider arrows, colour plates etc.
- take care with legends (figures and tables)
- label and orientate figures

#### Results

- subheadings usually required
- data in tables and/or figures?
- do not repeat data in text
- be sparing with P values in text
- double check the mathematics

#### **Discussion**

- start with most important finding
- orderly progression of paragraphs
- do not present results for the first time
- interpret, not recapitulate, the results
- do not over-interpret your data
- round things off but avoid long conclusion

#### Introduction

- difficult to write
- give background succinctly
- avoid same phraseology as Discussion
- end by 'setting up' the study

# Abstract / Summary

- often the only portion read
- should be structured
- give hard data not waffle
- follow instructions carefully

# Title page

- title/running title
- authors: names, titles, degrees
- institute, address, country
- keywords often required
- corresponding author
- date of manuscript

#### References

- avoid excess in original article but ...
- be comprehensive in review article
- follow house style slavishly
- check numerical order versus text

#### PREPARATION OF A CLINICAL PAPER

### 4. The phase of checking

- get someone else to criticise
- shorten MS wherever possible
- double check for typos
- check the numbers and references

NB: Shoddy presentation condemns a borderline MS

#### THE FATE OF A SCIENTIFIC PAPER

### Accepted

- up-to-date
- important
- novel contribution
- a pleasure to read
- free of errors
- short and clear

### Rejected

- study already done
- not worth the candle
- re-hash of old stuff
- a penance to read
- sloppy mistakes
- tedious and opaque

#### **WRITING AND PUBLISHING**

### Seven peccadilloes

- use of dreadful English
- salami publication
- garbage statistics
- way over length
- wrong referencing
- too many tables / figures
- hopeless abstract

#### PROFESSOR HIGGINS'S BLEAT

Why can't the English teach their children how to speak?
Norwegians learn Norwegian, the Greeks are taught their Greek,
But use proper English you're regarded as a freak –
Oh why can't the English learn to speak?

Alan Jay Lerner *My Fair Lady* 



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#### WRITING AND PUBLISHING

## Seven deadly sins

- plagiarism
- falsifying data
- reporting unethical work
- not obtaining co-authors' consent
- elementary mathematical errors
- complete disregard for house style
- boring the reader stiff

### **POSTSCRIPT**

# If your paper is accepted

- celebrate judiciously
- in due course check proofs carefully

# If your paper is rejected

- do not despair
- rethink, rewrite and resubmit elsewhere