

Introduction The immune system

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<http://www.youtube.com/watch?v=yz4lFeqJPdU&feature=related>

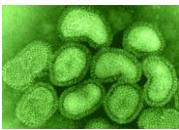
<http://www.aimediaserver.com/studiodaily/harvard/harvard.swf>

Outline

1. What the immune system is for
2. Surface defences
3. How the immune system gets going
4. The B and T cell (acquired) responses
5. The most useful application of immunology

What is the immune system for?

To defend against:



Viruses



Bacteria



Fungi



Parasites

We are awash with microbes...

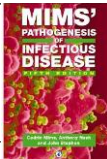
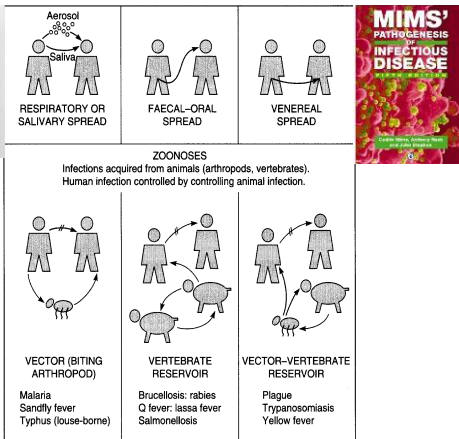
- Seawater has 10^6 bacteria and 10^7 viruses/ml
- Atmosphere contains $\sim 1,000,000,000$ Tonnes of particles
- Indoor air has 400-900 bacteria/ m^3
- We inhale a potentially lethal pathogen every 7 seconds (10,000/d)
- Our bacteria outnumber our cells 10:1

Has to detect and react to *dangerous things*
not the foreign but safe

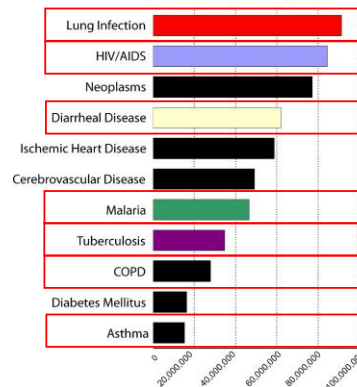
http://www.youtube.com/watch?v=DZTKfRjRJ_0



Cedric Mims



Global burden of disease (DALYs lost in 2002, worldwide)



Childhood lung infections:
'A permanent global emergency'
Kim Mulholland
Lancet 2007

Lung Infection—
A Public Health Priority
Mizgerd JP (2006)
PLoS Med 3(2): e76

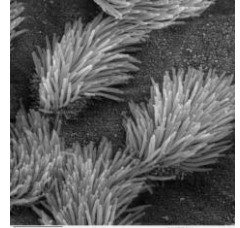
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Surface defences against infections

- Coughing
- Sneezing
- Mucus
- Cilia
- Rapid cell turnover
- The wall of death...



Death: the first and last barrier

Dead
already



Soon to
die

General Surface defences

- **Mechanical:**
Epithelial tight junctions
Skin waterproofed by fatty secretions
Social conditioning (e.g. washing)
- **Chemical:**
Fatty acids (skin)
Enzymes: lysozyme (saliva, sweat and tears), pepsin (gut)
Low pH (stomach, sweat)
Antibacterial peptides (Paneth cells in intestine)
- **Microbiological:**
Normal flora compete for nutrients/attachment sites
Production of antibacterial substances

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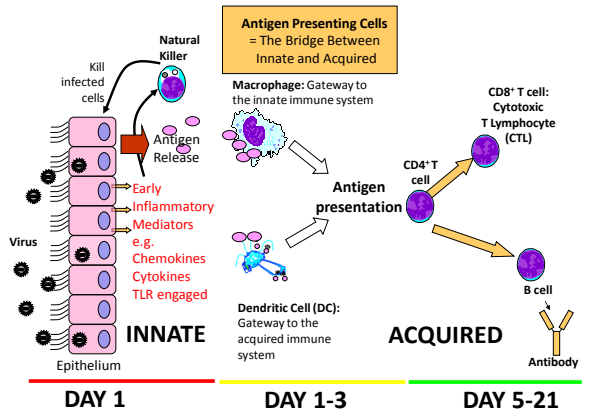
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The sequential actions of the immune system

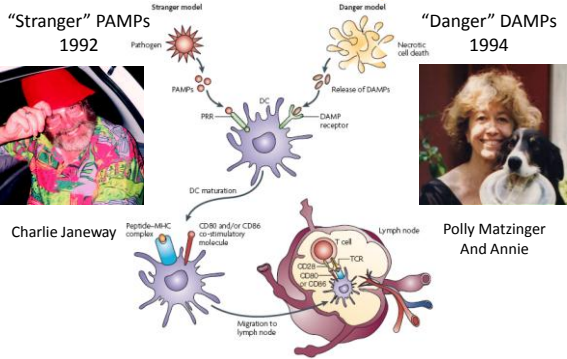
Pre-infection	Early infection	Late infection
'first line' avoidance smell taste mucus physical barriers surface environment	'second line' phagocytes opsonins some lymphocytes interferons acute phase proteins Toll-like receptors	'specific / acquired' T cells antibody

The sequential actions of the immune system

Pre-infection	Early infection	Late infection
'first line'	'second line'	'specific / acquired'
avoidance smell taste mucus physical barriers surface environment	phagocytes opsonins some lymphocytes interferons acute phase proteins Toll-like receptors	T cells antibody
specificity breadth learning		



Innate sensing



Hajime Kono and Kenneth L. Rock
NATURE REVIEWS | IMMUNOLOGY VOLUME 8 | APRIL 2008 | 279

Interferons

TYPE I/III: $\alpha/\beta/\lambda$

- activates NK cells
- upregulates MHC, Mx proteins
- activates RNase L, PKR
- induces anti-viral state

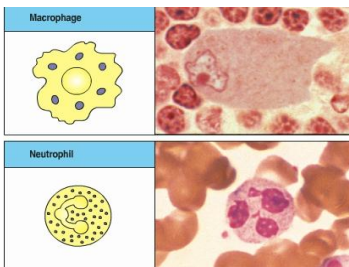
TYPE II: IFN γ

- proinflammatory
- Th1 cytokine
- "immune interferon"

Phagocytes

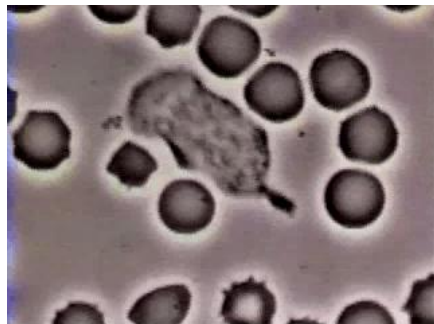
Leukocytes (white cells)

- Cells that engulf invaders



- Antigen is destroyed in intracellular vesicles

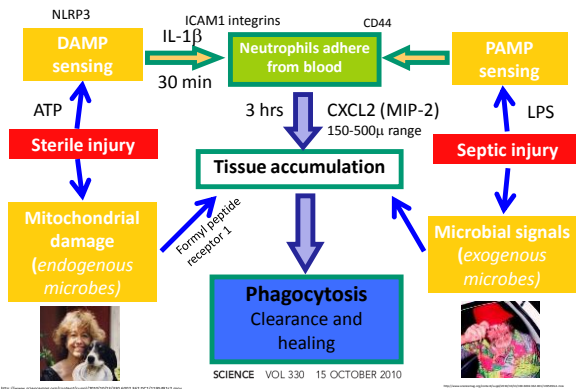
Neutrophil chasing bacteria



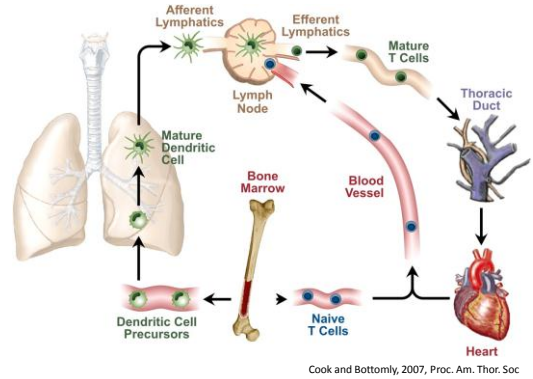
From 16mm movie, 1950s by David Rogers, Vanderbilt University
http://www.youtube.com/watch?v=L_xh-bkiv_c

Neutrophil dynamics

10.1126/science.1195491



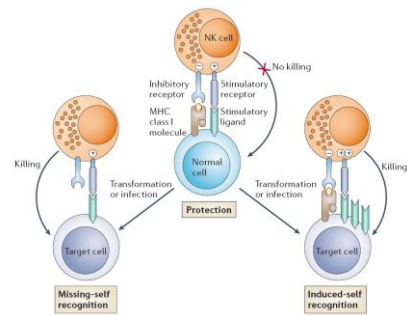
DC and T cell migration



Natural Killer Cells

- NK cells kill host cells that are:
 - Infected
 - Transformed
 - 'Stressed'
- Important in viral infections.
 - Viruses evade NK cell killing
 - NK deficiency leads to increased infections
- Important early source of cytokines
- Shape adaptive immune responses

Natural Killer Cell Activation

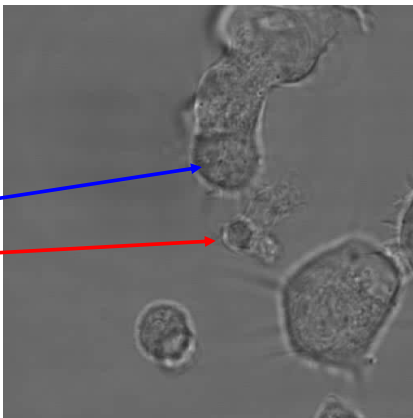


Raulet et al. Nature Reviews Immunology 6, 520-531 (July 2006) |

nature
REVIEWS
IMMUNOLOGY

NK cell killing

Target
NK cell



15x

Fiona Culley,
Imperial

<http://www.youtube.com/watch?v=B4MIWh1XN0Q>

Outline

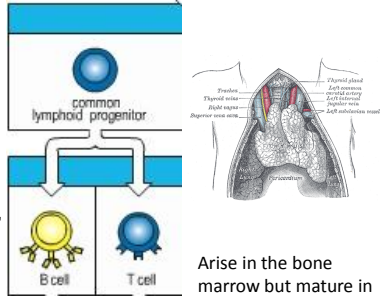
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The acquired immune system

Two main types of lymphocyte



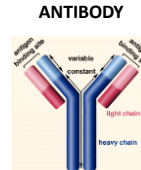
Hieronymus Fabricius
(Giolamo Fabrici)
1537-1619
'The Father of Embryology'
Bone marrow in mammals, Bursa of Fabricius (chickens)



Arise in the bone marrow but mature in the **Thymus**

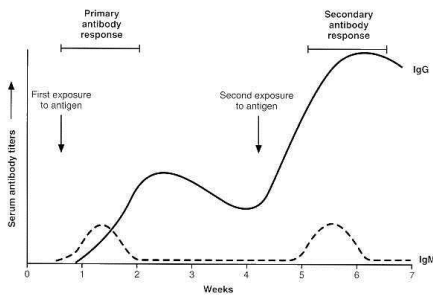
B cells express/secret antibody

- Each antibody recognises one specific shape/charge combination
- Each B cell expresses one unique antibody



Georges Kohler & Cesar Milstein. Nature (1975) 256: 495-7

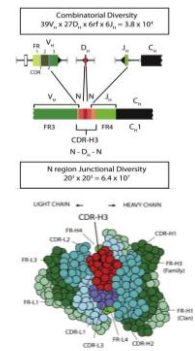
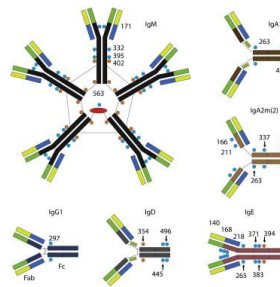
Typical antibody response to vaccines:



<http://www.microbiologybytes.com/iandi/3b.html>

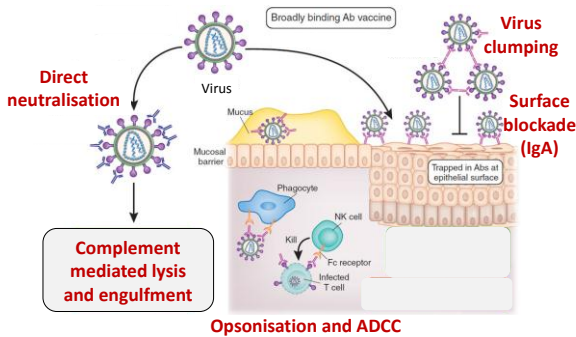
Antibody is very diverse

- Specialised classes of antibody
- 10^{14} potential VDJ combinations



<http://dx.doi.org/10.1016/j.jaci.2009.09.046>

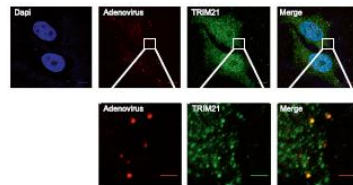
The actions of antibody



Adapted from Nature Medicine Volume: 17: 1195-1197 (2011) DOI: doi:10.1038/nm.2528

Antibodies mediate intracellular immunity through tripartite motif-containing 21 (TRIM21)

Donna L. Mallery¹, William A. McEwan¹, Susanna R. Bidgood¹, Greg J. Towers², Chris M. Johnson², and Leo C. James^{1,2}



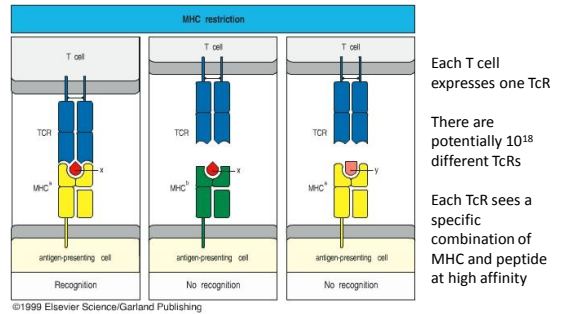
Hidden life of the cell: BBC2 October 2012

<http://www.youtube.com/watch?v=v1MnNO4I9aU>

Summary: antibodies

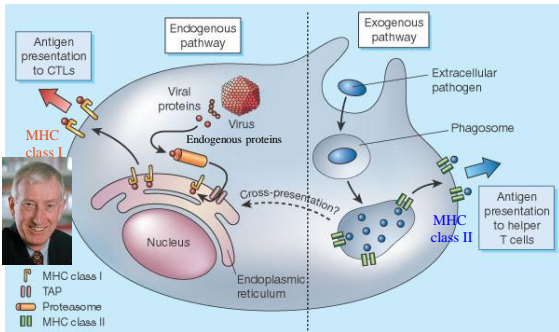
1. Made by B cells
2. Bind antigen
3. Cell membrane bound/secreted
4. Enhances phagocytes (opsonisation)
5. Recruits other toxic molecules/cells

T cells and their receptors (TcR)



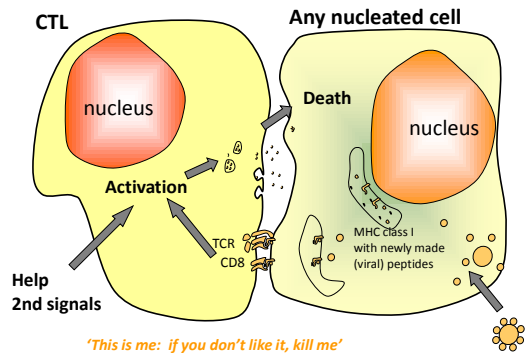
MHC: major histocompatibility complex

Antigen processing and presentation

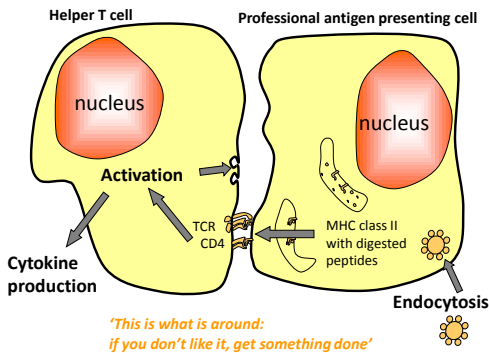


Adapted from Dept of VMP, Washington State University

The Class I - Cytotoxic T cell system



The class II - Helper T cell system



Defences against bacteria

- **Surface defences** (mechanical and chemical)
- **Antibody opsonisation**
- **Complement** (alternative pathway) causing lysis/opsonisation
- **Phagocytosis**
- Release of inflammatory mediators and **acute phase proteins** (also opsonins) etc.
- **Fever**

Defences against viruses

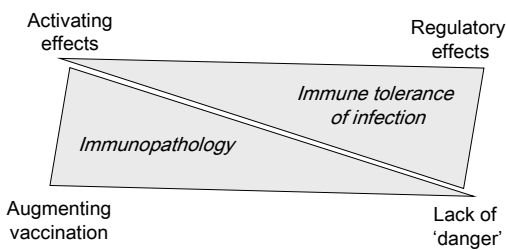
- Surface defences
- Interferons
- Inflammatory mediators and acute phase proteins/opsonins *etc.*
- NK cells
- Antibody, complement, ADCC
- T cells

Mucosal defences

1. Mannan binding proteins
2. Antimicrobial peptides
3. Enzymes (e.g. lysozyme)
4. Mucosal lymphocytes
5. Secretory IgA
6. Special antigen sampling
 - Waldeyer's ring
 - Peyer's patches
 - Dendritic cell networks

Balance Tolerance vs. Attack

The spectrum of activation and regulation



Inflammation is tightly regulated

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Vaccines

the most cost-effective drugs



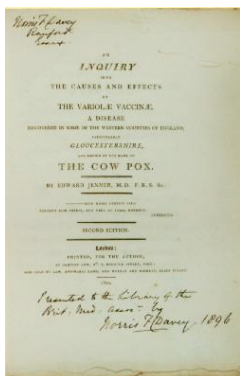
NHS choices

Do you recognise this disease?



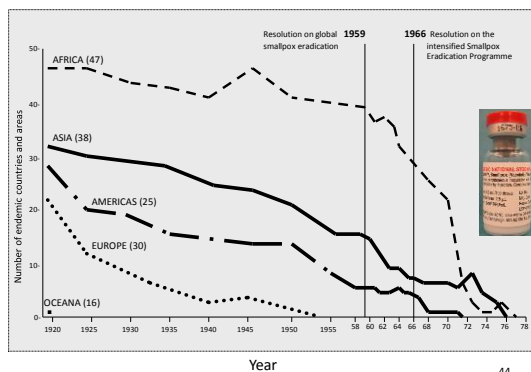
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Edward Jenner



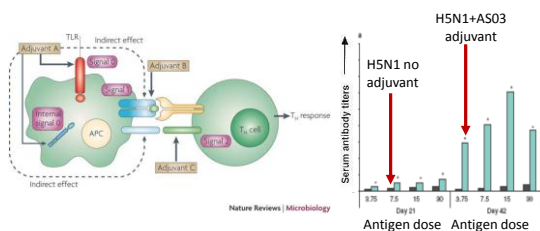
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Global eradication of smallpox



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The 'dirty little secret' of the one-shot vaccine: Adjuvants



Nature Reviews | Microbiology

Immunity = antigen x adjuvant

Bruno Guy, Nat Rev Microbiol 5:505-517 (July 2007) doi:10.1038/nrmicro1681
Carter et al. BioDrugs 2008, 22:279

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Characteristics of an eradicable infectious disease

- Simple (and cheap) to diagnose
- Genetically stable pathogen
- Accessible host species
- Eliminates persistent infection, or persistently infected host can't transmit
- **Safe and effective vaccine**

“Three million children die each year in poor countries from diseases that can be prevented by vaccination”

(World Bank, 1999)

Immunity

~ Defence against infection

Wealth, social stability