

**Imperial College  
London**  
BSc in Reproductive & Developmental Sciences

**The human preimplantation  
embryo: Cell biology**

Kate Hardy  
Institute of Reproductive and Developmental Biology

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**In vitro fertilization**



Rock and Menke  
Edwards et al., 1969

Stepoe and Edwards, 1978

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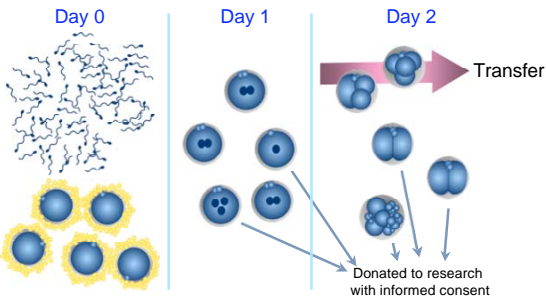
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**Source of embryos for research**



Day 0

Day 1

Day 2

Transfer

Donated to research  
with informed consent

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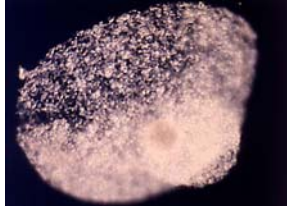
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**Oocyte and cumulus cells after retrieval**



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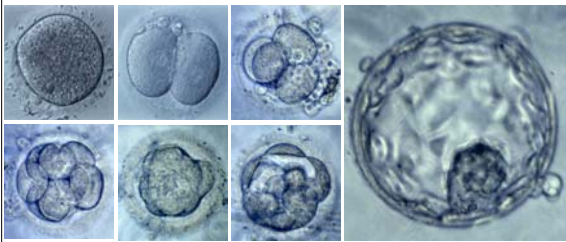
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**Human embryo development**



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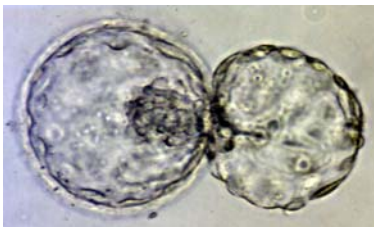
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**Hatching human blastocyst**



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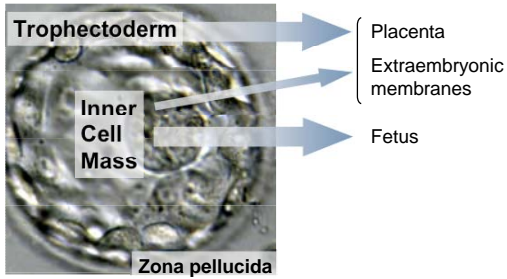
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### The human blastocyst



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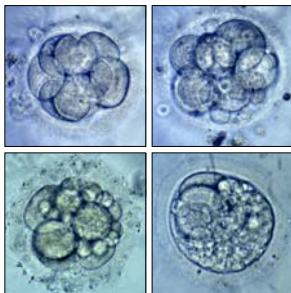
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### Fragmentation is common



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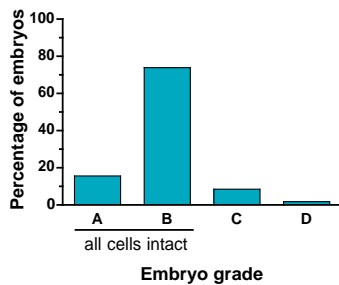
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### Embryos with a few fragments are the most common



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**Blastocysts have fragments and excluded arrested cells**



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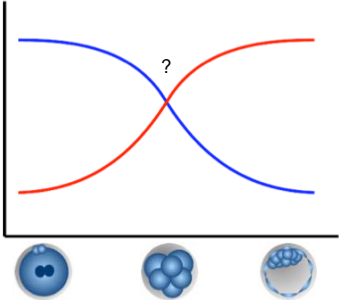
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**Transition from maternal to embryonic gene expression**



Human: 4- to 8-cell

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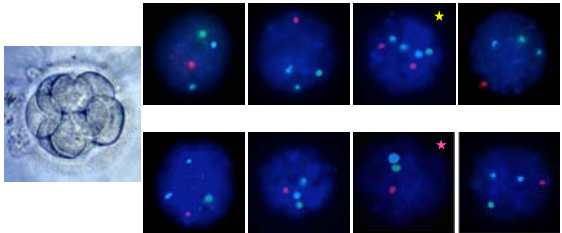
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**Aneuploidy is VERY common**

Mosaic 8-cell human embryo (d3)



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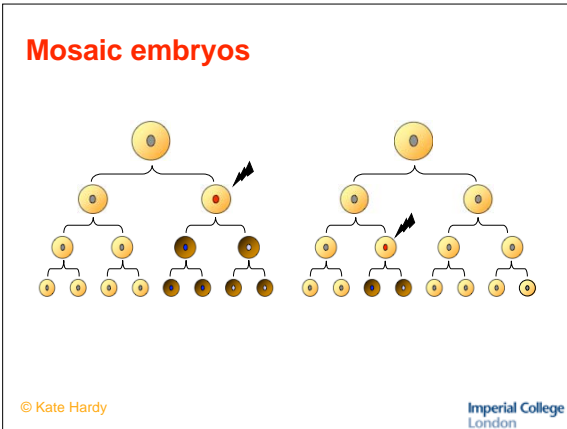
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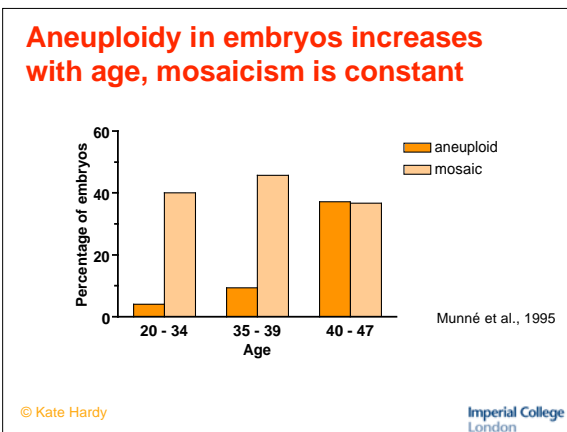
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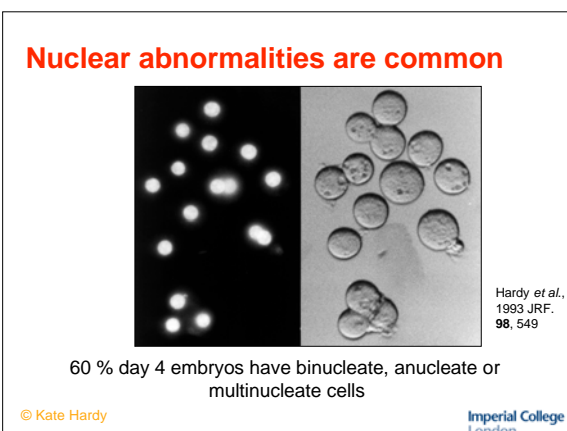
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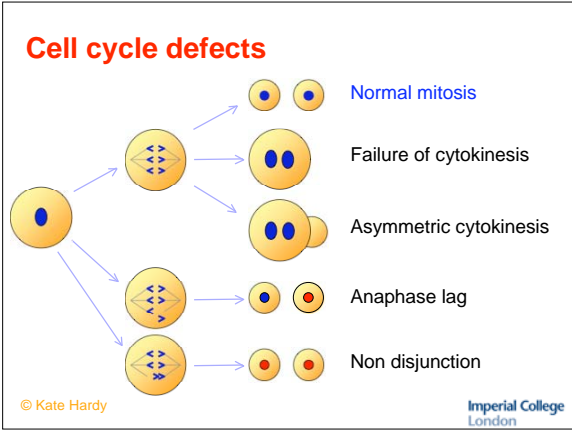
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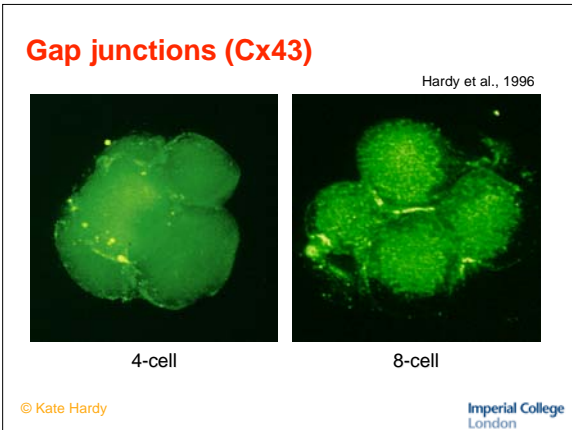
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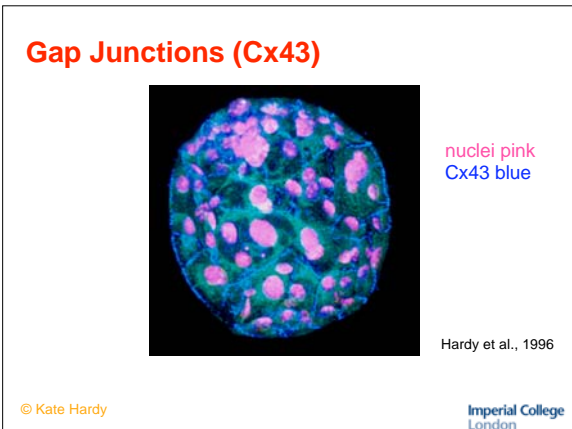
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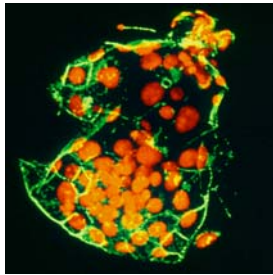
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### Desmosomes



nuclei orange  
Desmosomes green

Hardy et al., 1996

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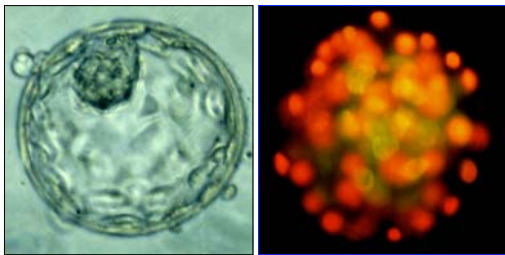
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### Cell number ICM/TE



TE orange  
ICM green

Hardy et al., 1989

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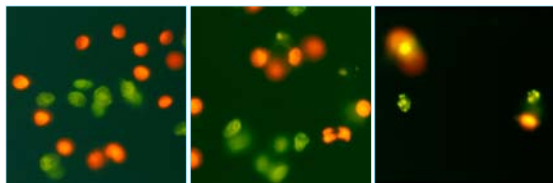
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### Analysis



TE orange  
ICM green

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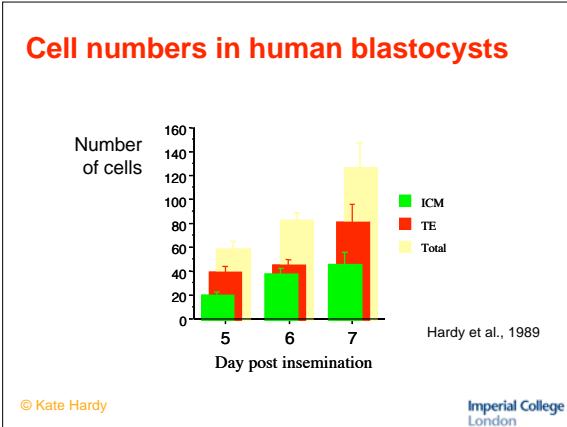
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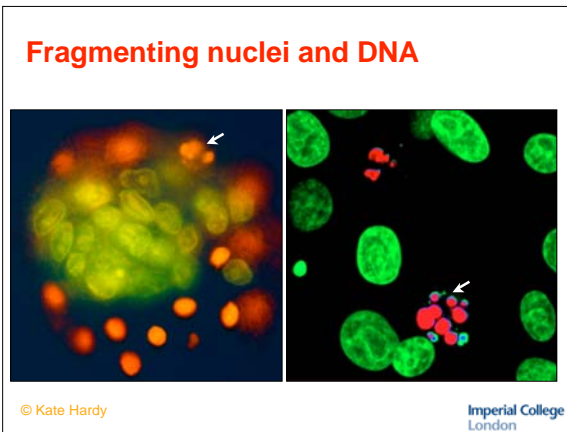
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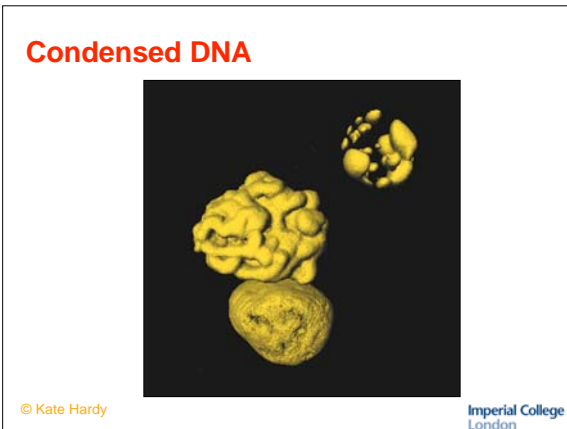
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### Natural embryo loss and cell death

**Buster et al 1985**

- Uterine lavage of embryo donors inseminated with father's sperm (*in vivo* fertilization)
- 25 embryos recovered on day 5 - 7 post-LH peak
- 5 blastocysts (25%)
- 1 morula
- 9 at 8- to 32-cell
- 6 < 8-cell

Am J Obstet Gynecol, 153, 211

**Hertig et al, 1954**

- Embryos found at hysterectomy
- 4 normal
- 2-cell, 12-cell & 2 blastocysts
- 4 abnormal
- 5-cell Irregular cells & fragmented nuclei
- 8-cell 2 necrotic cells with pyknotic nuclei, 3 cells with multiple nuclei
- 9-cell fragments & multiple nuclei
- 12-cell multiple nuclei

Contrib Embryol, 35, 199

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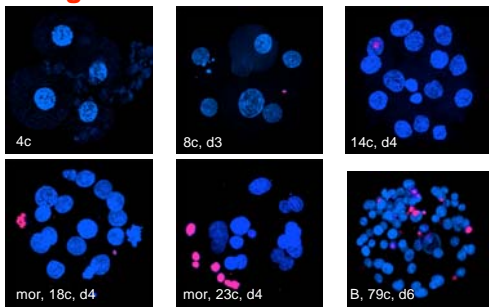
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### Timing of cell death



Hardy, Spanos et al., PNAS 98, 1655, 2001

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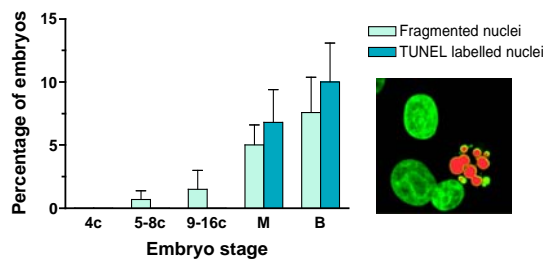
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### Timing of cell death



Hardy, Spanos et al., PNAS 98, 1655, 2001

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**Active caspase expression**

4-cell      8-cell      morula      blastocyst

Spanos et al., *Reproduction*, 124, 353 (2002)

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**BAX and BCL-2 expression**

BAX      BCL-2

Spanos et al., *Reproduction*, 124, 353 (2002)

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**BAX and BCL-2 expression**

M    O    2    4    8    B    +    -

BAX

BCL-2

BAD

β-actin

Spanos et al., *Reproduction*, 124, 353 (2002)

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**Possible causes & roles of cell death**

Possible causes

- Suboptimal culture
- Lack of survival factors

Roles

- Elimination of a particular lineage of cells?
- Removal of chromosomal and nuclear abnormalities?
- Maintenance of rapidly dividing undifferentiated stem cell population?

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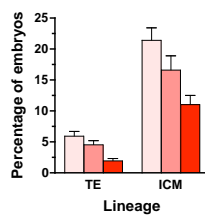
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**Suboptimal culture:  
mouse embryos**



- Cell death not an *in vitro* artefact
- Cell death found in *in vivo* mouse blastocysts
- Suboptimal culture ↑ levels of cell death

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Devreker and Hardy, 1997

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**Survival factors: evidence for effect on preimplantation cell death**

- Certain growth factors important for cell survival
- ↑ levels of cell death in
  - singly cultured embryos
  - diabetic rat embryos
- ↓ levels of cell death in
  - embryos cultured in groups
  - embryos cultured in TGF- $\alpha$ , IGF-1, insulin etc

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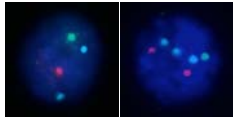
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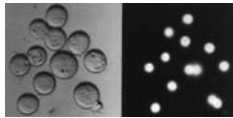
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### Chromosomal & nuclear anomalies in human preimplantation embryos



**Chromosomal anomalies**

- ~20% have gross anomalies
- ~40% mosaic, with 1 or more abnormal cells



**Nuclear abnormalities**

- ~60% of day 4 embryos have 1 or more binucleate, anucleate or multinucleate cells

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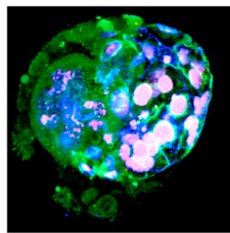
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### The human preimplantation embryo

**Variability:**

- Between embryos
  - developmental potential
  - morphology
  - metabolism
  - chromosomal/nuclear normality
- Within embryos
  - mosaic embryos



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