MULTICENTRIC CASE-CONTROL STUDY ON MALIGNANT MESOTHELIOMA AND NON-OCCUPATIONAL EXPOSURE TO ASBESTOS

Magnani et al, Br J Cancer 83: 104, 2000

TOPICS TO DISCUSS BY THE STUDENTS

- What is the aim of the study?
- What is the design of the study and why is this chosen?
- What are the methods of the study?
 - How are cases identified?
 - How are controls identified?
 - What can you say about exposure assessment?
 - Which statistical analysis were performed?
- What are the results of the study?
- Discussion: which potential sources of bias can be identified?

SOURCES OF NON-OCCUPATIONAL EXPOSURE

- Workers exposed to asbestos bring home fibres with their clothes
- Exposure also results from residence in the vicinity of asbestos mines, mills or factories
- The soil may be rich in asbestiform fibres (e.g. in Cappadocia, Turkey)

WHY A CASE-CONTROL STUDY?

- No cohort easily identifiable
- Multiple exposure sources
- Rare disease, but relatively frequent exposure in particular areas

CASE IDENTIFICATION

- Six areas in 3 European countries where asbestos exposure is highly prevalent: Torino, Casale, Prato, Firenze, Barcelona, Cadiz, Geneve
- Cases: all newly diagnosed primary malignant pleural mesotheliomas (~1995-1996)
- Identification through cancer/mesothelioma registries; cases histologically confirmed and revised by a panel of pathologists

CONTROL SELECTION

- Controls: random sample from the general population except in Spain where they were patients discharged from hospitals (excluding asbestos- related diagnoses)
- Frequency-matching for age and sex, with sample size twice the number of cases

EXPOSURE ASSESSMENT- 1

- Cases and controls interviewed at home or at the hospital by trained interviewers.
- Relatives provided information for deceased subjects : 98% of controls interviewed in person, while a proxy was used for one third of cases (implications?)
- Interview lasted 6 min for cases and 52 min for controls (why?)

EXPOSURE ASSESSMENT- 2

- Occupational and non-occupational (domestic and environmental) exposure assessment made blindly by expert industrial hygienists on the basis of a structured questionnaire
- Scales of Probability (high, middle, low, no exposure, unkown) and Intensity (same)
- see Appendix

EXPOSURE ASSESSMENT- 3

Non-occupational exposure defined on the basis of dwelling characteristics, heating and air conditioning systems, insulation and other asbestos uses, cohabitants working in jobs with asbestos exposure

STATISTICAL ANALYSIS

- 53/215 cases and 232 /448 controls not occupationally exposed to asbestos
- Relative risk estimated by unconditional logistic regression
- All estimates adjusted by centre, sex and age

RESULTS AMONG NON-OCCUPATIONALLY EXPOSED

Exposure Probability		OR (95% CI)
Domestic	low	2.0 (0.8-5.1)
	middle-high	4.8 (1.8-13.1)
Environmental	low	2.7 (0.9-8.4)
	middle-high	11.5 (3.5-38.2)

RESULTS AMONG NON-OCCUPATIONALLY EXPOSED

Exposure Intensity		OR (95% CI)
Domestic	low	2.0 (0.8-5.1)
	middle	5.7 (1.4-23.3)
	high	7.8 (1.7-36.2)
Environmental	low	2.2 (0.7-7.6)
	middle	9.5 (2.5-36.5)
	high	45.0 (6.4-318)

BIAS - POPULATION

Mean age at start of exposure cases 14 years controls 21 years

Mean duration

cases 39 years controls 27 years

Participation rates

cases 94% controls 82%

BIAS - METHODS

- inaccurate occupational histories from individuals with low education (and potentially greater exposure): overestimation of non-occupational risks
- Iow quality of responses from proxy responders; these are more among the cases, with potential underestimation of risks
- better recall of exposure from cases (aware of the study hypothesis)?
- Interviews lasted 66 min for cases and 52 min for controls

Validation study

In Barcelona 18 cases were interviewed, then after their deaths a proxi was asked the same questions: kappa index of 0.59 (0.79 for spouses)

Classificiation of subjects by the panel of experts did not change using either sources of information

Original observation: mesothelioma in asbestos roofing in Barcelona?