Update on use of IGRAs in diagnosis & management of TB

Advances in Respiratory Medicine Course 2010 National Heart & Lung Institute

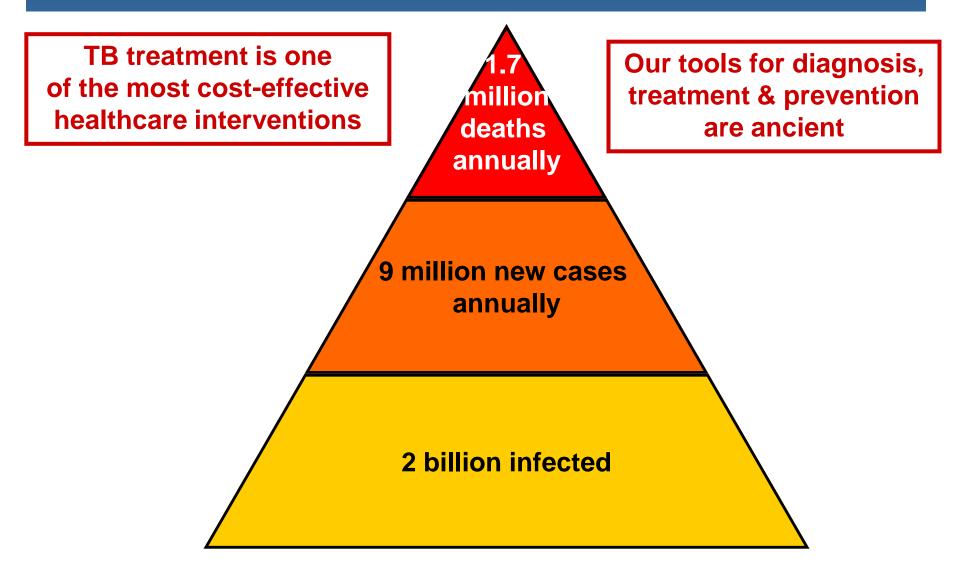
Special Symposium: What's new in the world of pulmonary infection?

Professor Ajit Lalvani Chair of Infectious Diseases

National Heart and Lung Institute Imperial College London TB Service Imperial College Healthcare NHS Trust

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Global burden of TB



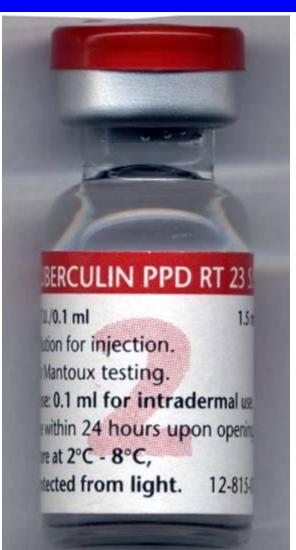
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We have been fighting a lethal pandemic with ancient weapons.....

Diagnostics	Tuberculin Skin Test (TST) Sputum microscopy Chest X-ray	1890 1880s 1920	
Vaccine	BCG	1921	
Treatment	Streptomycin Isoniazid Pyrazinamide Ethambutol Rifampin	1949 1952 1952 1961 1966	THE GLOBAL PLAN TO STOP TB 2006-2015

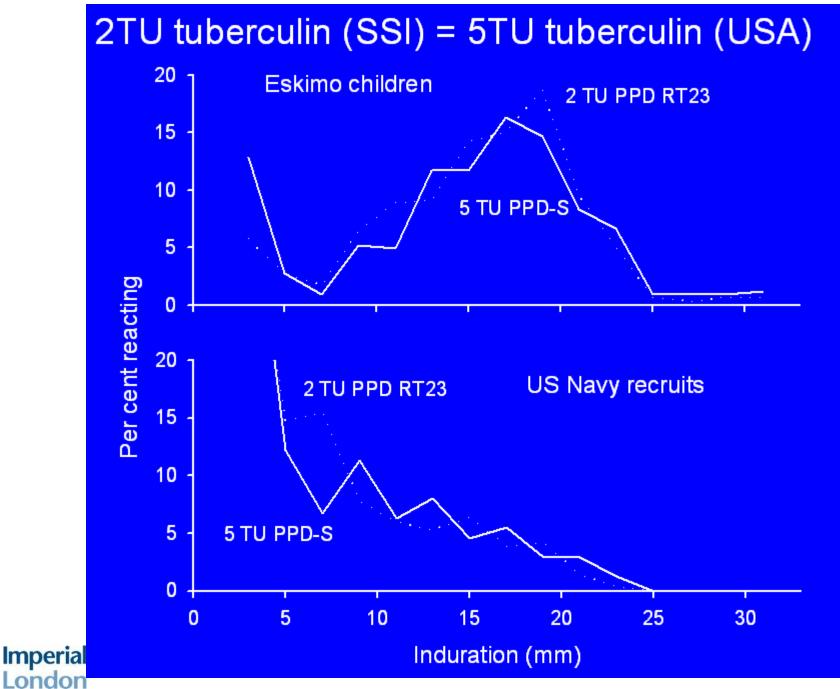


2005: tuberculin from Staten Serum Institut

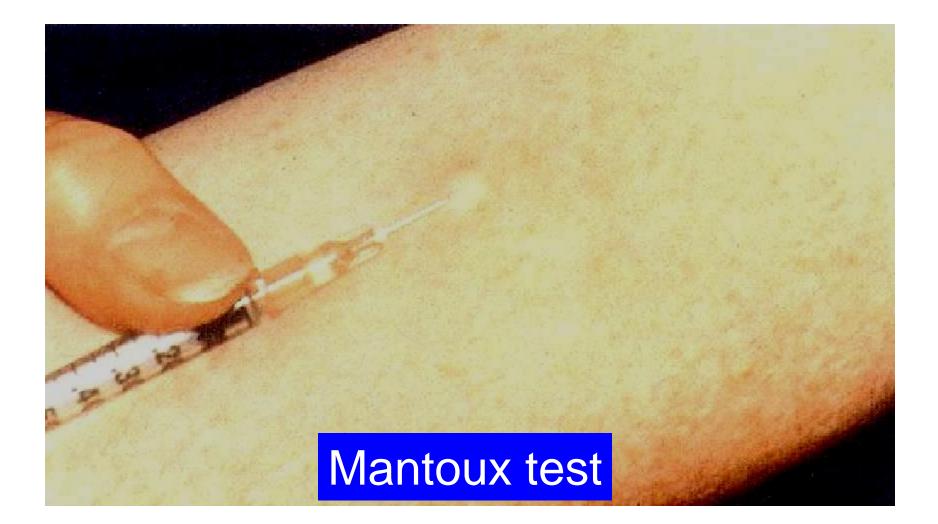


Tuberculosis Research Unit

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rch Unit



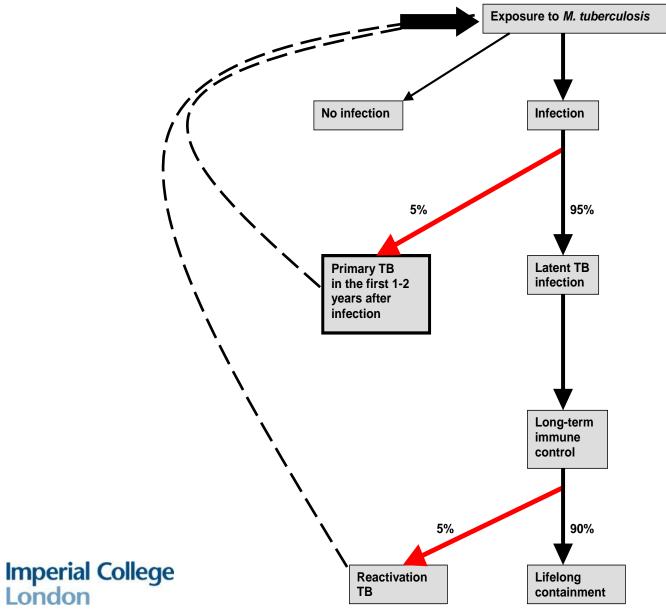
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Ballpoint pen method

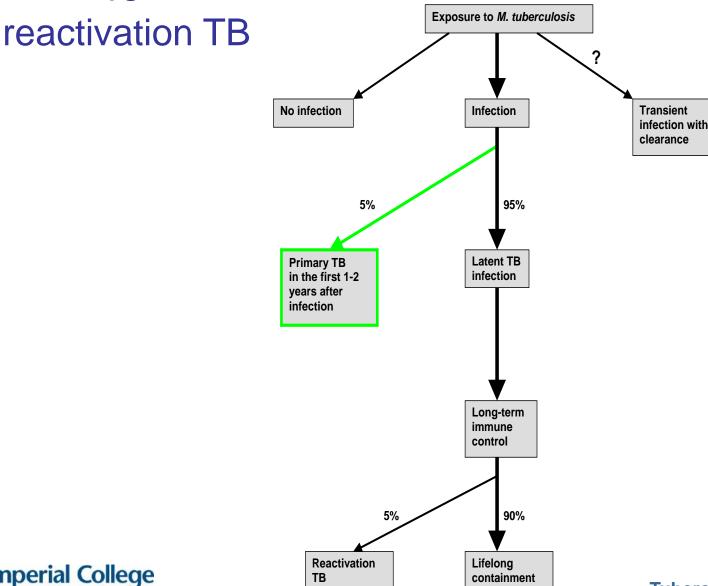


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Flow Chart: The natural history of *M. tuberculosis* infection



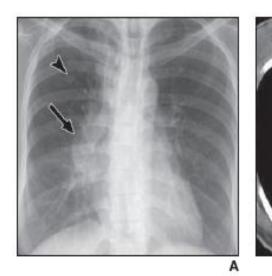
Flow Chart: The natural history of *M. tuberculosis* infection



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Primary TB

VS



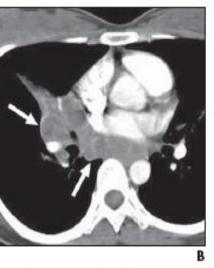


Fig. 1-Primary tuberculosis manifesting primarily as lymphadenopathy in 26-year-old woman.

upper lung zone.

B, Contrast-enhanced transverse CT scan (5.0-mm section thickness) obtained at level of basal trunk using mediastinal window setting shows enlarged right hilar and sub carinal lymph nodes (arrows), central necrotic low attenuation, and peripheral rim enhancement.

A. Posteroanterior chest radiograph shows right hilar mass (arrow). Note smaller nodule (arrowhead) in right



Fig. 3-Tuberculous granulomas in 58-year-old man 18F-FDG PET/CT scan shows increased FDG uptake in nodules-well-defined predominant nodule (arrow) and surrounding smaller satellite nodules Imperial (arrow) and surrounding smaller satellite nodules (arrowheads)—in right upper lobe with maximum standard uptake value of 6.1.

Primary lymph node TB

Primary lymph node and pulmonary TB

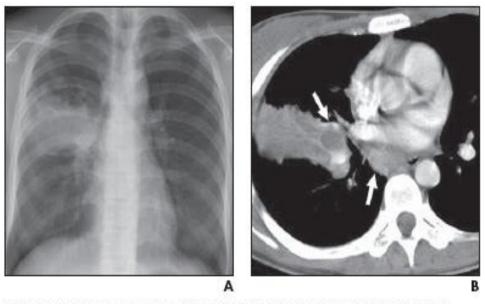
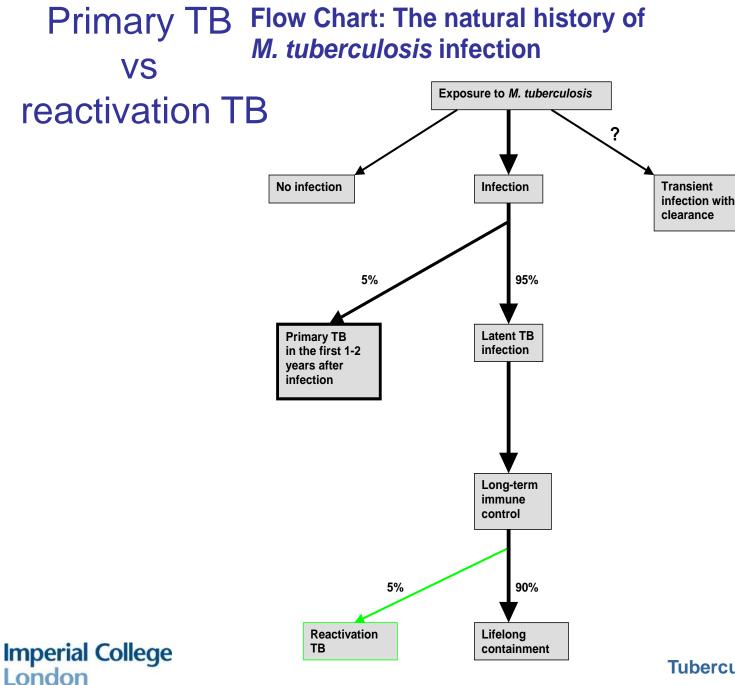
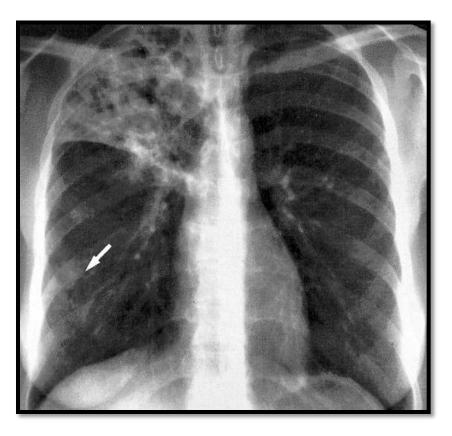


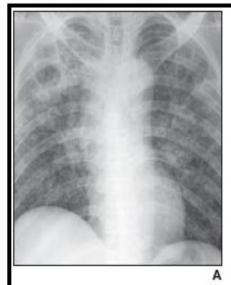
Fig. 2-Primary tuberculosis presenting with consolidation and lymphadenopathy in 21-year-old woman. A, Posteroanterior chest radiograph shows airspace consolidation in right middle lung zone. B, Contrast-enhanced transverse CT scan (5.0-mm section thickness) obtained at level of right middle lobar bronchus using mediastinal window setting shows airspace consolidation in right middle lobe. Note enlarged right hilar and subcarinal lymph nodes (arrows). Hilar node has necrotic low attenuation.

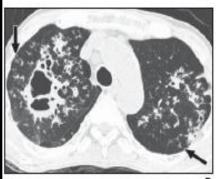


Reactivation TB: radiology, pathology and histology



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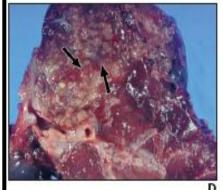
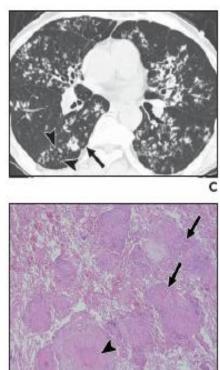


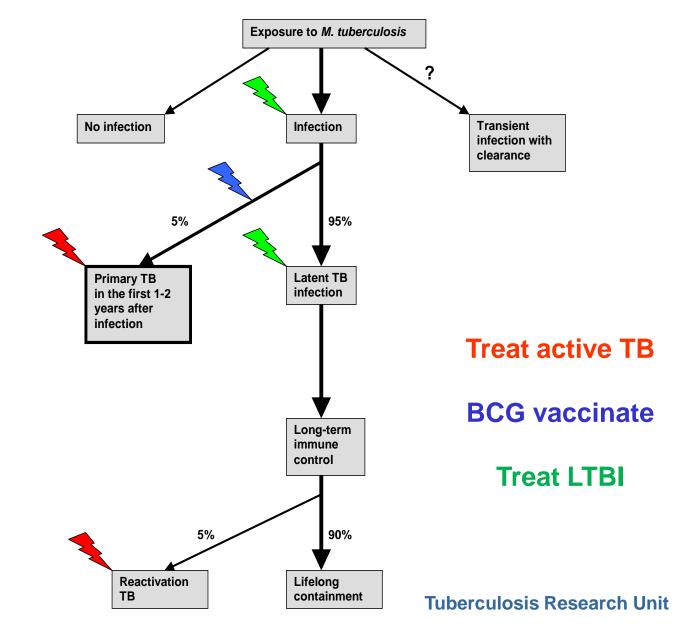
Fig. 4—Reactivation tuberculosis in 55-year-old man. A, Anteroposterior chest radiograph shows cavitary consolidation in right upper lung zone and multiple illdefined nodules in both lungs.

B and C, High-resolution CT scans (1.0-mm section thickness) obtained at levels of aortic arch (B) and proximal ascending aorta (C) show consolidation and acinus-sized nodules containing several cavities in both upper lobes. Note branching nodular and linear opacities (tree-in-bud signs) (arrows) and centrilobular small nodules (arrowheads, C) in both lungs. D, Photograph of gross specimen obtained at lobectomy from different patient shows multiple foci of nodules and consolidation that are distinctly white, consistent with caseous necrosis. Most have nodular appearance and some appear to be branching (arrows), suggestive of airway-centered nature of lesions. E, Photomicrograph of surgical specimen discloses

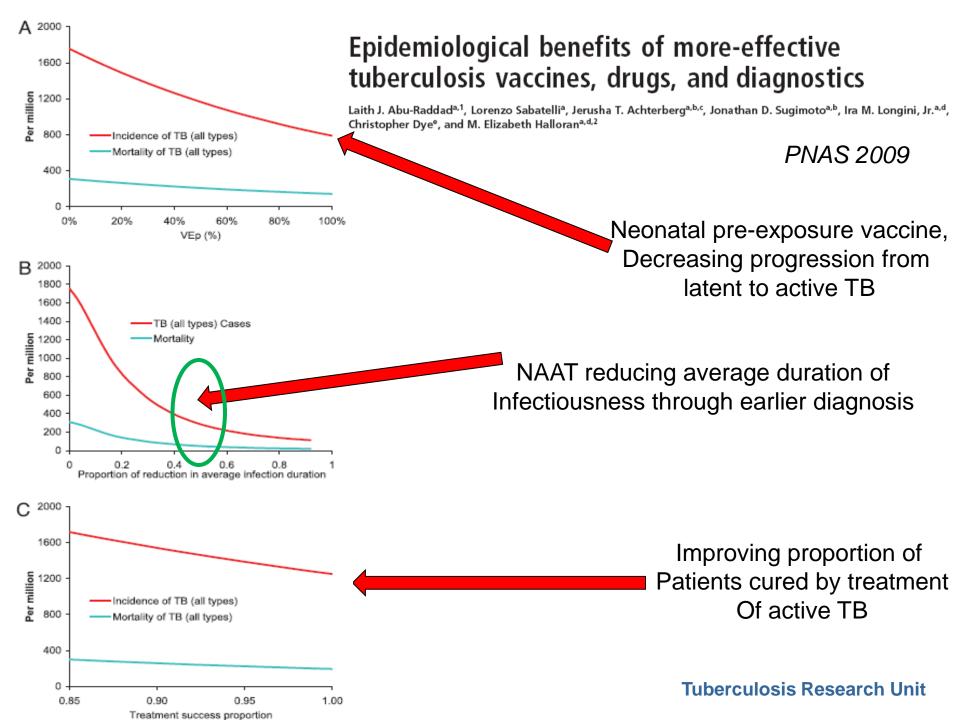
E, Photomicrograph of surgical specimen discloses multiple granulomas, each related to small membranous bronchiole (*arrows*). Some granulomas show central caseous necrosis (*arrowhead*). (H and E, ×40)



Flow Chart: The natural history of *M. tuberculosis* infection



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Roadblock 1

- Burden of MTB bacilli that must be present in sputum before detection is possible by sputum-smear microscopy, the only routinely and widely used same-day test for diagnosis of active TB
- Allows prolonged periods of transmission from patients with infectious smear-negative pulmonary TB before diagnosis and treatment
- DOTS is effective but only on those who are diagnosed and enter the treatment programme.....
- We need same-day test with higher sensitivity than ZN.....and that can detect MDR and XDR-TB

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The NEW ENGLAND JOURNAL of MEDICINE

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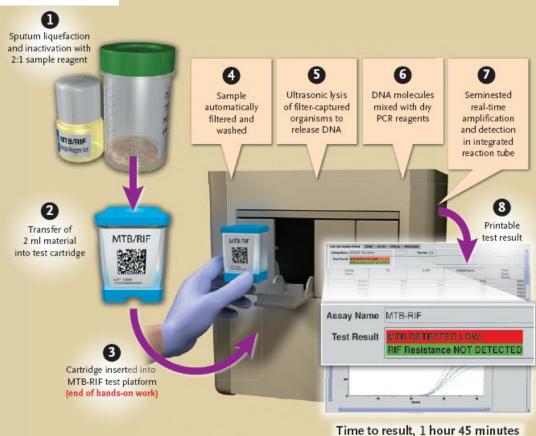
Rapid Molecular Detection of Tuberculosis and Rifampin Resistance

Catharina C. Boehme, M.D., Pamela Nabeta, M.D., Doris Hillemann, Ph.D., Mark P. Nicol, Ph.D., Shubhada Shenai, Ph.D., Fiorella Krapp, M.D., Jenny Allen, B.Tech., Rasim Tahirli, M.D., Robert Blakemore, B.S., Roxana Rustomjee, M.D., Ph.D., Ana Milovic, M.S., Martin Jones, Ph.D., Sean M. O'Brien, Ph.D., David H. Persing, M.D., Ph.D., Sabine Ruesch-Gerdes, M.D., Eduardo Gotuzzo, M.D., Camilla Rodrigues, M.D., David Alland, M.D., and Mark D. Perkins, M.D.

Sensitivity of 3 samples: 98%
May be as sensitive as culture
Time-to-result: 90 mins
Detects Rif resistance too
WHO-endorsed: Dec 2010

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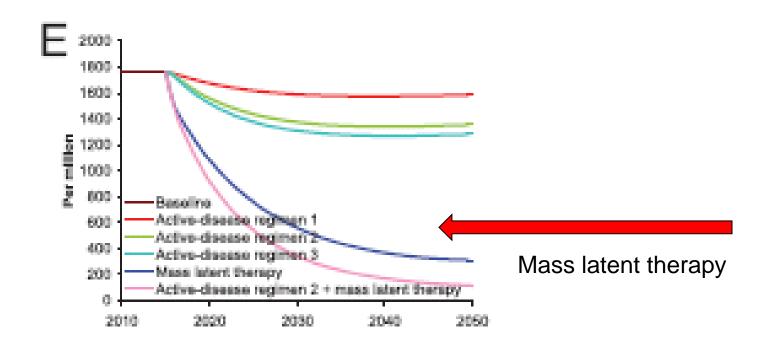




Epidemiological benefits of more-effective tuberculosis vaccines, drugs, and diagnostics

Laith J. Abu-Raddad^{a,1}, Lorenzo Sabatelli^a, Jerusha T. Achterberg^{a,b,c}, Jonathan D. Sugimoto^{a,b}, Ira M. Longini, Jr.^{a,d}, Christopher Dye^e, and M. Elizabeth Halloran^{a,d,2}

PNAS 2009

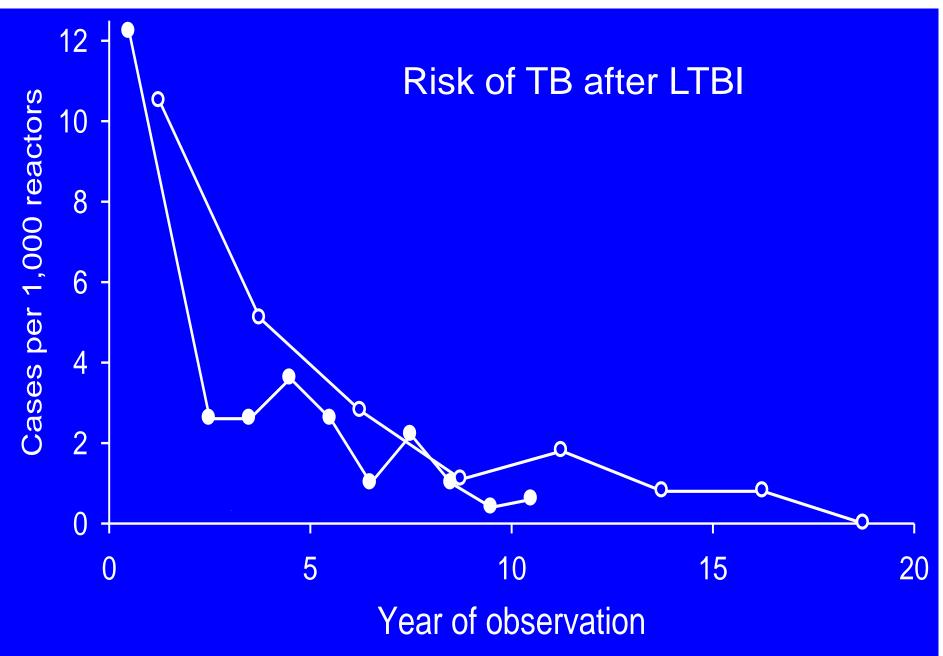


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Roadblock 2

- 5% of recently-infected TB contacts as defined by positive tuberculin skin test [TST] progress to active TB within 2 yrs
 - Much higher for children and HIV-coinfected
- Therefore we have to treat 20 TST+ contacts to prevent a single case of active TB
- This approach is effective in low-burden nations (eg USA, EU) but is operationally impractical in regions with high TB (and HIV) burden
- We need a test with higher prognostic power than TST





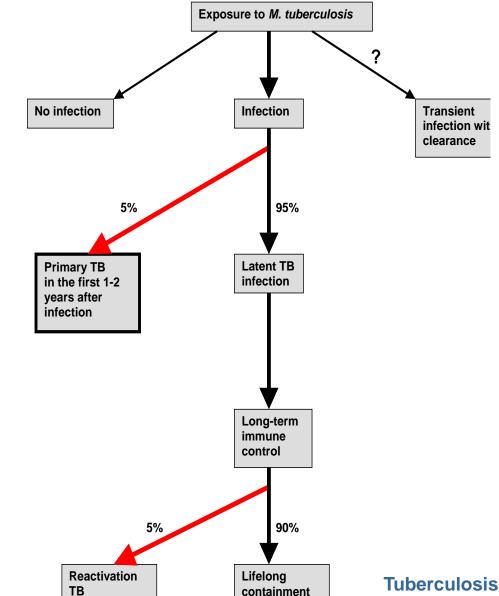
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Factors promoting progression to active disease

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Flow Chart: The natural history of *M. tuberculosis* infection

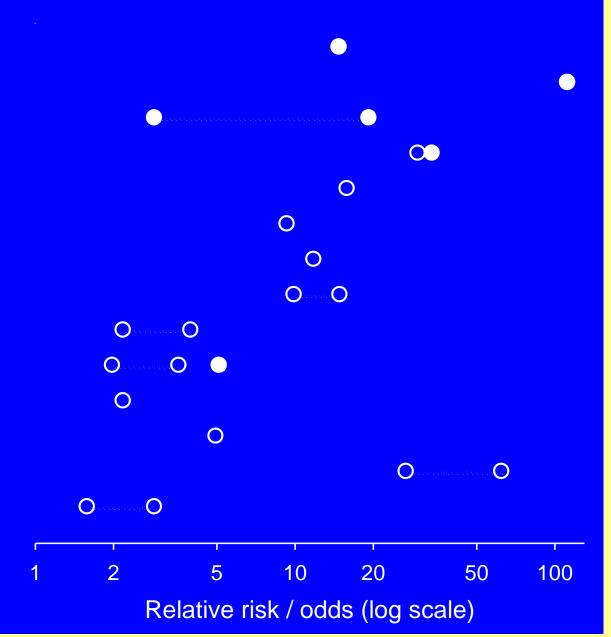


Factors that promote progression to active disease

- HIV
 - at all CD4 counts
 - more extrapulmonary disease
- Immunosuppressive drugs:
 - High dose steroids
 - Anti-TNF alpha agents
- Age: very young; very old
- Poor nutrition
- Homelessness/ alcohol/ IVDU/ poverty



Risk factors for developing TB after LTBI



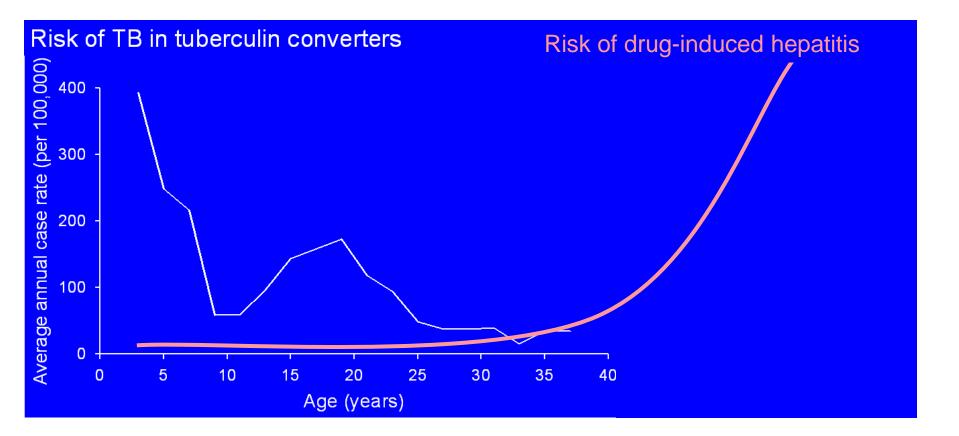
Infection <1 yr past **HIV** infection **Fibrotic lesions** Silicosis Carcinoma of head or neck Hemophilia Immunosuppressive treatment Hemodialysis Underweight **Diabetes** Smoking, heavy Gastrectomy Jejunoileal bypass Infecting dose

Drugs used for TLTBI

1.	Rifampicin/isoniazid	3 mo
2.	Isoniazid	6 mo
3.	Rifampicin	4 mo
4.	Rifampicin/pyrazinamide	2 mo







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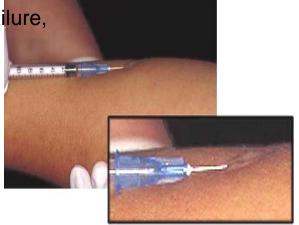
TST: inadequate tool to achieve the aims of targeted testing for LTBI

- Targeted testing: test and treat latently infected persons who are:
 (a) recent contacts (incl. new entrants) or
 (b) at increased risk of progression from LTBI to active TB:
 - HIV, young children, concomitant illnesses (renal failure, diabetes, etc), iatrogenic immunosuppression
- But TST suffers from:
- Poor sensitivity:
 - in the above vulnerable groups at highest risk
- Poor specificity:

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- Cross-reactivity with BCG vaccination
- Problems of in vivo test.....
 - Return visit, operator variability, inflammation





Rationale for a T cell-based approach

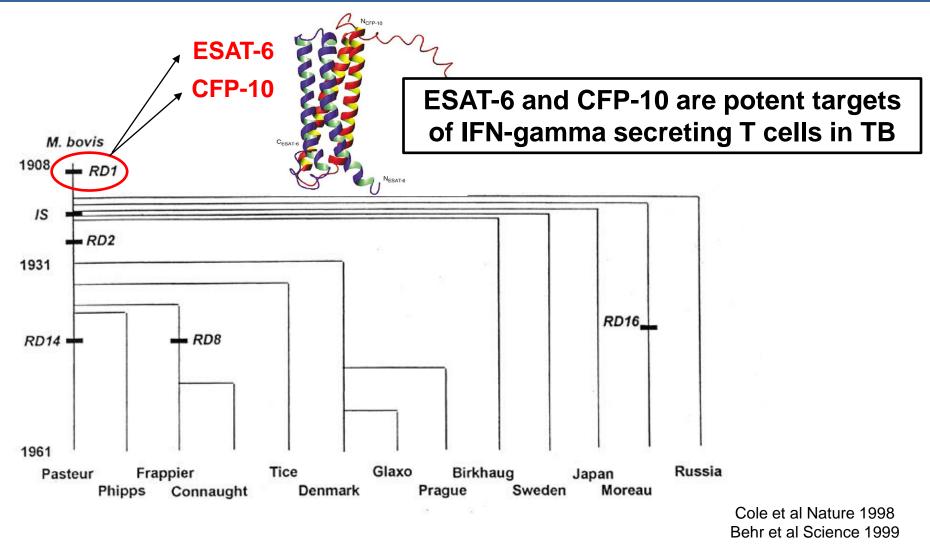
- *M. tuberculosis*: intracellular pathogen, difficult to recover from infected subjects
- Humoral response in *M. tuberculosis* infection is weak
- Infection evokes a strong Th1-type cell-mediated immune response (interferon-gamma CMI)
- MTB-specific interferon-gamma-secreting T cells might be an accurate marker of infection
- How can we measure them?



Tuber

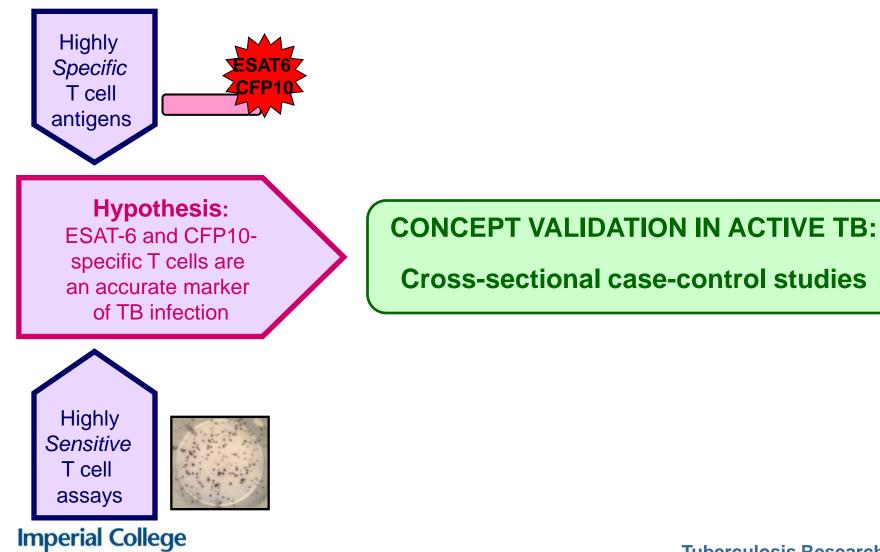
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The RD1 genomic segment of *M. tuberculosis* is absent from all strains of BCG vaccine



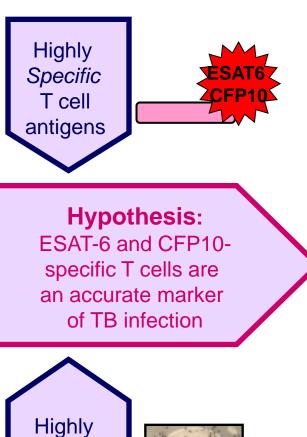
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Concept validation and proof of principle



London

Concept validation and proof of principle



Sensitive

T cell

assays

London

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• **Sensitivity**: culture-confirmed (gold-standard) patients with active TB

Specificity:

o unexposed BCG-vaccinated healthy controls
 o patients with non-tuberculous illnesses

CONCEPT VALIDATION IN ACTIVE TB:

Cross-sectional case-control studies

Rapid Detection of *Mycobacterium tuberculosis* Infection by Enumeration of Antigen-specific T Cells

AJIT LALVANI, ANSAR A. PATHAN, HELEN McSHANE, ROBERT J. WILKINSON, MOHAMMED LATIF, CHRISTOPHER P. CONLON, GEOFFREY PASVOL, and ADRIAN V. S. HILL

Nuffield Department of Clinical Medicine, University of Oxford, John Radcliffe Hospital, Oxford, United Kingdom and Wellcome Centre for Clinical Tropical Medicine, Imperial College School of Medicine, Northwick Park Hospital, London, United Kingdom

Lalvani et al, AJRCCM 2001

Concept validation and proof of principle

- Lalvani et al AJRCCM 2001 (First proof-of-principle)
- Pathan et al J Immunol 2001
- Chapman et al AIDS 2002 (First proof-of-principle in HIV)

• Mori et al AJRCCM 2004 (First proof-of-principle with QFT-Gold)

- Meier et al Eur J Clin Microbiol Infect Dis 2005
- Kang et al JAMA 2005
- Lee et al Eur Respir J 2006
- Tsiouris et al J Clin Microbiol 2006
- Kobashi et al CID 2006
- Adetifa et al BMC Infect Dis 2007
- Pai et al Infection 2007
- Wang et al EID 2007
- Detjen et al CID 2007
- Dewan et al CID 2007
- Dominguez et al Clin Vaccine Immunol 2008
- Kobashi et al Chest 2008
- Nishimura et al IJTLD 2008

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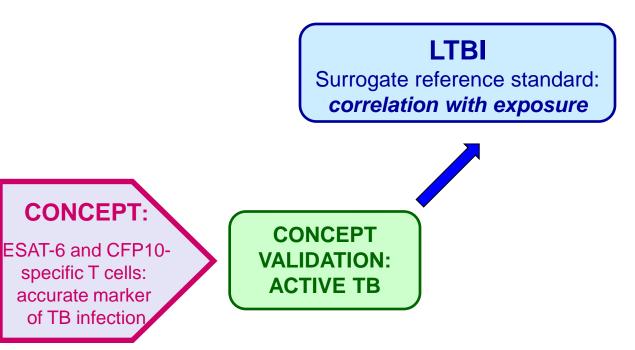
Conclusions

- Specificity
 - IGRAs not confounded by BCG
 - IGRAs not confounded by other illnesses

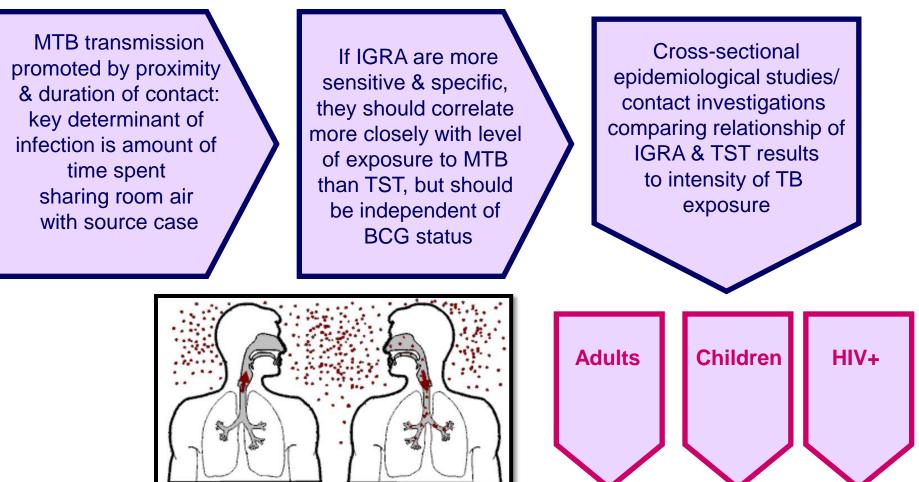
Sensitivity

- ELISpot > QFT > TST
- Immunosuppressed: ELISpot > QFT >> TST

Clinical utility of IGRA: journey thru the evidence-base



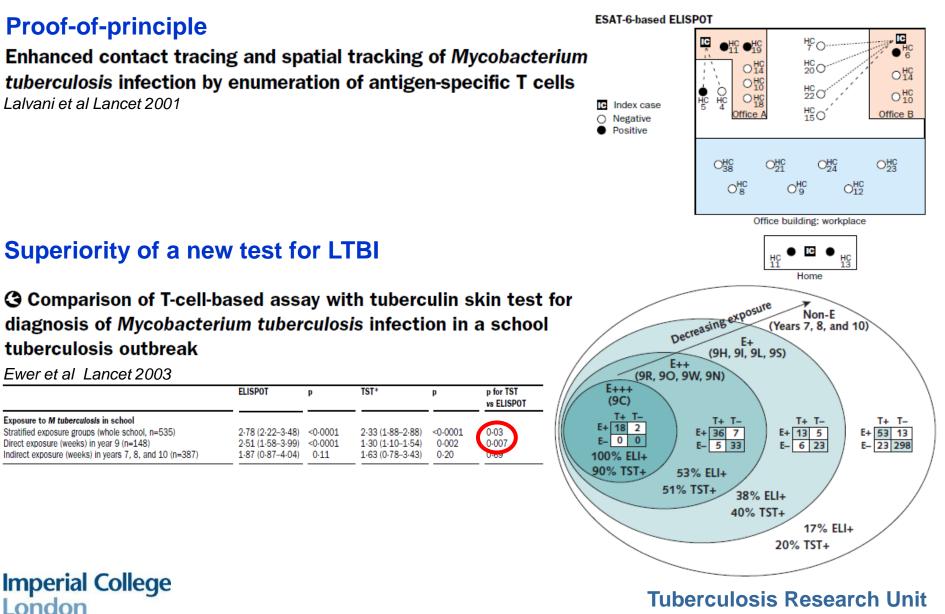




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Surrogate reference standard for LTBI: correlation with exposure



Surrogate reference standard for LTBI: correlation with exposure

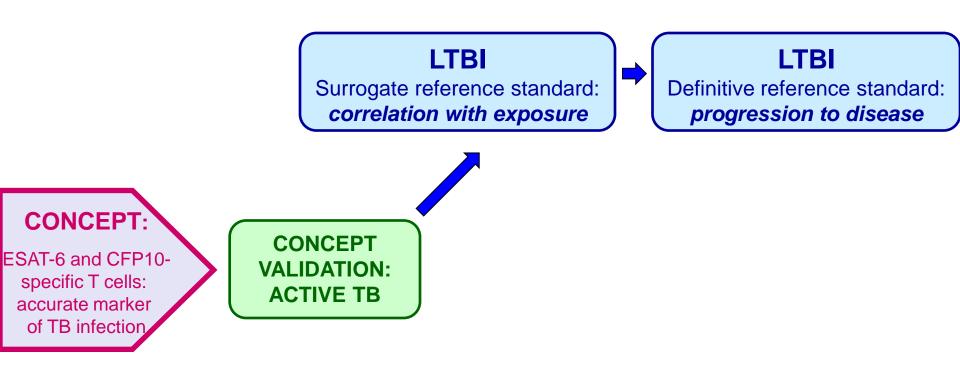
- Lalvani et al Lancet 2001 (First proof-of-principle)
- Ewer et al Lancet 2003 (First to show superiority over TST)
- Richeldi et al AJRCCM 2004
- Shams et al AJRCCM 2005
- Soysal et al Lancet 2005 (First in children)
- Brock et al AJRCCM 2004 (First with QFT-Gold)
- Zellweger et al Int J Tub Lung Dis 2005
- Diel et al Eur Resp J 2006
- Kang et al JAMA 2005
- Hill et al Pediatrics 2006
- Nakoaka et al Emerg Infect Dis 2006 (First in high-burden)
- Chun et al Diagn Microbiol Infect Dis 2008
- Okada et al Epidemiol Infect 2008
- Lighter et al Pediatrics 2009

Conclusions

- IGRA correlate better with TB exposure than TST
- IGRA not confounded by TST

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Clinical utility of IGRA: journey thru the evidence-base

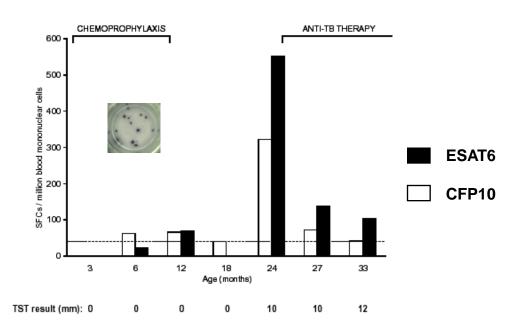




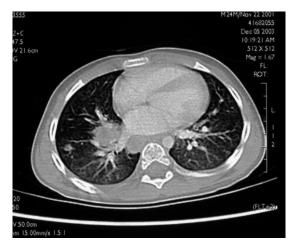
Do IGRA predict progression to active TB? The first case....

T-Cell–Based Diagnosis of Neonatal Multidrug-Resistant Latent Tuberculosis Infection

Luca Richeldi, MD, PhD^a, Katle Ewer, PhD^b, Monica Losi, PhD^a, Barbara M. Bergamini, MD^a, Kerry Millington, BSc^{b,c}, Leonardo M. Fabbri, MD^a, Ajit Lalvani, FRCP, DM^{b,c}







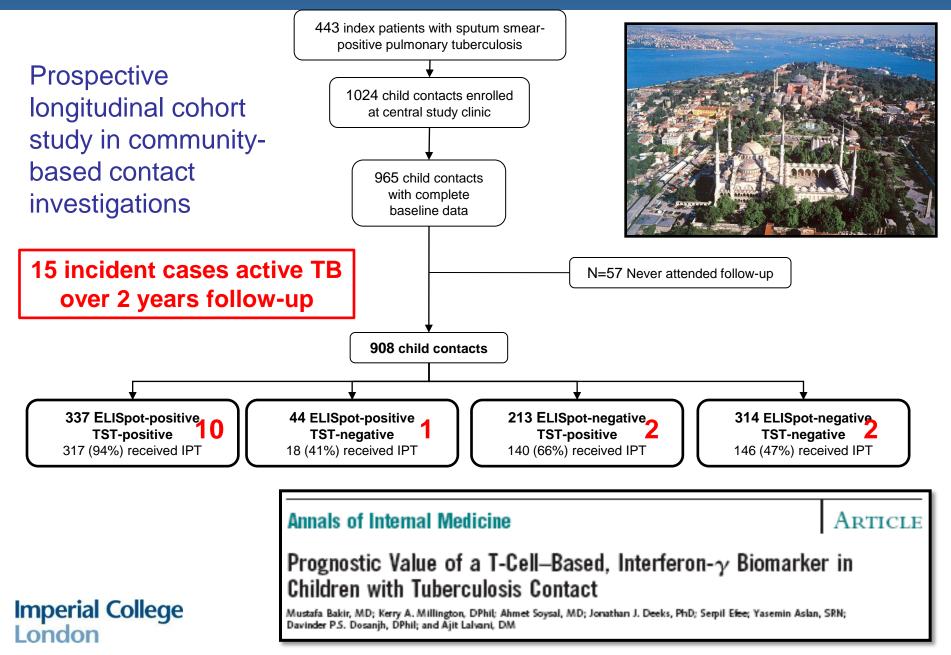
RFLP analysis of MTB isolate from bronchoalveolar lavage: identical strain to that of the mother

%) (Pradrik Skadinik) (2014-1020%) 6110 RFLP		
	Mycobacterium Mycobacterium	314 Modena 201Modena

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Richeldi et al Pediatrics 2007

LTBI: prognostic power for progression to disease



LTBI: prognostic power for progression to disease

	ELISpot		TST		
Test	ESAT-6/CFP-10		5 mm th	reshold	
Test result	positive	negative	positive	negative	
Ν	381	527	550	358	
TB incident cases, n	11	4	12	3	
Person years at risk	536	664	722	478	
Unadjusted analysis					
Incidence rate per 1000 person years (95% CI)	20.5 (10.2, 36.7)	6.0 (1.6, 15.4)	16.6 (8.6, 29.0)	6.3 (1.3, 18.3)	
Incidence rate ratio (95% CI)	3.41 (1.08, 10.70)		2.65 (0.75, 9.39)		
P value	0.036		0.13		
Adjusted analysis					
Incidence rate ratio (95% CI)	3.86 (1.19, 12.5)		3.28 (0.87, 12.4)		
P value	0.024		0.08		

• ELISpot-positive contacts 3-4-fold more likely to progress than negative contacts

A positive ELISpot result is a useful and valid biomarker of LTBI

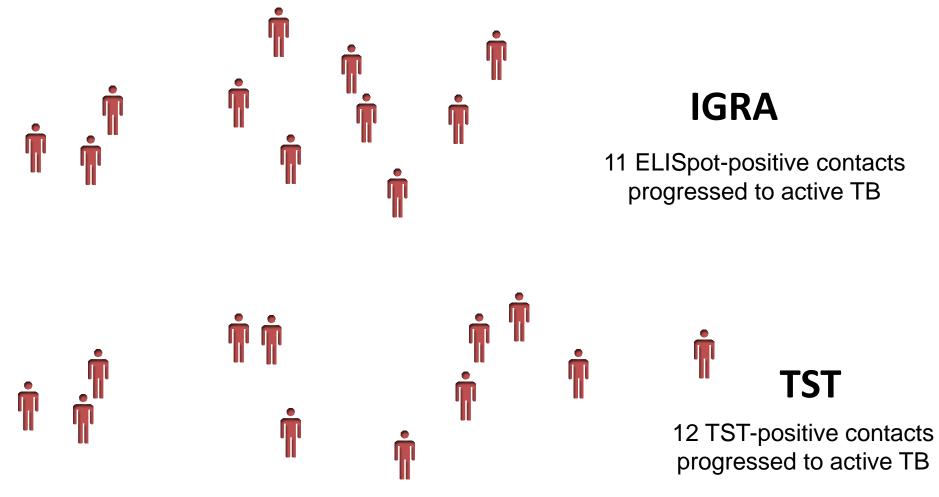
Bakir et al, Ann Intern Med 2008

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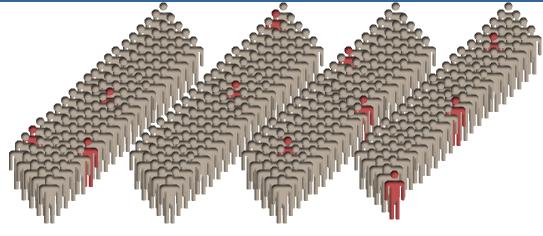
Clinical implication: more focussed targeting of preventive therapy to fewer contacts



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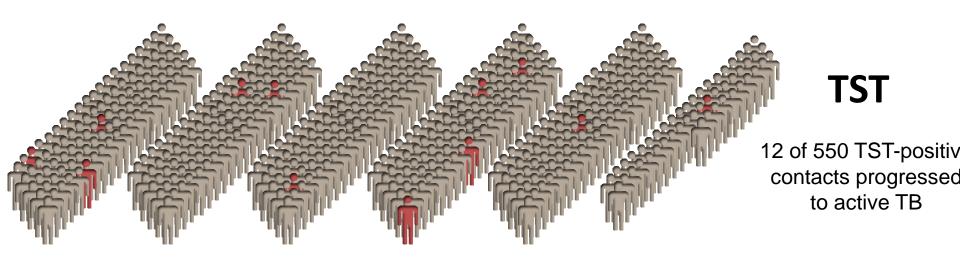
Bakir et al, Ann Intern Med 2008

Clinical implication: more focussed targeting of preventive therapy to fewer contacts



IGRA

11 of 381 ELISpot-positive contacts progressed to active TB



If test-positive contacts are targeted with preventive treatment, more TST-positive contacts compared to IGRA-positive contacts would need to be treated to prevent a similar number of TB cases

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Bakir et al, Ann Intern Med 2008

Prognostic power of positive IGRA results now proven in low and high burden settings, and in most risk groups

Author, Year	Study population	Country	Follow up (years)	IGRA(s) used	Number of incident cases	IGRA Progn ELISA	ostic ELISPOT
Aichelburg, 2009	HIV+ Adults	Austria	1.6	QFT-G in-tube	3	Yes	
Diel, 2008, 2010	Household contacts: Adults	Germany	4	QFT-G in-tube	19	Yes	
Bakir, 2008	Household contacts: Children	Turkey	1.3	ELISpot	15		Yes
Hill, 2008	Household contacts: Children & Adults	Gambia	2	ELISpot	26		No
Doherty, 2002	Household contacts: adults	Ethiopia	2	ELISA (ESAT6 only)	7	Yes	
Kik, 2010	Immigrant close contacts: adults	Holland	2	ELISA and ELISpot	9	Yes	Yes
del Corral, 2010	Household contacts: adults and children	Colombia	2-3 years	ELISA (CFP-10)	33	No	
Lienhart,2010	Household contacts: Children & Adults	Senegal	2	ELISpot	52		Yes
Leung, 2010	Male silicosis patients	Hong Kong	2.45 years	ELISpot	17		Yes
Yoshiyama, 2010	Household contacts: Children & Adults	Japan	2	ELISA (QFT-G)	39	Yes	
Mahomed, 2009a	Adolescents 12-18	South Africa	2	ELISA (QFT-G in- tube)	84 (but only 50 reported)	Yes	
Haldar, 2009a	Household contacts: Children & Adults	UK	1.2	ELISA (QFT-G in- tube)	39 (but only 20 in the ELISA screened group)	Yes	

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LTBI: prognostic power for progression to disease

- Diel et al AJRCCM 2008 (First prognostic evidence for QFT)
- Bakir et al Ann Intern Med 2008 (First prognostic evidence for ELISpot)
- Hill et al PLoS ONE 2008 (neither TST nor IGRA predictive high transmission setting,
- Aichelburg et al Clin Infect Dis 2009 (First prognostic evidence of IGRA in HIV)

Conclusions

• IGRA are prognostic of subsequent TB

Remaining questions

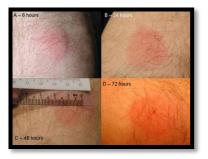
- Comparative studies not yet conducted: need very large sample size (approx 10,000 contacts and 100 incident cases)
- Can we rely on IGRA alone in immunosuppressed persons with LTBI?
- Does treatment on the basis of IGRA results reduce the risk of active TB?

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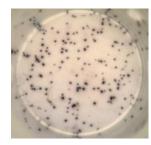
arch Unit

New tests for latent TB infection: IGRAs

1907 Tuberculin skin test – oldest biomarker in medicine



2004 Interferon-gamma release assays – new biomarkers of LTBI



ELISpot quantification IFN-γ-releasing cells

T-SPOT. TB



Based on Lalvani ELISpot 2002



London

 $\begin{array}{c} \textbf{ELISA} \\ \textbf{quantification released IFN-} \gamma \end{array}$



Issue date: March 2006



National Institute for

Health and Clinical Excellence

1907



Tuberculosis

Clinical diagnosis and management of tuberculosis, and measures for its prevention and control

Use blood tests (IGRA), if available, in:

- Individuals who have tested positive by TST

- Individuals in whom TST is unreliable

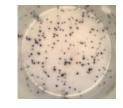
NICE reviewed 11 studies published before July 2005:

Recent HPA guidelines very similar

Tuberculosis Research Unit

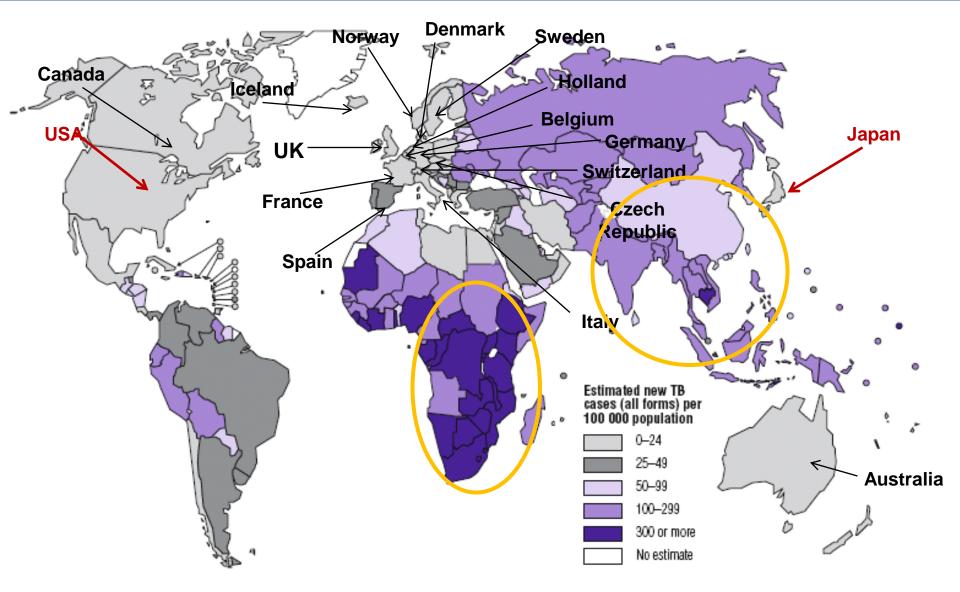


2006



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Impact on global policy: TB guidelines endorsing IGRA, 2008



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TST: inadequate tool to achieve the aims of targeted testing for LTBI

- Targeted testing: test and treat latently infected persons who are:
 (a) recent contacts or
 - (b) at increased risk of progression from LTBI to active TB:
 - HIV, young children, concomitant illnesses (renal failure, diabetes, etc), iatrogenic immunosuppression
- But TST suffers from:
- Poor sensitivity:
 - in the above vulnerable groups at highest risk
- Poor specificity:

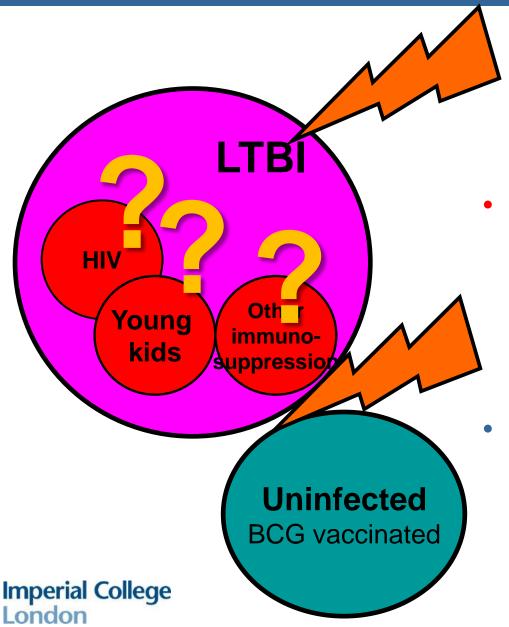
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- Cross-reactivity with BCG vaccination
- Problems of in vivo test.....
 - Return visit, operator variability, inflammation



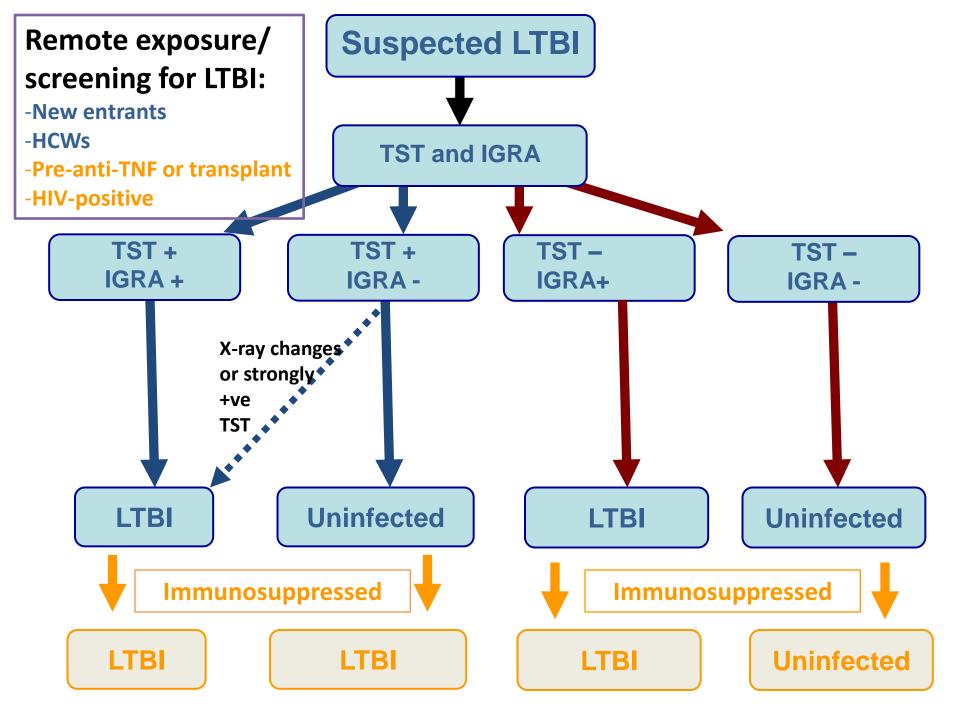
Clinical utility in LTBI



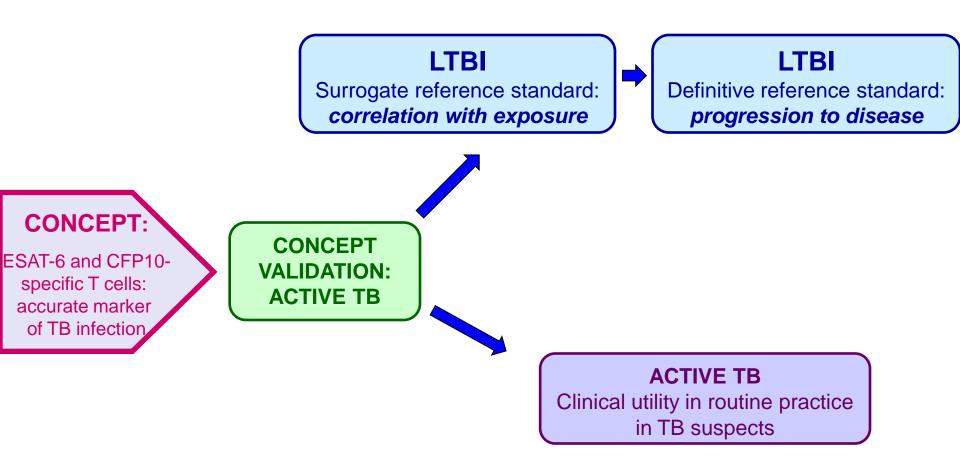
'Rule-in' as well as 'ruleout' test

 Sensitivity in young children and immunosuppressed populations is better than TST but we do not know the false-negative rates in these subgroups

High specificity lessens the number of people inappropriately treated on the basis of false-positive TST

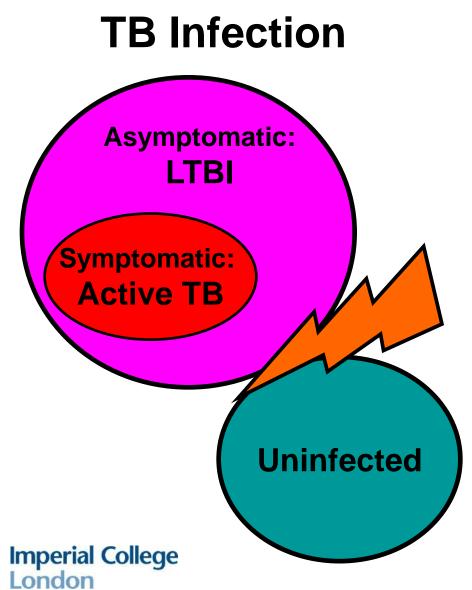


Clinical utility of IGRA: journey thru the evidence-base





Clinical utility in active TB



- Immune-based tests are tests of infection, not active disease: cannot distinguish between the two
- TB infection is a prerequisite for TB disease
- But by ruling out infection, you can 'rule-out' active TB
- Requires test of very high diagnostic sensitivity: higher than either of the current IGRAs
- Sensitivity in real-life routine practice is only around: 75%(QFT) to 85%(T-SPOT)

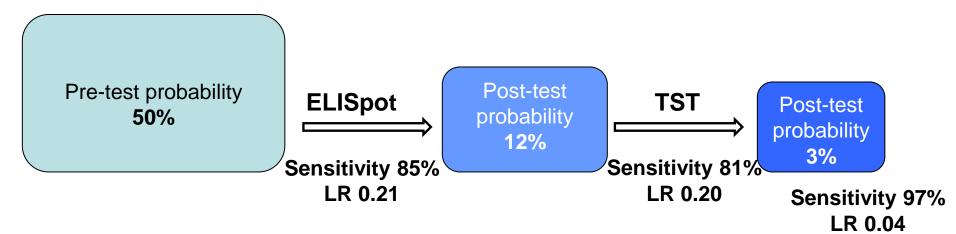
Clinical utility for evaluation of TB suspects

Large prospective blinded studies of IGRA vs TST in TB suspects

Neither IGRA is a reliable rule-out

Maximum sensitivity: IGRA &TST in combination

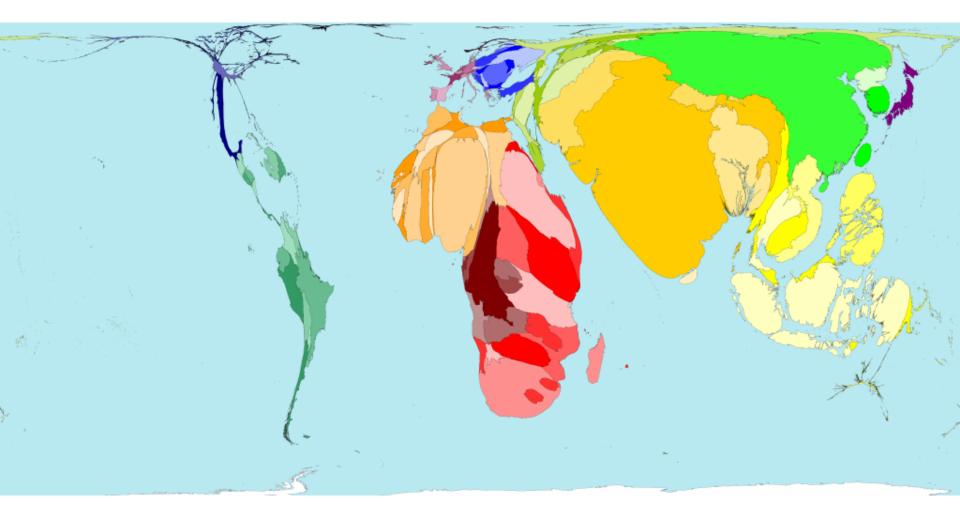
	Sensitivity IGRA	Sensitivity IGRA and TST
Liebeschuetz et al Lancet 2004 (Children, HIV, malnutrition)	83% (ELISpot)	91%
Dosanjh et al Ann Intern Med 2008	85% (ELISpot)	97%
Golletti et al PLoS ONE 2008	85% (T-SPOT) 78% (QFT)	97%



Dosanjh et al Ann Intern Med 2008

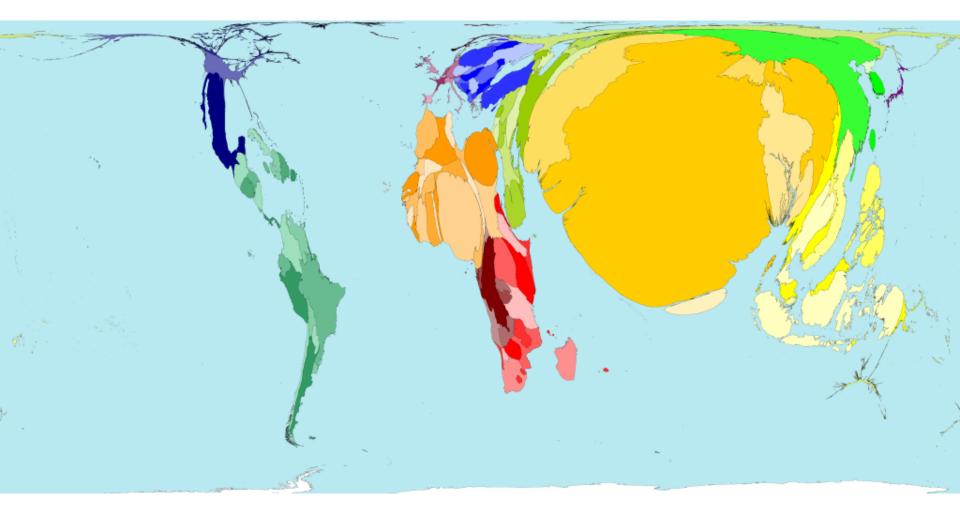
Imperial College Also: Ravn et al Clin Diagn Lab Immunol 05; Ferrara et al Lancet 06; Kang et al Chest 07 London Tuberculosis Research Unit





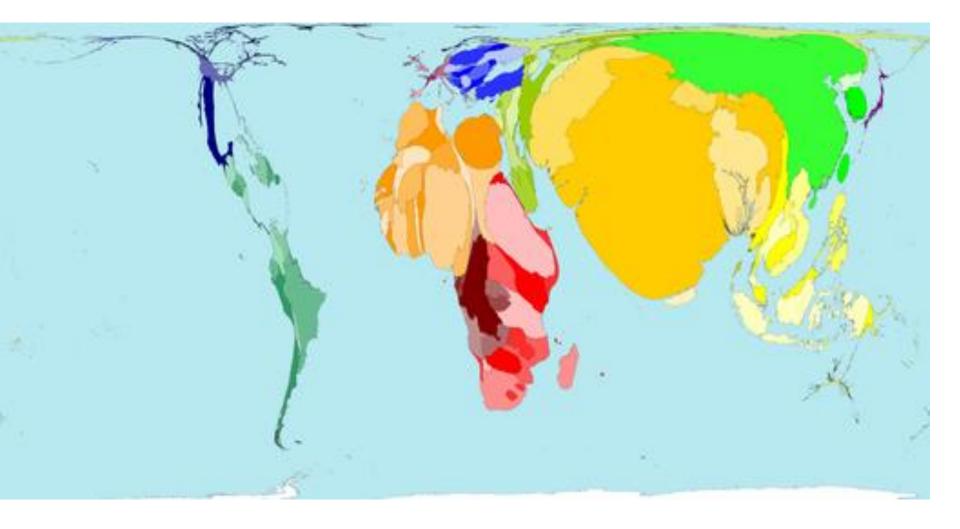


OVERCROWDING



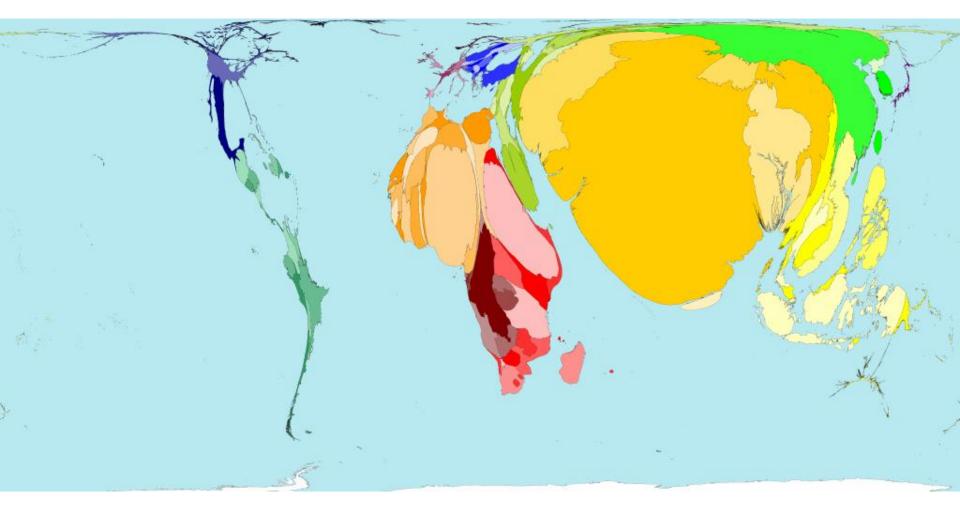


POVERTY



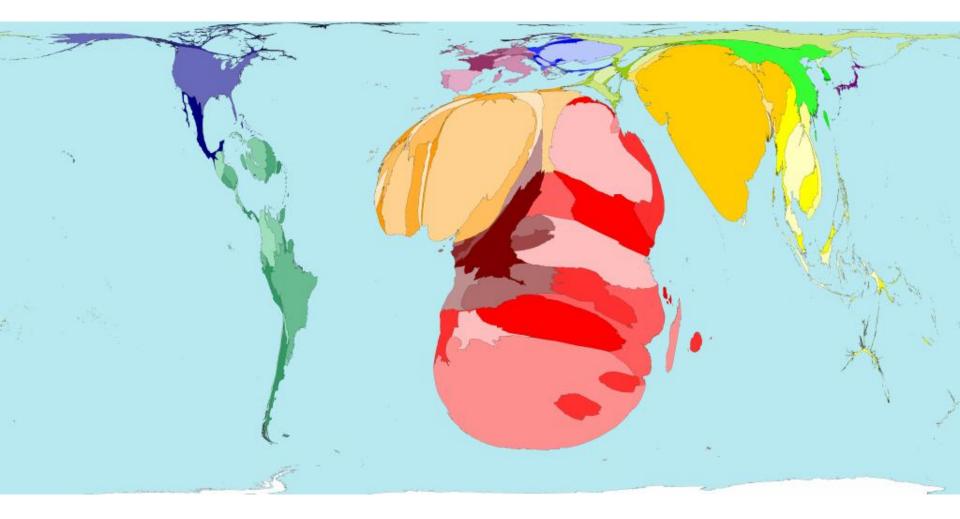


UNDERWEIGHT CHILDREN



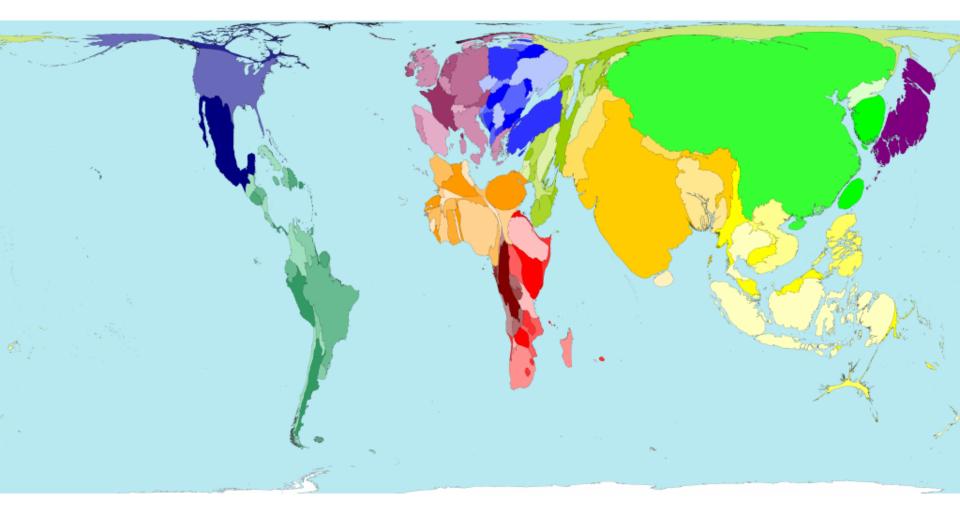








SMOKING





DIABETES

