# MR GUIDED FOCUSSED ULTRASOUND CURRENT STATE AND FUTURE DIRECTIONS

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# WHAT IS FUS

Uses ultrasonic power approximately 5000 to 10,000 times that of diagnostic ultrasound Produces intense local heating at focus which is relatively small No intervention is required Can be guided by MR to target and controlled with online MR thermal map



- Previous talk should have explained nature of technology
- What MR brings to the procedure
- Utility of thermal mapping
- Therefore I will say no more about these areas



St Marys have treated 430 patients mostly fibroids with a few other areas

- We have been working in this field for 8 years
- All work undertaken by appropriate multidisciplinary teams with all involved specialties involved in all aspects of the work



- Our fibroid work will be discussed in detail later on in the conference
- I am going to try to give you glimpses of the potential breadth of this technology and how it could impact many areas of treatment
- This is just a limited personal vision and many more able investigators will develop many other areas



### MR guided Focused Ultrasound Surgery

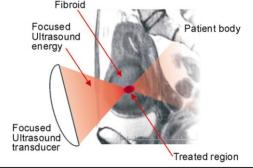
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**MRUS** 

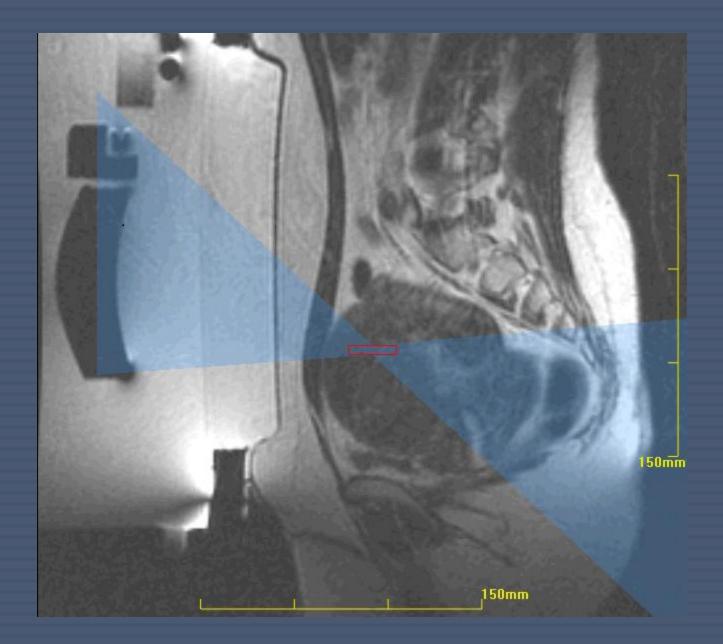
### What is MR guided Focused Ultrasound (MRgFUS)?

### MRgFUS combines two systems:

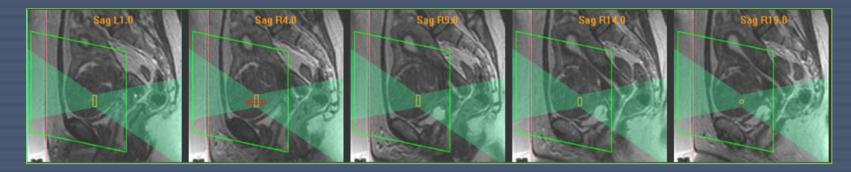
- n Magnetic resonance imaging (MRI) scanner to visualize patient anatomy, map the volume of tissue to be treated, and control the treatment by monitoring the temperature of the tissue after heating
- 2) Focused beam of ultrasound energy that heats and destroys the tissue using high-intensity sound waves



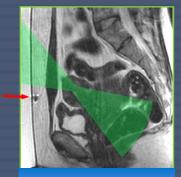
First time the two systems have been combined in one product and the first time MR has been used to monitor tissue temperature.



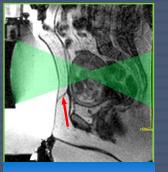
### **3D beam path visualization**



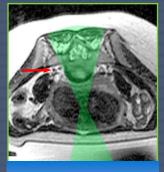
#### **Positioning transducer to avoid complications**



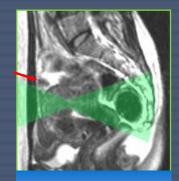
**Surgical Clips** 



Scars

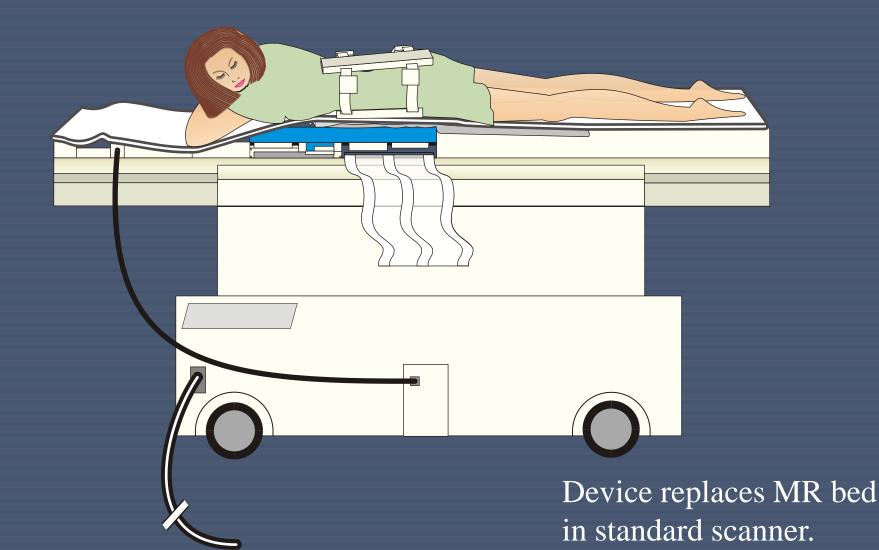


**Sciatic Nerve** 

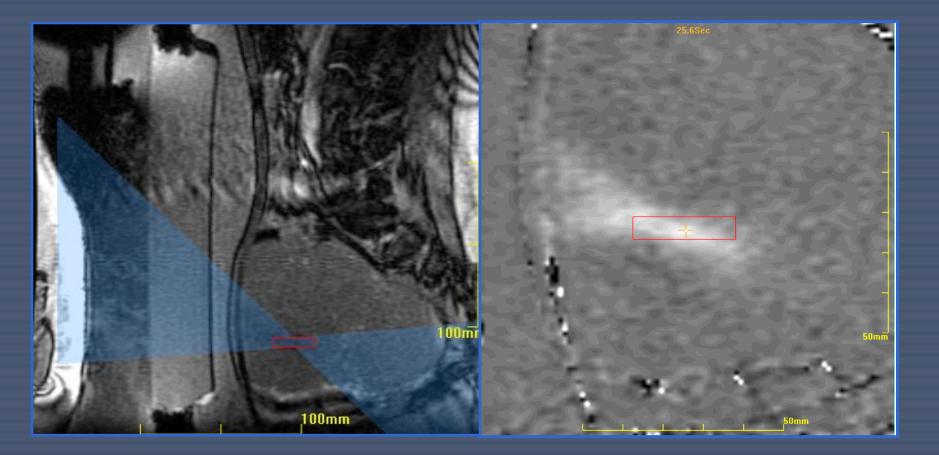


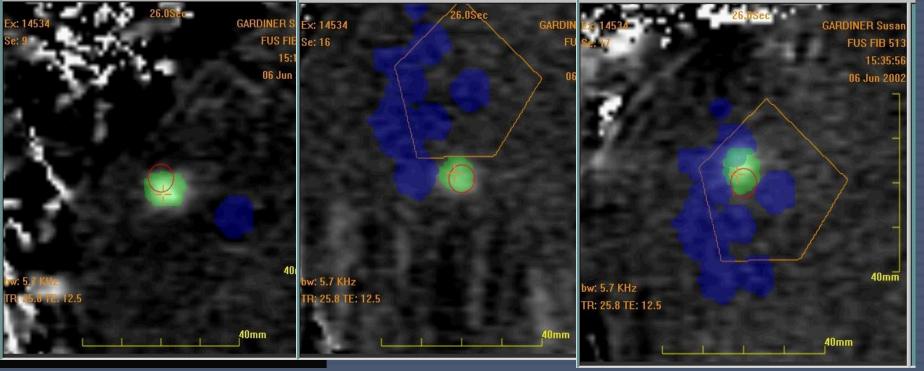
Bowel

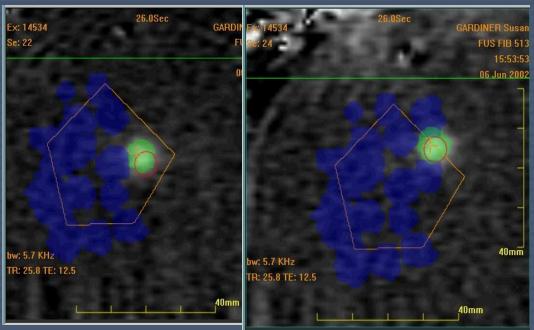
# Patient positioned on ExAblate FUS device.



# Thermal Mapping







Thermal Map Sequence

### **Outcome assessment**

Post-treatment MRI with contrast enhancement to evaluate Non-perfused region

outcomemulated thermal dose

Contrast enhanced MR images showing that individual fibroids have been damaged (not enhanced) leaving the myometrium intact.

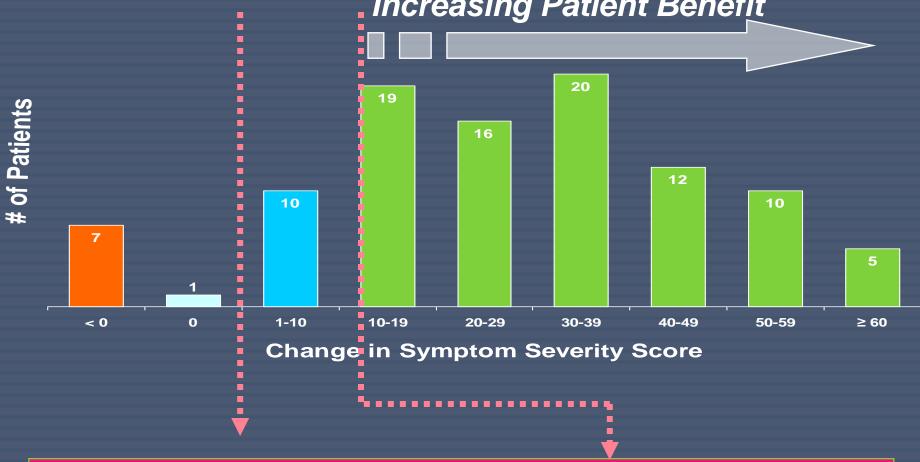




### Study Hypothesis

Focused Ultrasound will result in a <u>10</u> <u>point improvement</u> in Symptom Severity scores at 6 months post-treatment for  $\geq$  50% of <u>symptomatic</u> patients.

### **Frequency Distribution** Symptom Severity Score at 6 Months

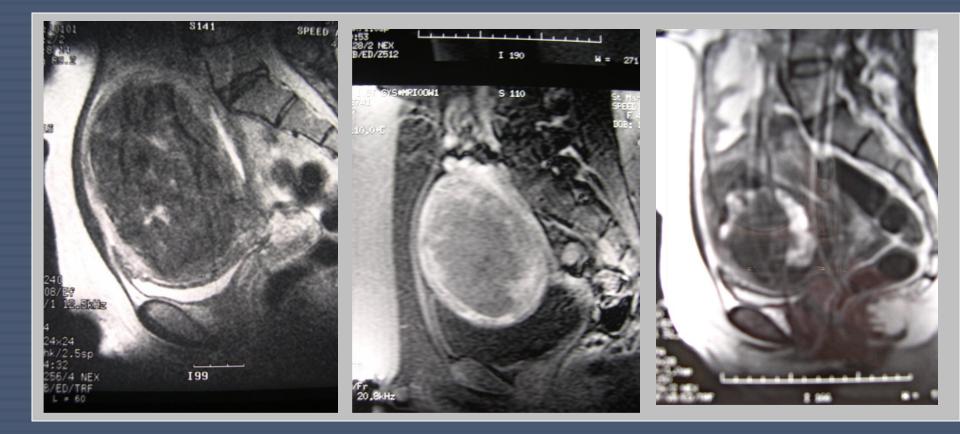


Increasing Patient Benefit

92% SOME improvement.

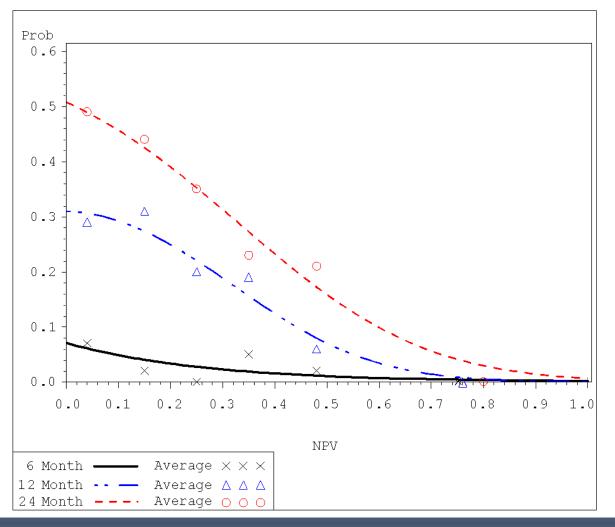
82% SIGNIFICANT improvement

# **Reduction in Fibroid Volume**



### **Alternative Treatments**

#### Probability of Undergoing an Alternative Treatment as a Function of NPV Ratio, over Time



A significant relationship between the NPV ratio and the percentage of patients who went on to alternative treatments at 12 and 24 months Magnetic Resonance Guided Focused Ultrasound (MRgFUS) of Liver Tumours – our early experience

### **Current limitations - access**

Currently cannot get FUS effectively across ribs
 Footprint of present array is large
 Ribs absorb energy and destroy focus
 Lesion below rib line can be easily reached
 Left lobe masses are easiest at the moment
 Anticipated that this problem will be largely overcome within 12-18 months

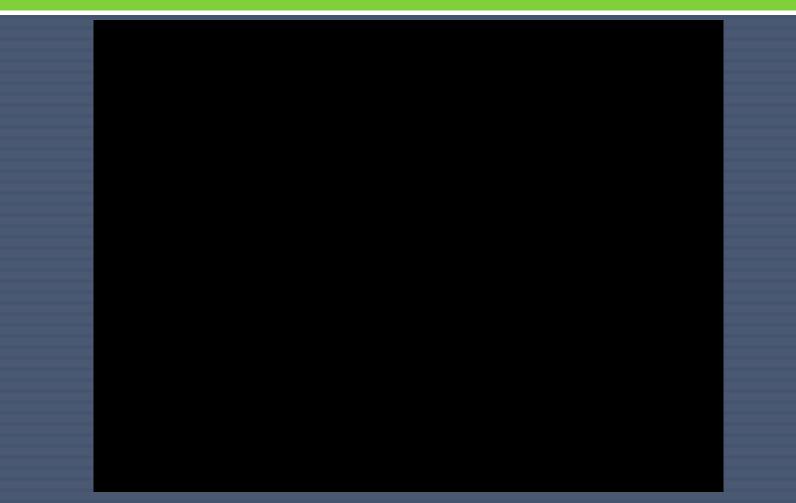
### **Current limitations - respiration**

Respiratory movement raises problems with exact positioning of each sonication

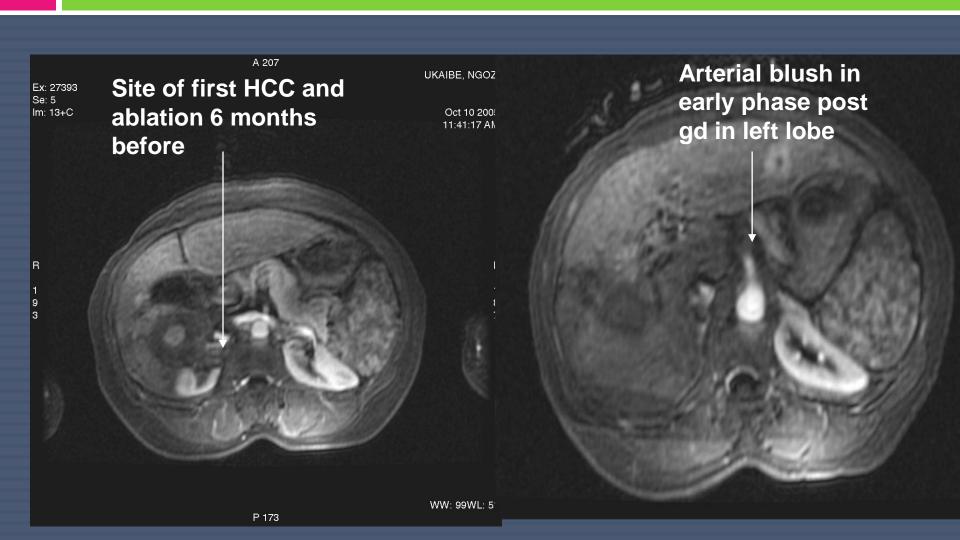
We currently use GA where ventilator and respiratory excursion are controlled by FUS machine (not by anaesthetist) to overcome this problem

This recaptures exact 3D spatial control so that sonication site can be precisely controlled

# Liver MRgFUS animation



## Case 2 – pre treatment imaging



Case 2 – Post treatment subtracted post contrast image

Note area of decreased perfusion post ablation in the target (site of HCC) with margin

# **Treatment Follow-Up**



1 week

T2w FSE

1 month

T2w FSE 2 months

# **MRgFUS:** Spleen

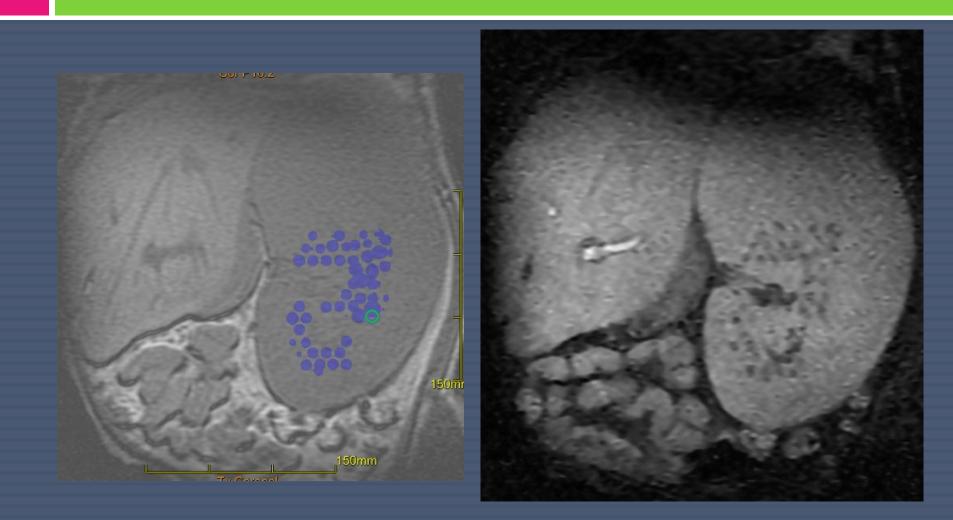
### 70 yr old male

Myelofibrosis v slowly progressive leading to immense splenomegaly plus added hyperslenism Physicians asked if we could carry out some non invasive debulking of spleen in this patient who was not fit for any other procedure 4028155924 Seq: SE Slice: 7.5 mm Pos: 29.3534 TR: 6000 TE: 66.416 AC: 2 - + 1(2) 24 FFS FoV: 400 mm Image no: 13 Image 13 of 24 26/07/2006, 14:03:52 Ρ

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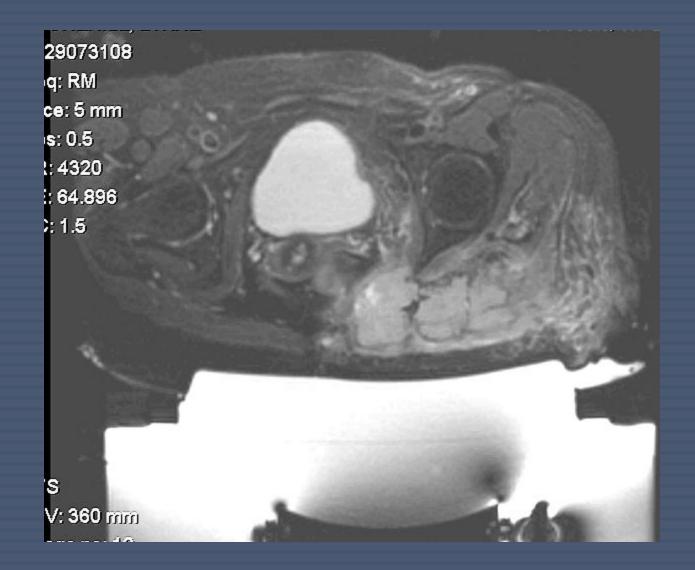
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# 2<sup>nd</sup> treatment results

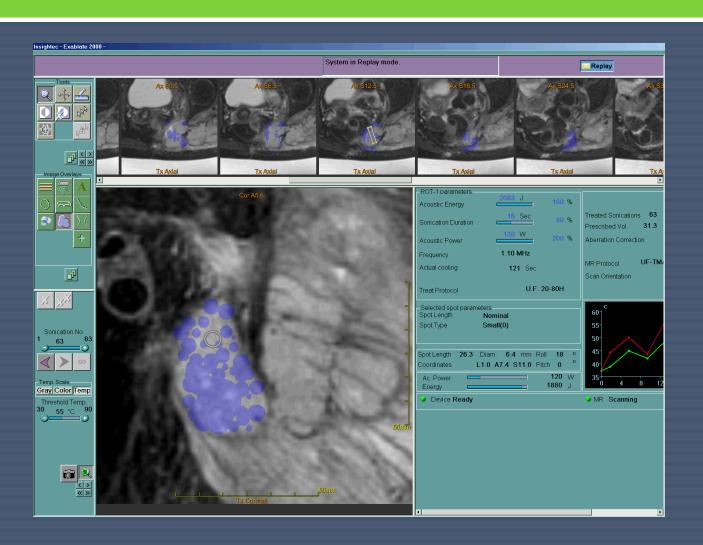


### Soft tissue secondary

72 yr old female
NSC lung Ca pneumonectomy, no chest disease now
Left buttock metastatic deposit
Has had DXT, only temp improvement
Can FUS improve substantial pain
symptomatology



### Soft tissue met: cumulative thermal map



!9073108 p: GR e: 5 mm s: -17.5 225 1.5 : 2

> Subtraction post gd image No perfusion in treated area



MRgFUS for Palliation of Bone Metastasis

### **Bone Mets**

- Intention is to create an effective palliative treatment which is independent of tumour histology
- Requires one outpatient procedure only
   Avoids multiple attendances of DXT and its associated problems

### MRgFUS for Palliation of Bone Metastasis

Treatment principles
 Bone heating is used to ablate the adjacent periosteum
 Palliation achieved by the ablation of the bone periosteum

### Ultrasound absorption in bone vs. tissue

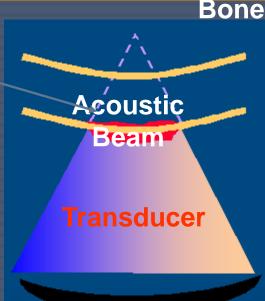
Absorption of FUS energy by bone is ~50 times greater than that of soft tissue.

#### Soft tissue:

- Narrow, point-shaped focus is required
- High energy density at focal point

#### Bone :

- Wide beam approach
- Low energy usage
- Shorter treatment time





duce

Typical Sonication Energy – 1000J

#### **Ablated Tissue**

### ExAblate for pain palliation of bone metastases



# Case review – pain palliation of bone metastases

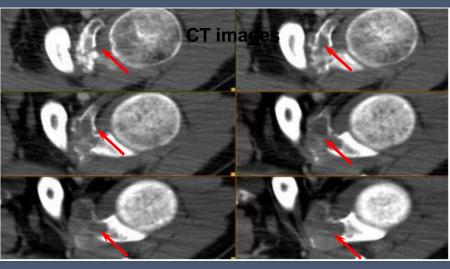
Caution-Investigational Device Limited by United States Law to Investigational Use.

IDE

- 40 year old male patient
- Primary tumor: Renal cell carcinoma
- Targeted lesion in the **left scapula**, close to the humerus
- Total of 11 sonications
- 50 min. procedure duration



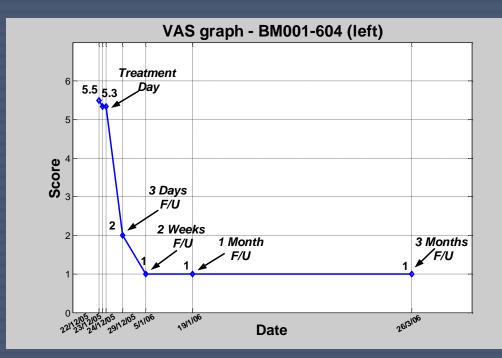
**Clinical results:** Patient VAS pain score dropped from 7 (severe) to 0 (no pain)



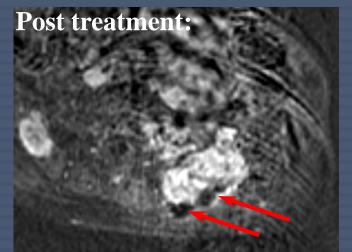
Courtesy of Mt. Sinai Hospital, Toronto

- 44 year old female patient
- Primary Tumor: Breast Ca
- Left iliac bone metastasis
- Procedure performed 26<sup>th</sup> Dec 05





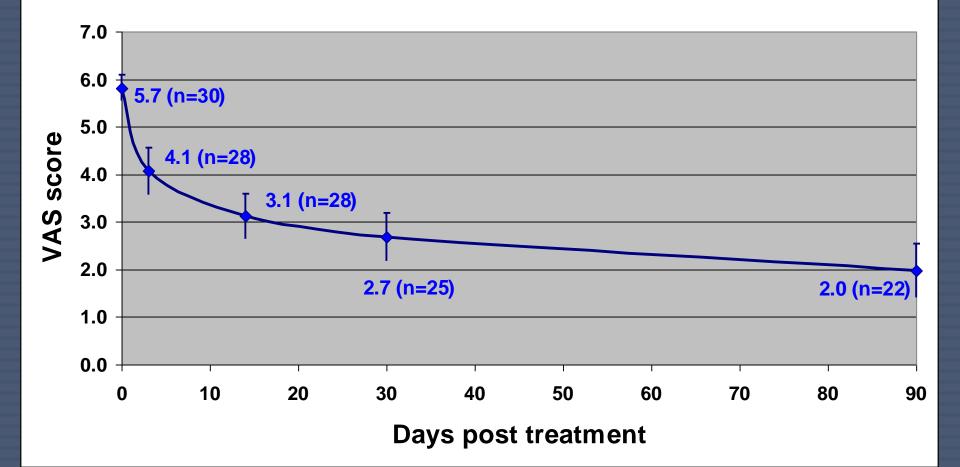




#### Post contrast subtracted T1 axial

# MRgFUS for Palliation of Bone Metastasis Clinical results

#### Average VAS score



## **MRg FUS of Breast Cancer**

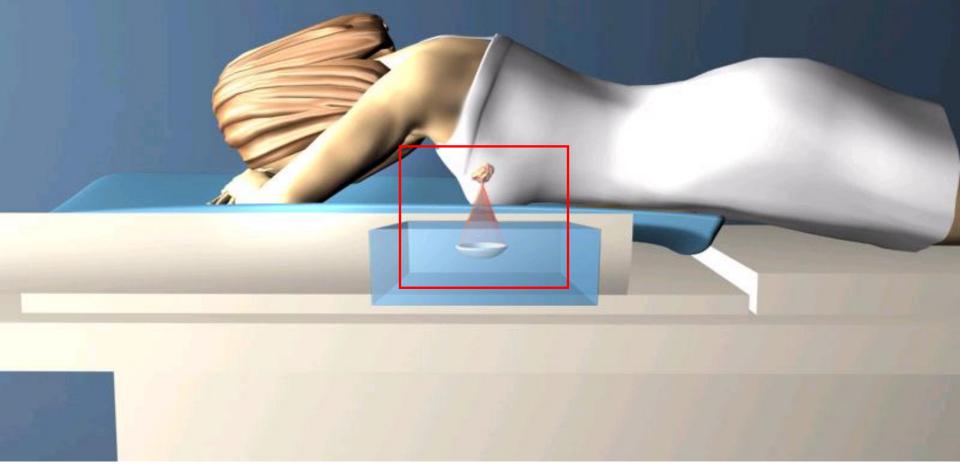
Studies carried out at Breastopia Namba Hospital Japan

I will present some of their results which are leading the way for this application

# Breast MRgFUS procedure



### **Treatment of Breast Tumors by MRgFUS**



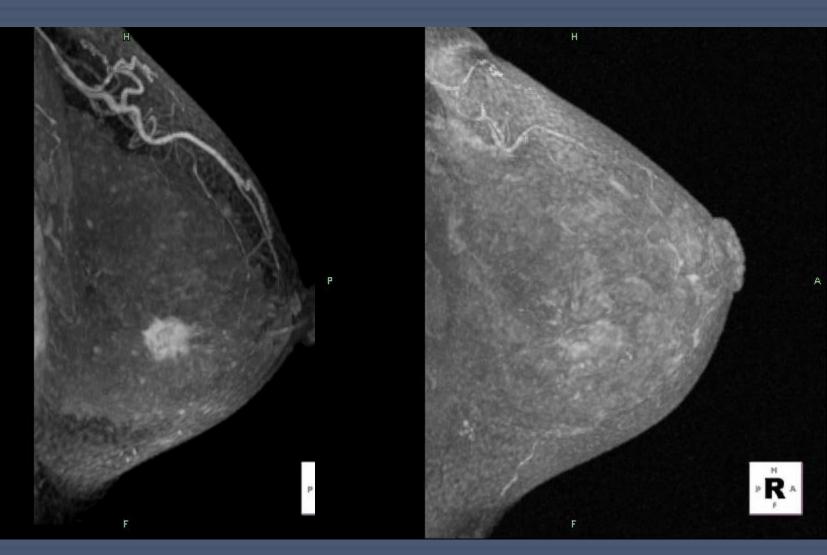
**Focused Ultrasound: Non-invasive Thermal Ablation** 

**MR:** Ability to Plan and Control Treatment

BREASTOPIA

+

### **Confirmation of Treatment by MRI**

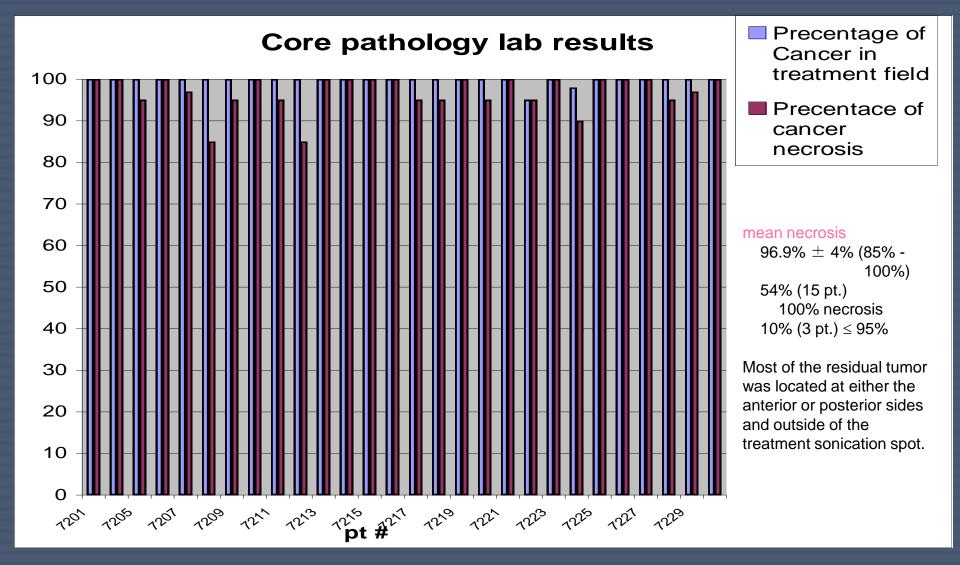


#### **Pre-FUS**

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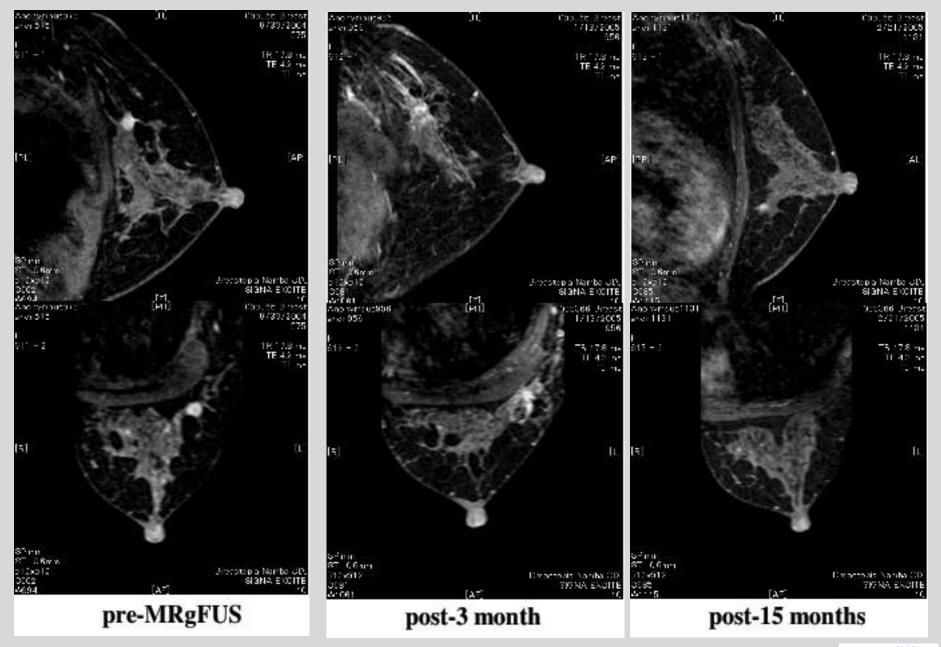
#### **Immediate post-FUS**

### **Results : Efficacy BC003**





#### A Case of MRgFUS alone



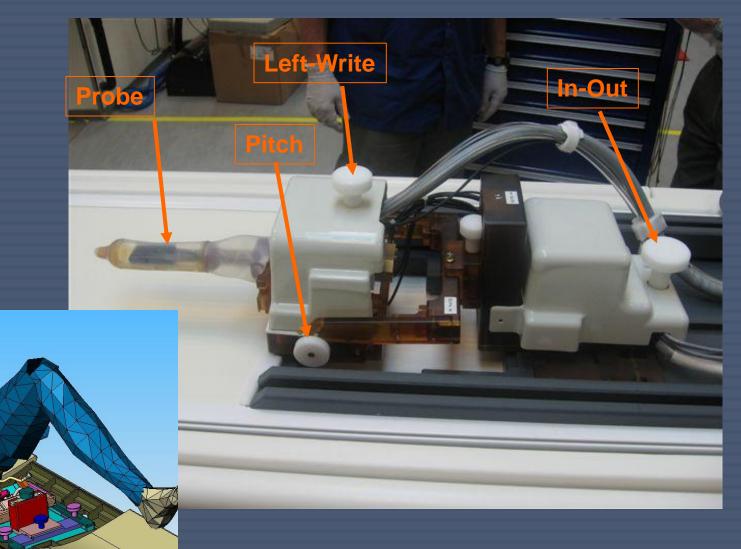
### MRgFUS for Prostate Cancer

### **MRgFUS For Prostate Cancer** Principles of Prostate System and Treatment

- Treatment done using a rectal probe containing a phased array transducer. The probe is integrated with the ExAblate 2000 Operator Console and GE MR (1.5T or 3T)
- 2. Procedure is planned to be done using epidural sedation.
- 3. Planned to do either
  - (a) "localized ablation"
  - (b) whole gland ablation
- 4. Accurate spots, prevent damage to nearby essential organs
- 5. MR closed loop thermal feedback and system design are expected to lead to high safety profile.
- 6. Combined pelvic and the integrated endorectal imaging coil for high resolution target definition

#### MRgFUS For Prostate Cancer

Positioner



•Company Confidential

### MRgFUS For Prostate Cancer Simulation

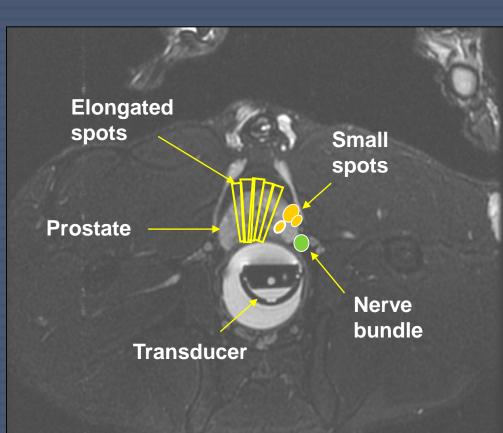


•Company Confidential

### MRgFUS For Prostate Cancer

Functional overview

- Steerable beam for focal spot size control (2 x 7mm to 10 x 30mm) for fast treatment and to prevent complications related to nerve bundle
- Combined pelvic and endorectal imaging coil for high resolution target definition

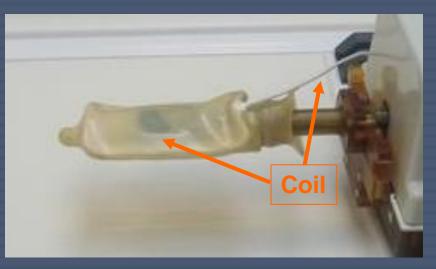


Steerable beam and spot size control

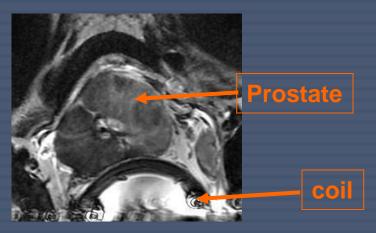
•Company Confidential<sup>urtesy of Sheba Hospital, Tel-Aviv, Israel</sup>

### MRgFUS For Prostate Cancer EndoRectal Imaging Coil

#### • Endorectal phased array coil:



#### • Imaging result (T2):

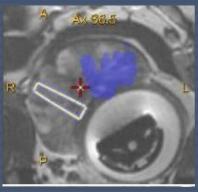


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### MRgFUS For Prostate Cancer Animal studies status

- 23 experiments were conducted so far in the US and Israel
- The studies was done on a canine model, since its prostate anatomy is similar to the human prostate
- Largest percent of ablated prostate achieved: ~60%
- Largest ablated volume achieved: ~40cc

WS expected dose:



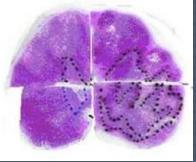
Non-perfused volume, T1w+contrast imaging:



TTC stained tissue:



Pathology results:



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LOCAL DRUG ACTIVATION OF THERAPEUTIC NANOPARTICLES USING MR GUIDED FOCUSED ULTRASOUND

### THE PROBLEM

 In vivo Drug toxicity limits many therapies curtailing their effectivness
 Therapeutic window in many cases is very narrow and varies between patients
 Chemotherapy is an easy example but this problem applies to many other therapeutic areas

### THE SOLUTION

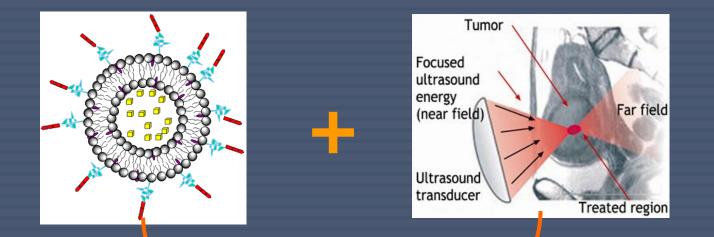
Local delivery of drugs would avoid systemic toxicity whilst providing high local therapeutic levels

How to produce a safe and feasible system that allows easy drug administration and is only activated at the desired site of action and is not associated with intervention or other unpleasant methods of activation

# THE SOLUTION: 3 EXISTING TECHNOLOGIES COMBINED(MR, FUS AND NANOPARTICLES)

- Many drugs can be coated with inert carrier compounds so that they are not toxic when given systemically
- These carriers can be engineered to be heat sensitive so that they release their contents at a specific temperature
- Highly controlled Local temperature elevation can be produced by using MR guided focussed ultrasound

### **Potential clinical applications**



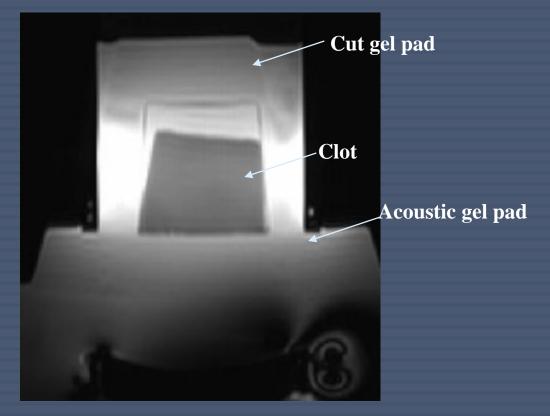
Focused U-S bursts nano-particles at target site Drug contents released locally Tissue access enhanced by heat effect

> Cancer tumours \* Thrombus \* Arthritis Focal infections Atherosclerosis

\* current project

### **Bulk Clot**

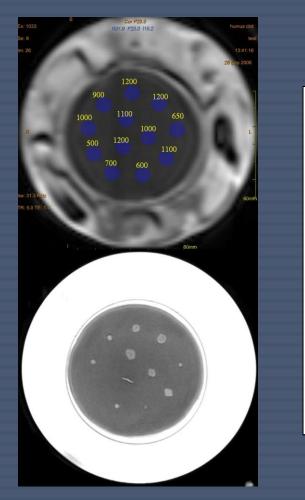
# The clot was made of ~400cc porcine blood that coagulate in a plastic cup, with and without thrombin



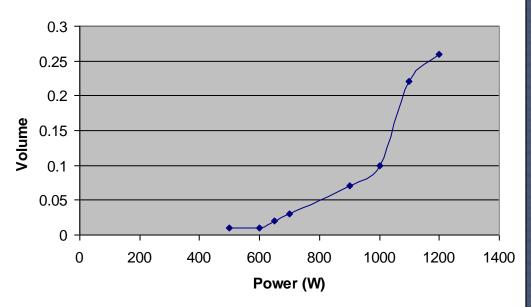
\*Courtesy of Dr Harnof Sheba medical center

### Bulk Clot – cont'

#### Different Power – Different Size



Volume of sonications Vs. Power



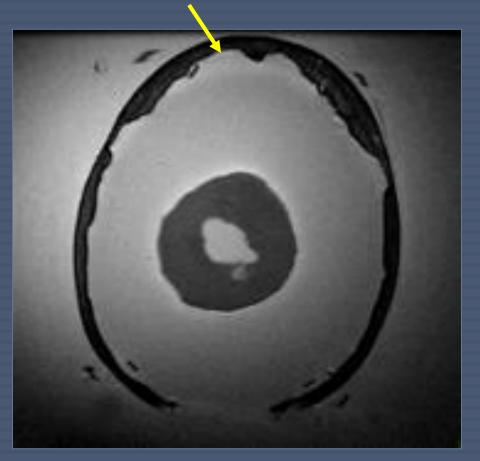
\*Courtesy of Dr Harnof Sheba medical center

# Clot Lysis



# Trans Skull Clot lysis (1/2)

Skull





Transducer



\*Courtesy of Dr Harnof Sheba medical center

### MR guided FUS Huge Potential.

- Already very successful for uterine fibroids changing the way these tumours are treated
   Similar changes will happen in other areas of treatment as invasive procedures are converted into closed non invasive ones
- Acceptance in malignant conditions will take much longer plus controversy++

