

# Role of CT Imaging for Cardiac Disease and Applications of Multi-detector CT

4 Jan 2012

Dr Ed Nicol MD MBA MRCP RAF  
Consultant Cardiologist  
Honorary Senior Clinical Lecturer

Imperial College  
London

Royal Brompton & Harefield

NHS Trust

NHS

# Scope

- Cardiac Imaging – Challenges
- Coronary Artery Calcium Scoring
- Coronary CT Angiography
- Stents and Grafts
- LV and RV Function
- Valve Assessment
- Extended Protocols
- Summary

# Cardiac imaging - Challenges

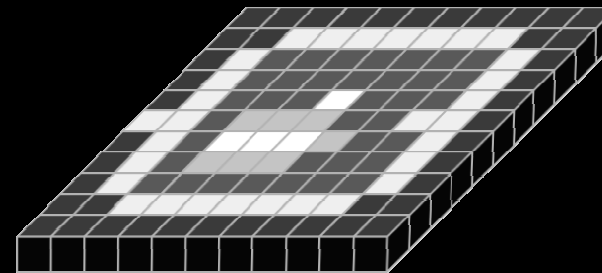
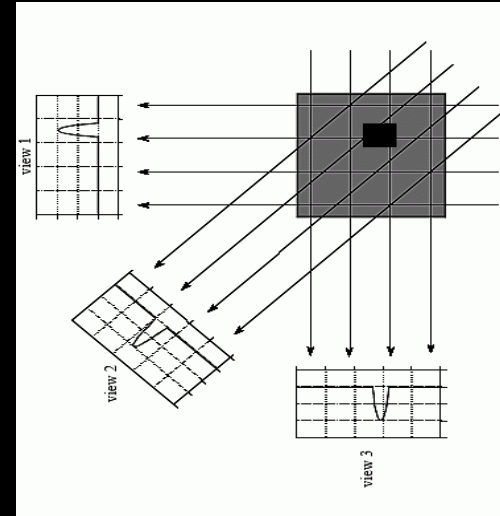
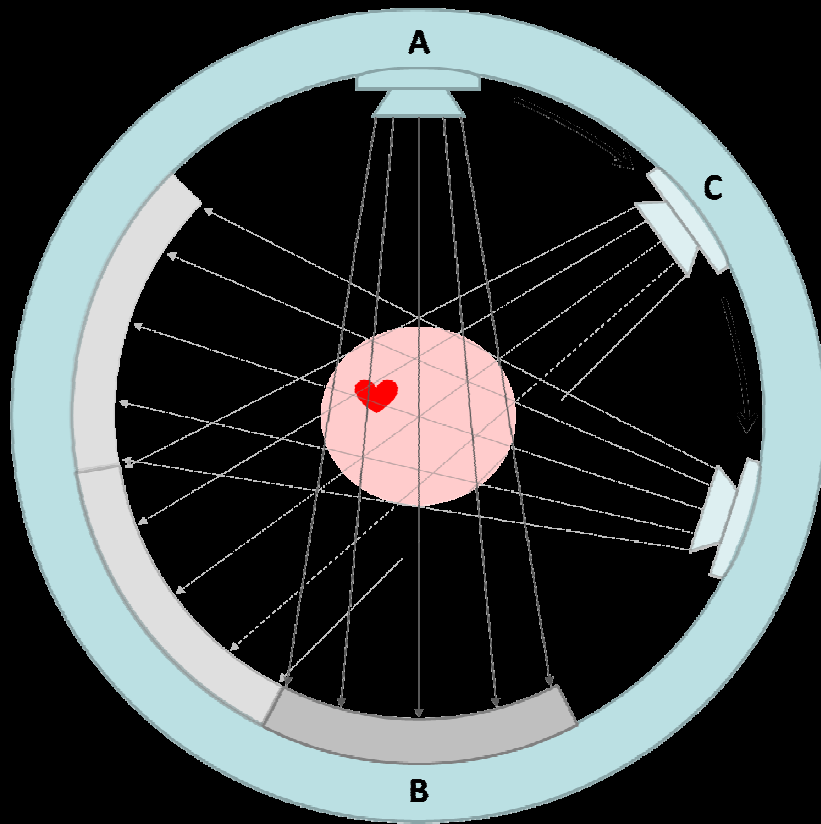
- Complex 3-D structures
- Complex motion
- Small structures must be resolved (0.5 – 4mm)
- Significant inter-patient variation in anatomy



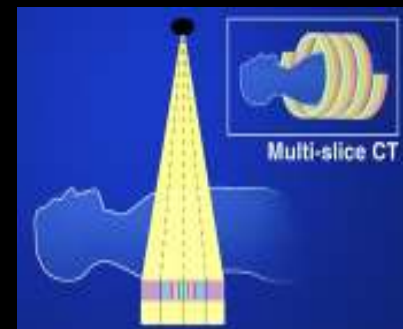
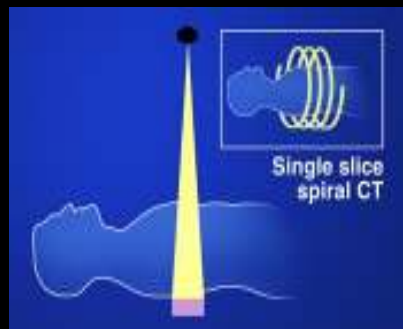
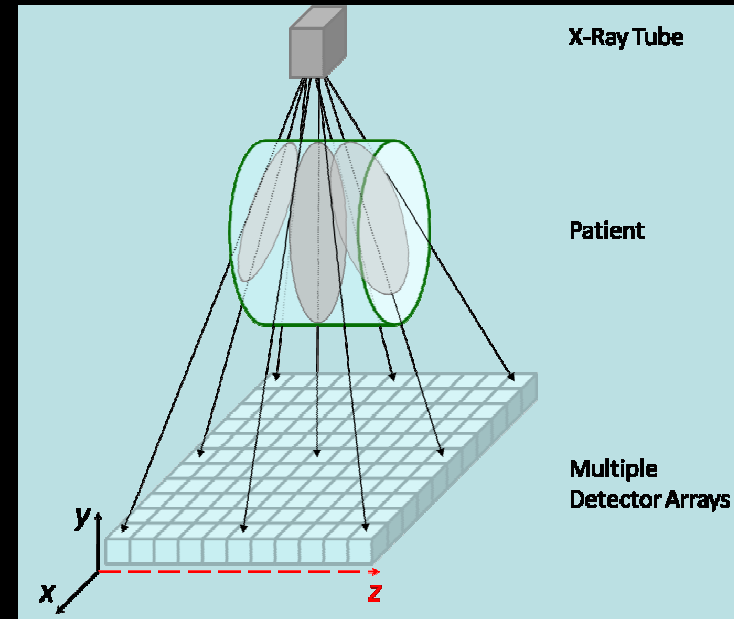
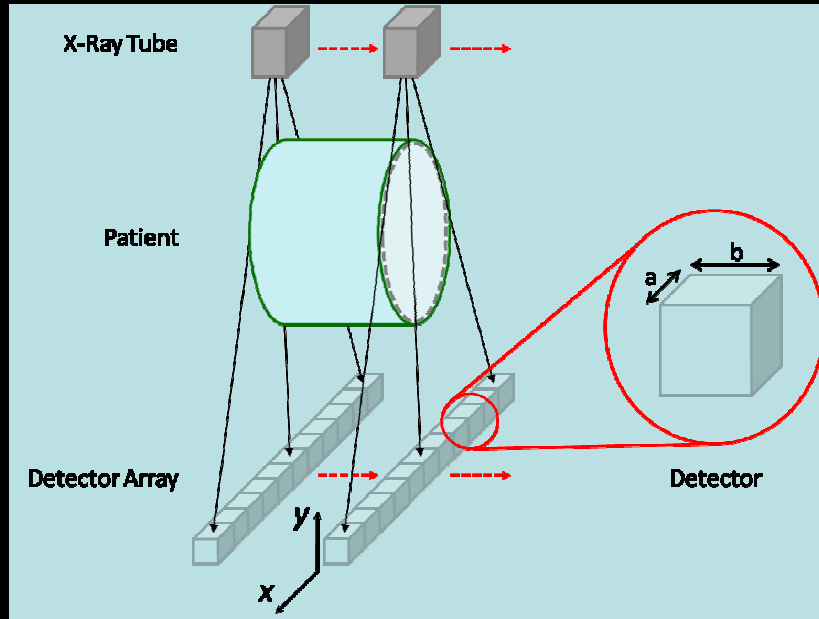
# Options

- Appropriate test is determined by clinical question
  - Do we want to assess
    - Anatomy?
    - Function?
    - Viability?
- Appropriate tests might include:
  - Echocardiography
  - Cardiac MRI (CMR)
  - Myocardial Perfusion Scintigraphy
  - Cardiac Multi-detector Computed tomography (MDCT)
  - Invasive coronary angiography

# What is computed tomography?



# Single vs. Multi-detector CT



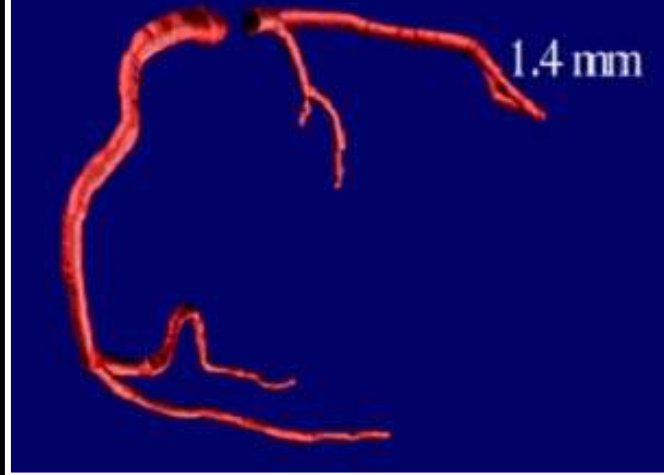
# Cardiac CT Revolution

- EBCT – temporal resolution 100ms  
- Spatial resolution  $(1.0\text{mm})^{3*}$
- 4 MDCT (1998) - 250ms,  $(1.0\text{mm})^3$
- 16 MDCT (2002)- 250ms,  $(0.7\text{mm})^3$
- 64 -320 MDCT (2004-7) – 125-165ms,  
 $(0.4\text{mm})^3$
- 64 DSCT (2007)- 83ms,  $(0.4\text{mm})^3$
- 64 Dual Energy DSCT

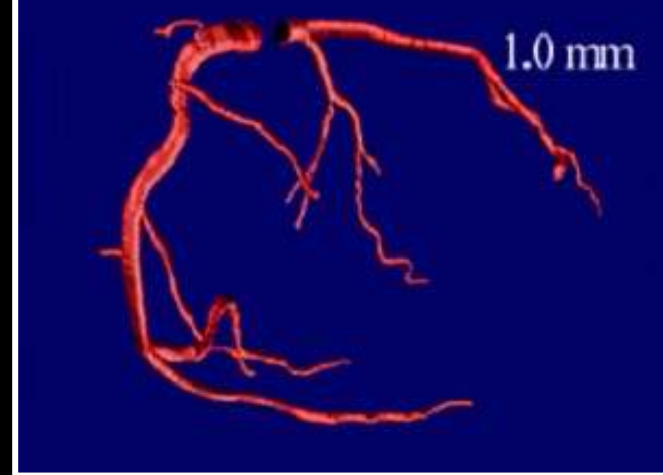
\* No ability to retrospectively ECG-gate study

# Spatial resolution

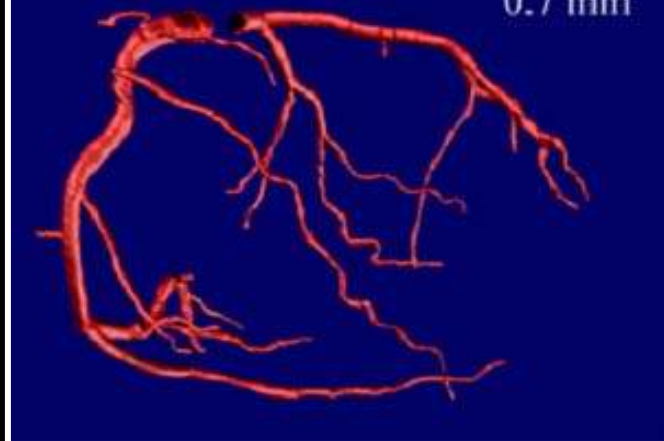
2-slice MDCT



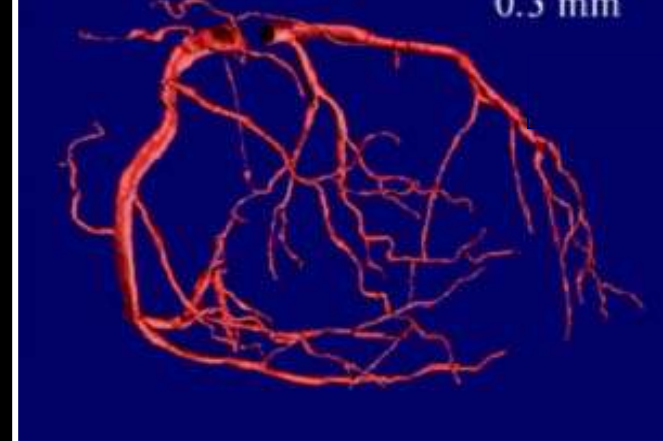
4-slice MDCT



16-slice MDCT

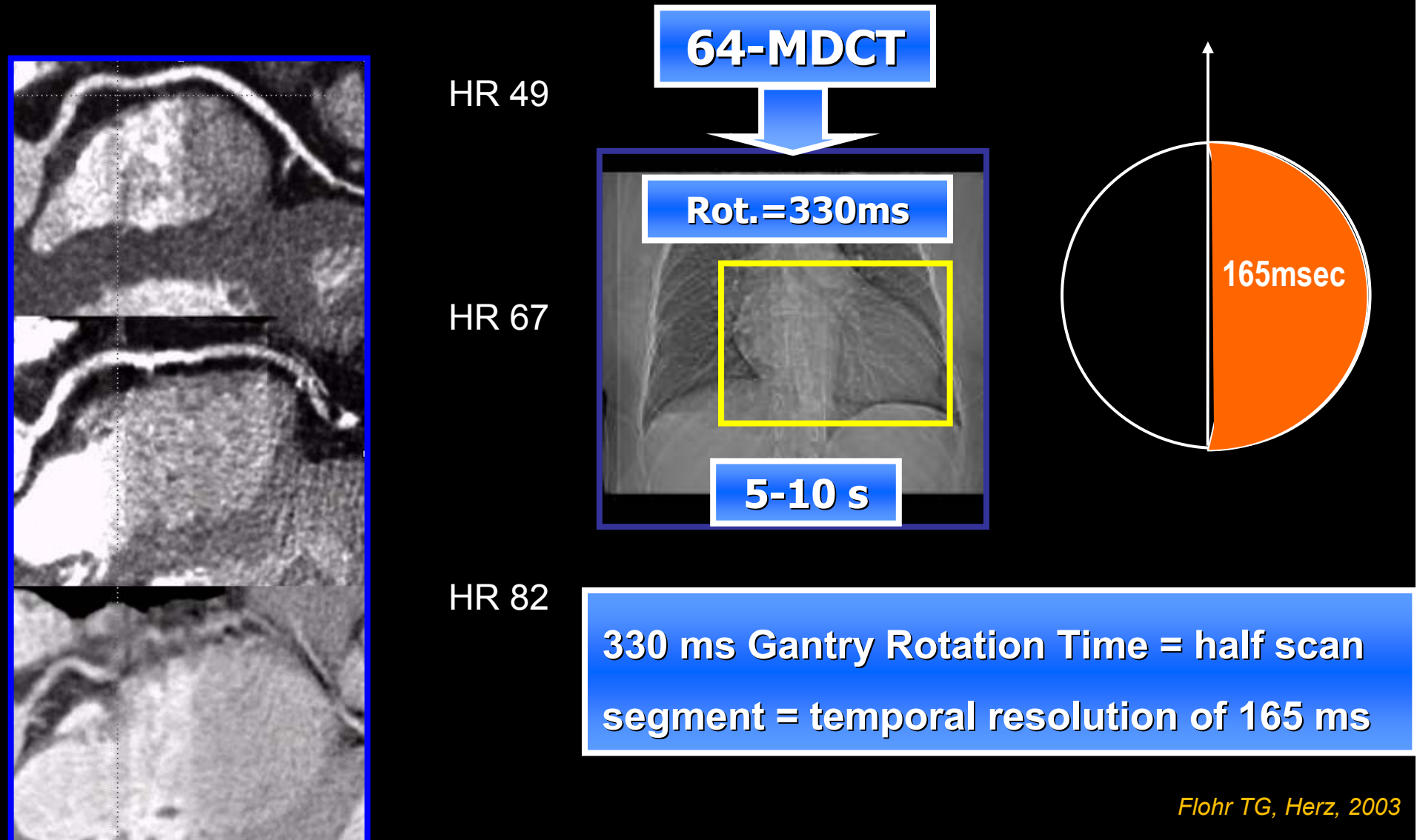


64-slice MDCT

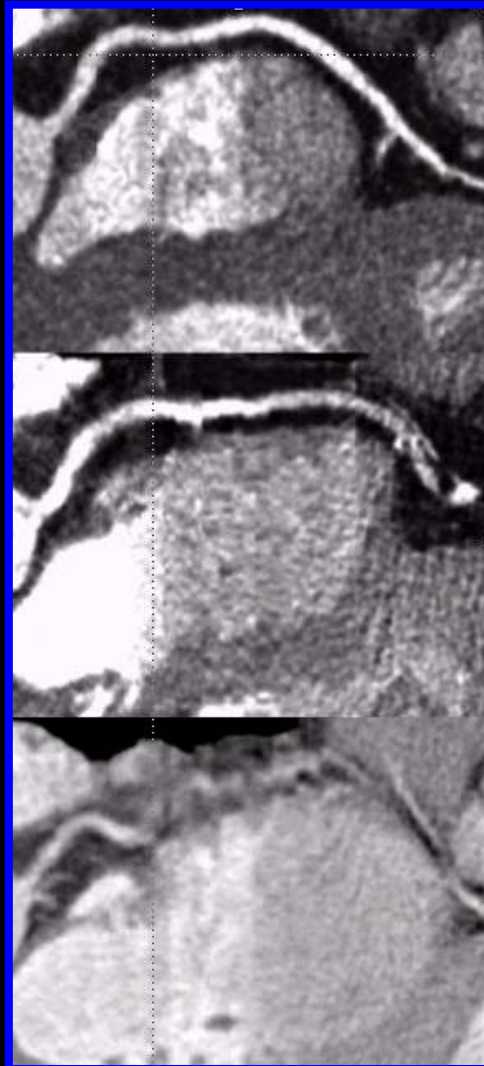




# Temporal Resolution and its relationship to heart rate (64-MDCT)



# Temporal Resolution and its relationship to heart rate (64-DSCT)



HR 100+

64-DSCT

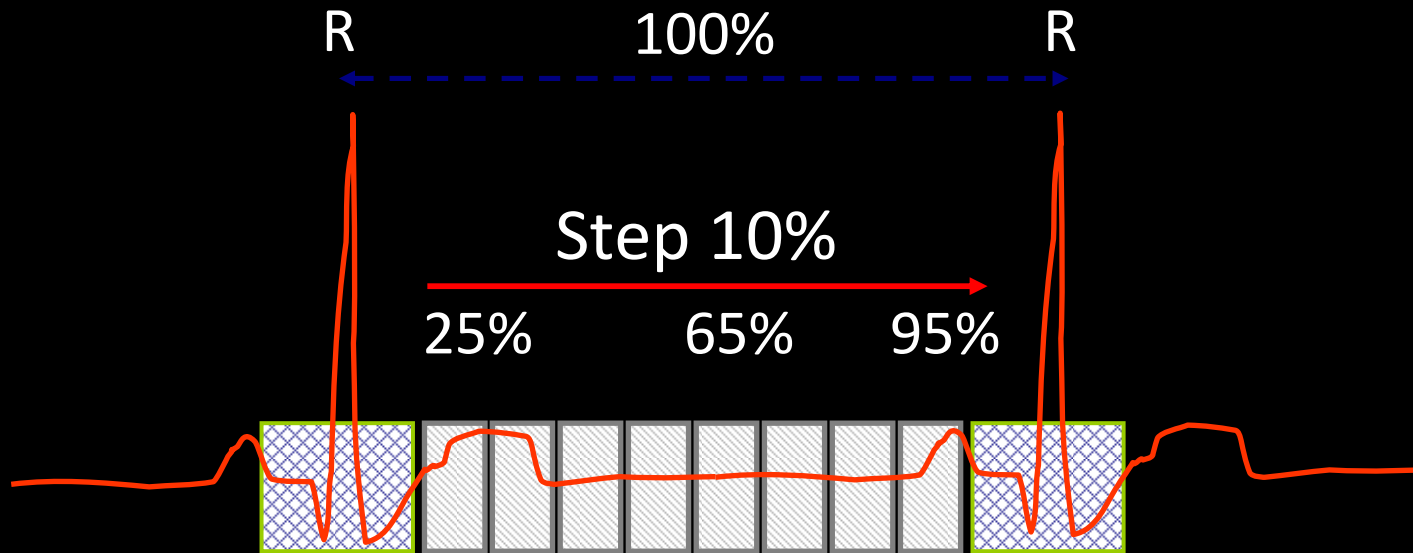
Rot.=330ms

5-10 s

83msec

330 ms Gantry Rotation Time = 1/4 scan segment = temporal resolution of 83 ms

# ECG Gating I

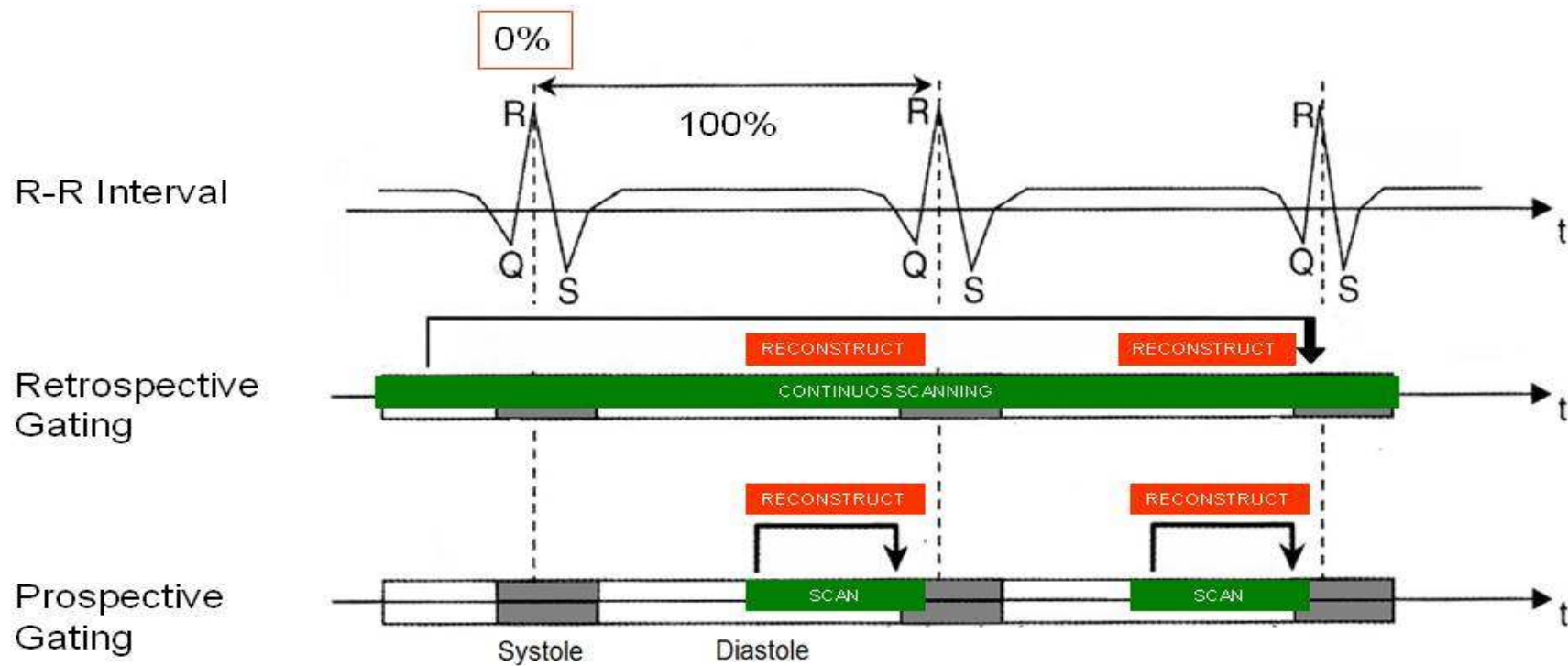


~ Systole

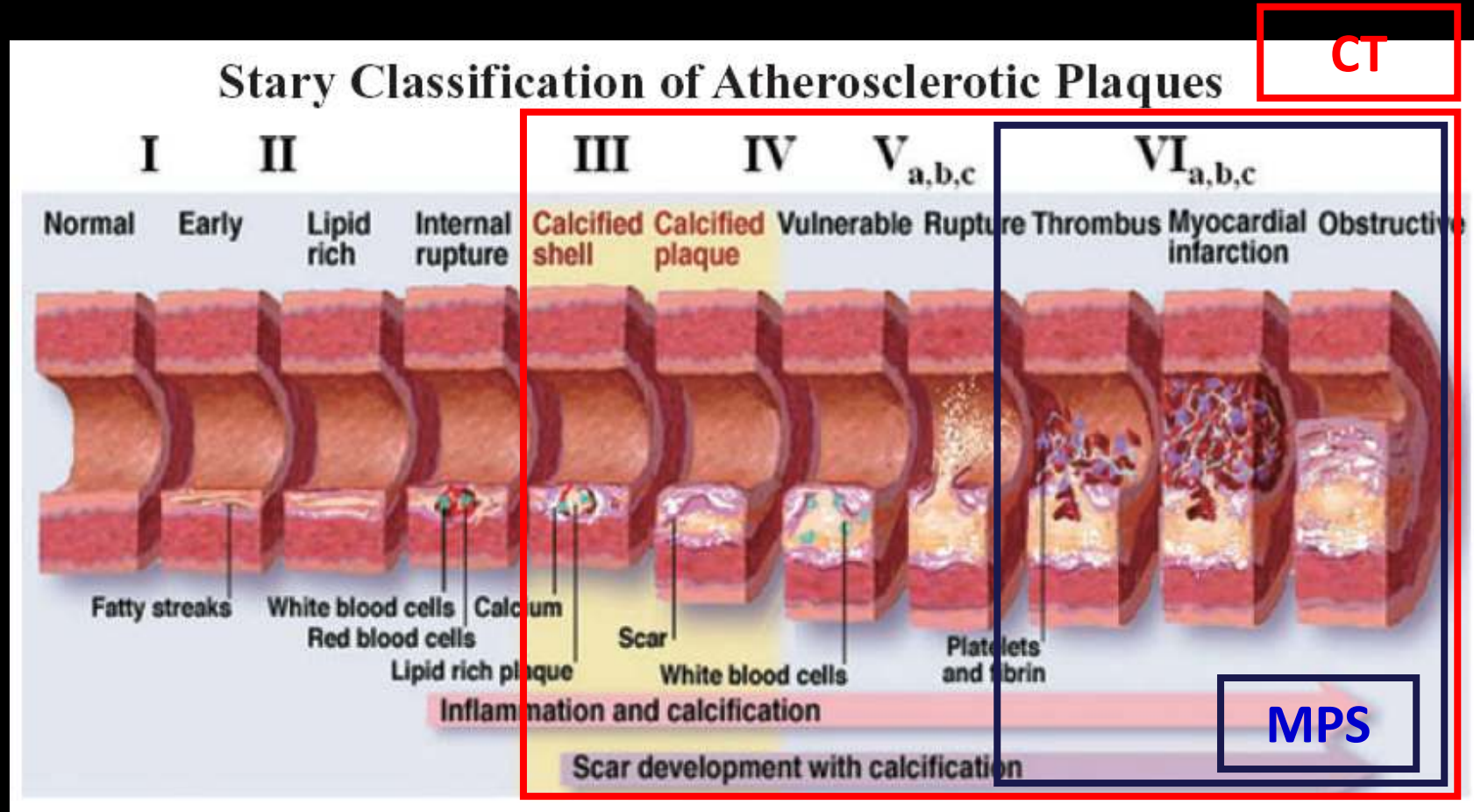


~ End-Diastole

# ECG Gating II



# Spectrum of Coronary Artery Disease

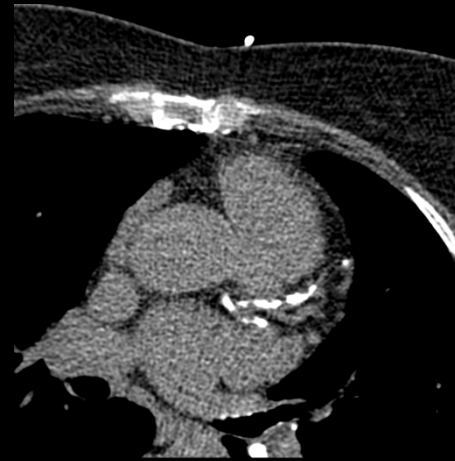


# MDCT coronary angiography

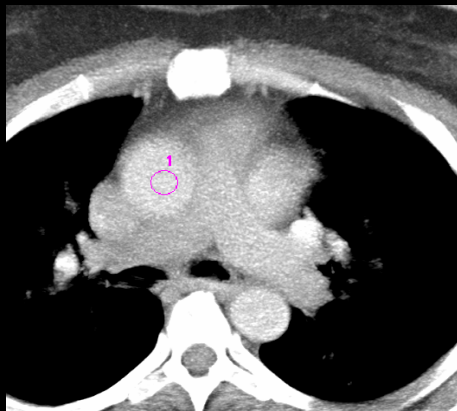
1. Scout



2. Coronary calcium scan

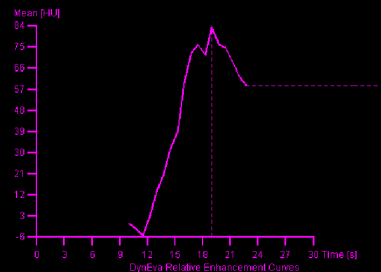


3. Test bolus/tracking



MESSEI/HAKEMA  
07/07/276  
01/01/1963  
02/04/2007  
11/11/01/14

ROI	Peak [HU]	Time to Peak [s]	Sample [HU] at 19.0 s
1	83.4	19.0	83.4



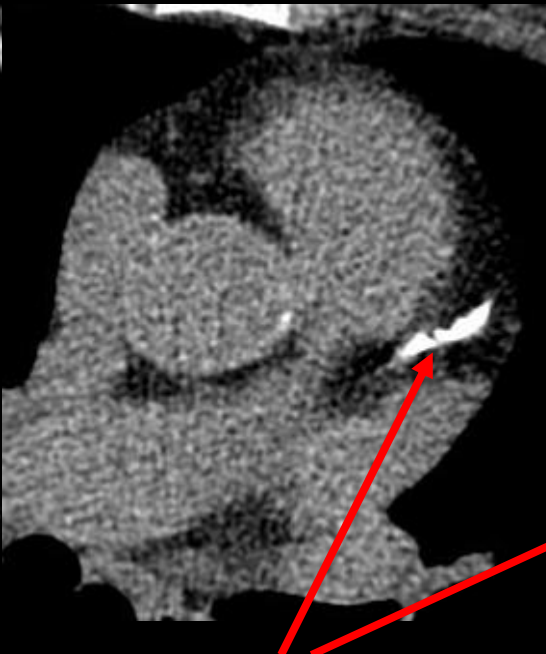
4. Main CT coronary angiogram



# Coronary Artery Calcium Scoring



Left Coronary  
Artery Main Stem



Proximal Left Anterior  
Descending Artery



Mid Left Anterior  
Descending Artery

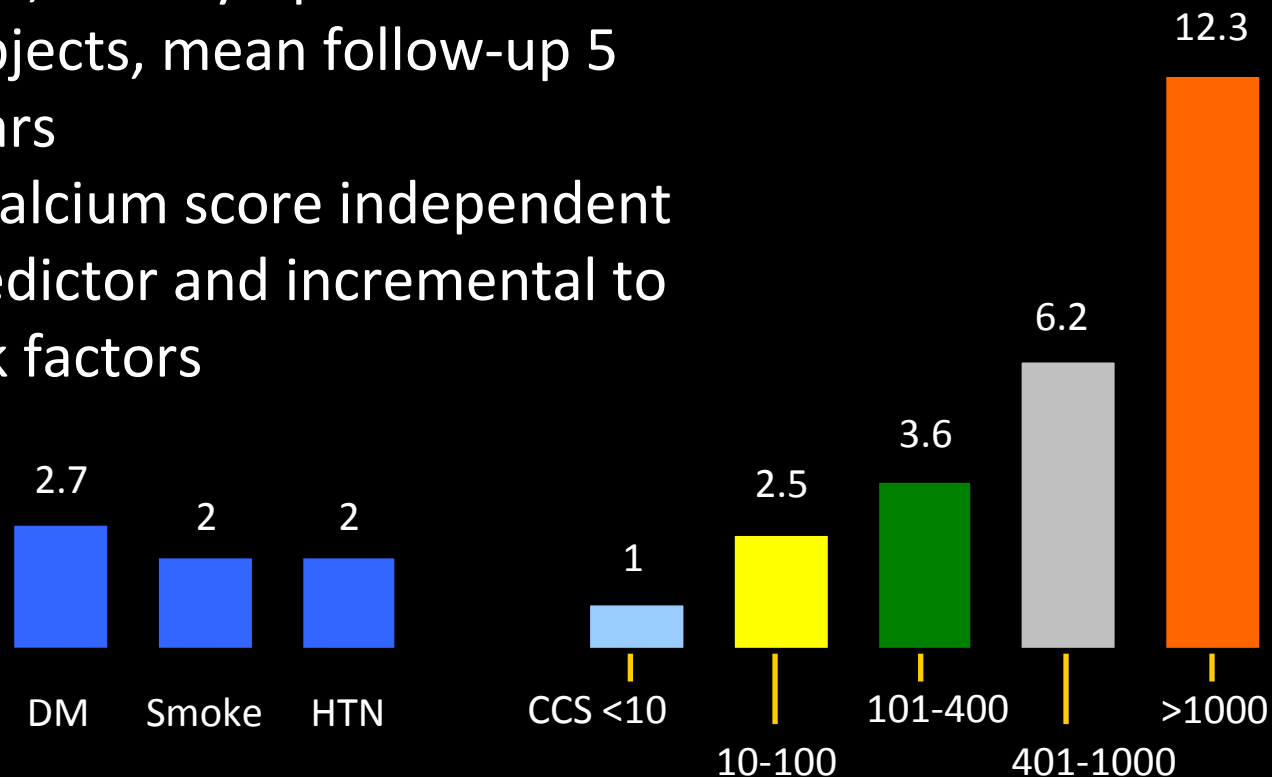
# Coronary Calcium and Likelihood of Significant Stenosis

Total Score	Diagnosis	Clinical Interpretation
0	No identifiable atherosclerotic plaque. Very low cardio-vascular disease risk.	A 'negative' examination. Greater than 97% chance for absence of coronary artery disease.
1-10	Minimal plaque burden.	'Significant' coronary artery disease very unlikely.
11-100	Mild plaque burden.	Likely mild or minimal coronary stenosis.
101-400	Moderate plaque burden.	Moderate non-obstructive coronary artery disease highly likely.
<b>Over 400</b>	<b>Extensive plaque burden.</b>	<b>High likelihood of at least one 'significant' coronary stenosis.</b>

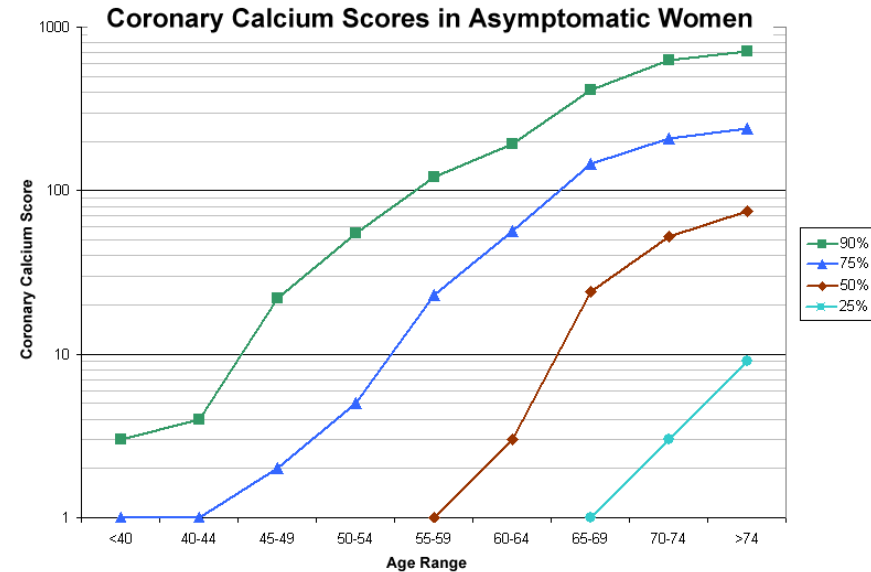
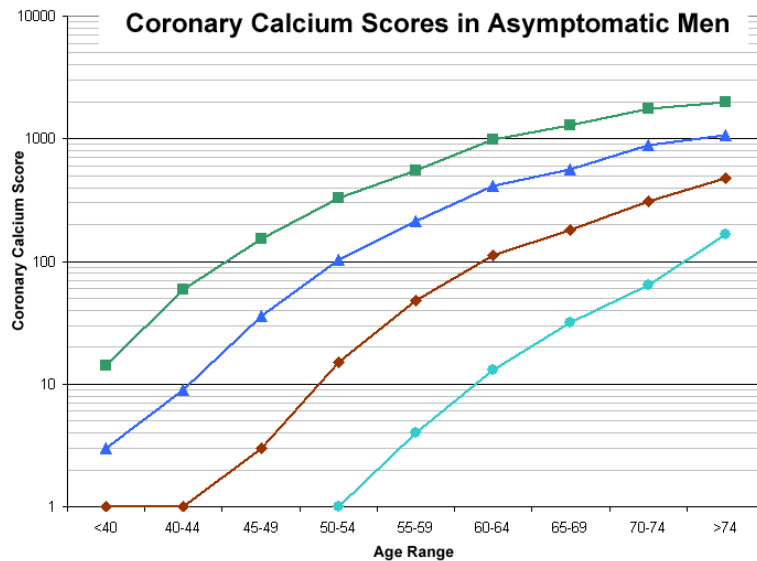


# Coronary Calcium Scoring

- 10,377 asymptomatic subjects, mean follow-up 5 years
- Calcium score independent predictor and incremental to risk factors



# Age, Gender & Coronary Calcium



# Limitations of Coronary Calcium Scoring

- Measure of global atheroma burden
  - Cannot predict the location of discrete stenoses, only the likelihood of having at least one somewhere
- Although calcium predicts risk in populations, it does not necessarily indicate individual vulnerability
- The majority of data concerning coronary calcium scoring has come from predominantly male, asymptomatic populations

# Diabetes and Coronary Calcium

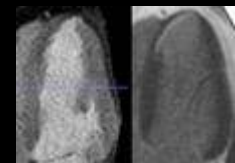
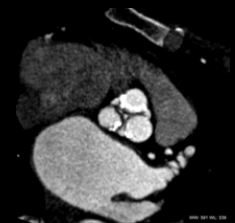
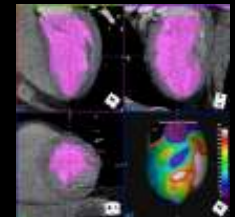
- 589 patients with T2DM and no CHD
- Median follow up 4 years
- Primary outcomes: cardiovascular events

	P° Event Rate	Hazard Ratio	Adj Hazard Ratio
CAC 0-10	4	1	1
CAC 11-100	21	5.4	4
CAC 101-400	40	10.5	7.1
CAC 401-1000	45	11.9	8.4
CAC 1001-10000	75	19.8	13.8

# Renal Failure and Coronary Calcium

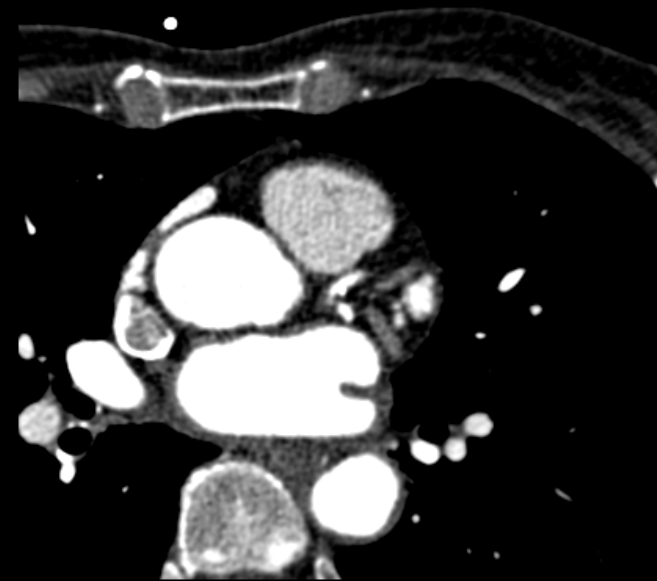
- **Nakamura S *et al.* Clin J Am Soc Nephrol 2009**
  - Intimal CAC present in both nonrenal and renal patients and linked to renal function and traditional risks
  - Medial calcification occurred only in CKD patients
- **Bellasi A *et al.* J Nephrol 2009**
  - Absent or low CAC at baseline is associated with minimal progression at 30 months in pts new to haemodialysis
  - Progression associated with poorer control of mineral metabolism
- **Adirekkiat S *et al.* Nephrol Dial Transplant 2010**
  - Sodium thiosulphate inhibits progression of CAC in pts on haemodialysis

# The MDCT Angiography dataset



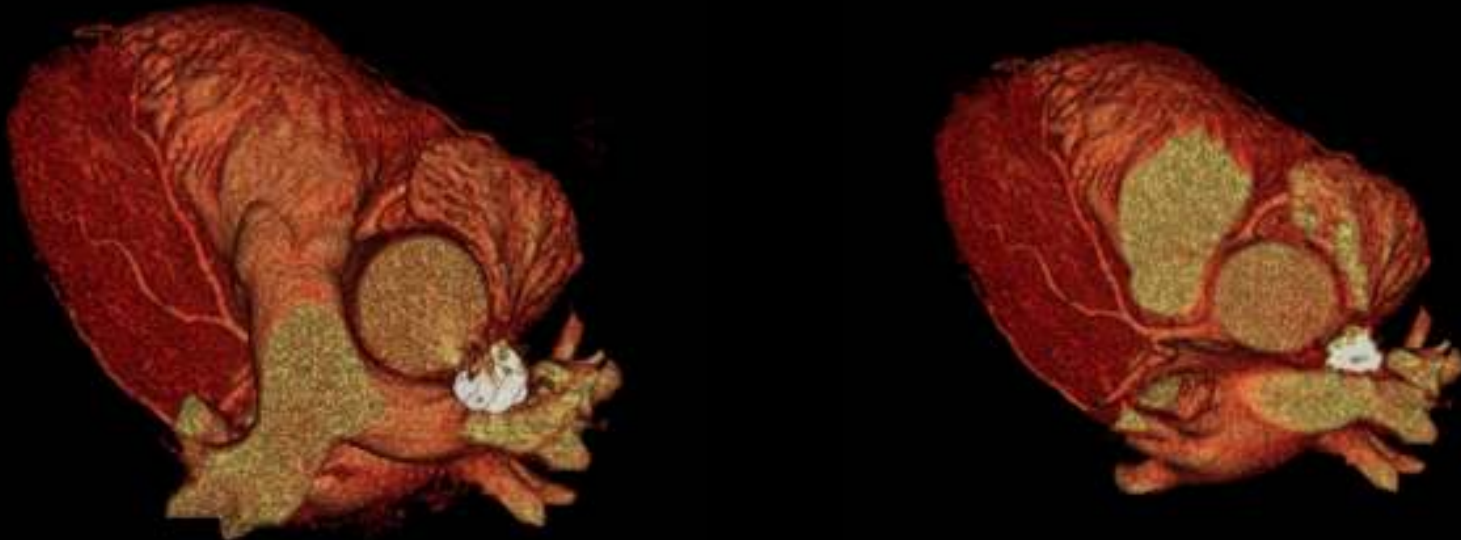
# Reconstruction algorithms

- Axial images (select best phase)



# Reconstruction algorithms

- Semi-automated to volume rendered
  - Crop and select coronary vessels





# Reconstruction algorithms

- Multi-planar reformats (MPR) - assessment

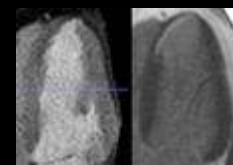
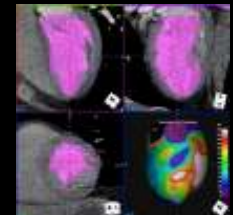


# The MDCT Angiography dataset

1. Coronary lumenography and anatomy
2. Cardiac morphology
3. Ventriculography (left)
4. Valve assessment
5. First pass perfusion

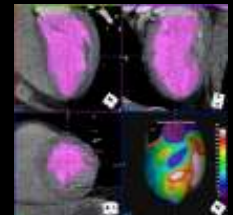
All in the same 5-10 second breath-hold study

\*No additional radiation burden



# The MDCT Angiography dataset

1. Coronary lumenography and anatomy
2. Cardiac morphology
3. Ventriculography (left)
4. Valve assessment
5. First pass perfusion



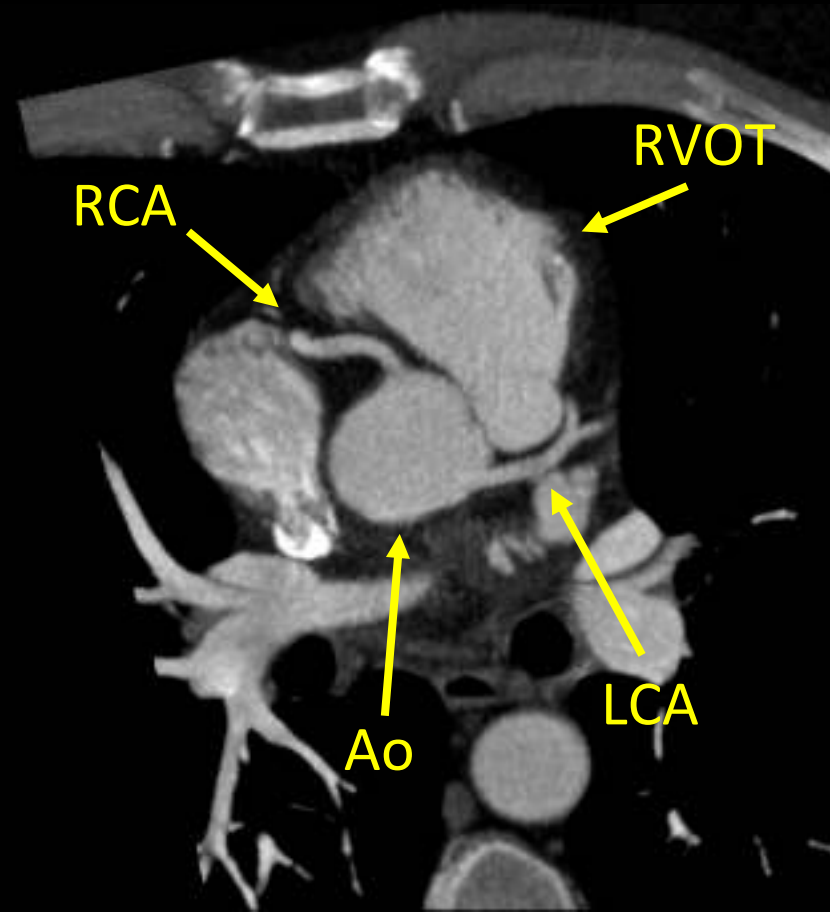


Nicol E D, Lyne J, Rubens M *et al.* *J Nucl Cardiol* 2007;**14**(5):715-8

Nicol E D, Gatzoulis M A, Padley SP *et al.* *Clin Radiol* 2007;**62**(6):518-27.

# Image Interpretation I

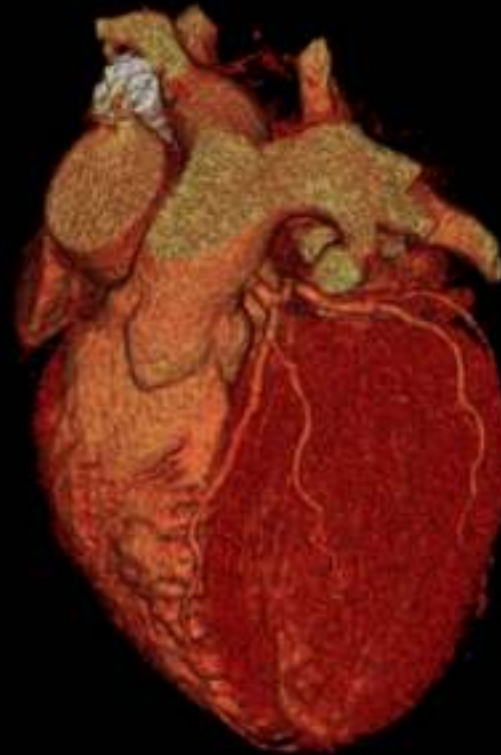
- Axial Images
  - Raw data
  - 2-D
  - Good road map
  - Good for initial assessment of optimal phase



# Image Interpretation II

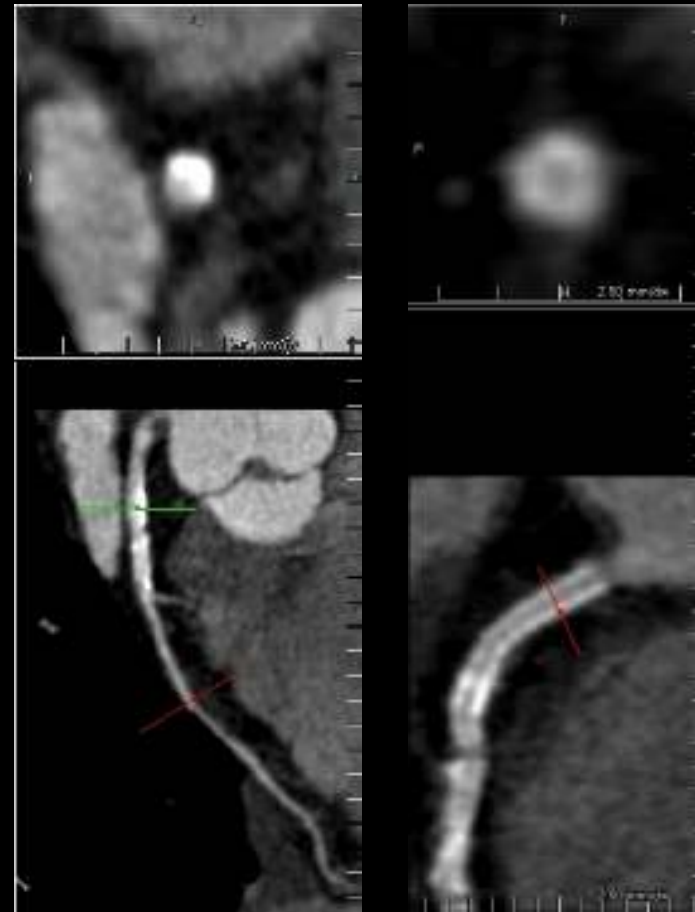
## Images

- Intuitive, coloured images, allows assessment of whole 3-D structures
- Good for communication of anatomy to non-radiologists
- Can “grow” coronary tree

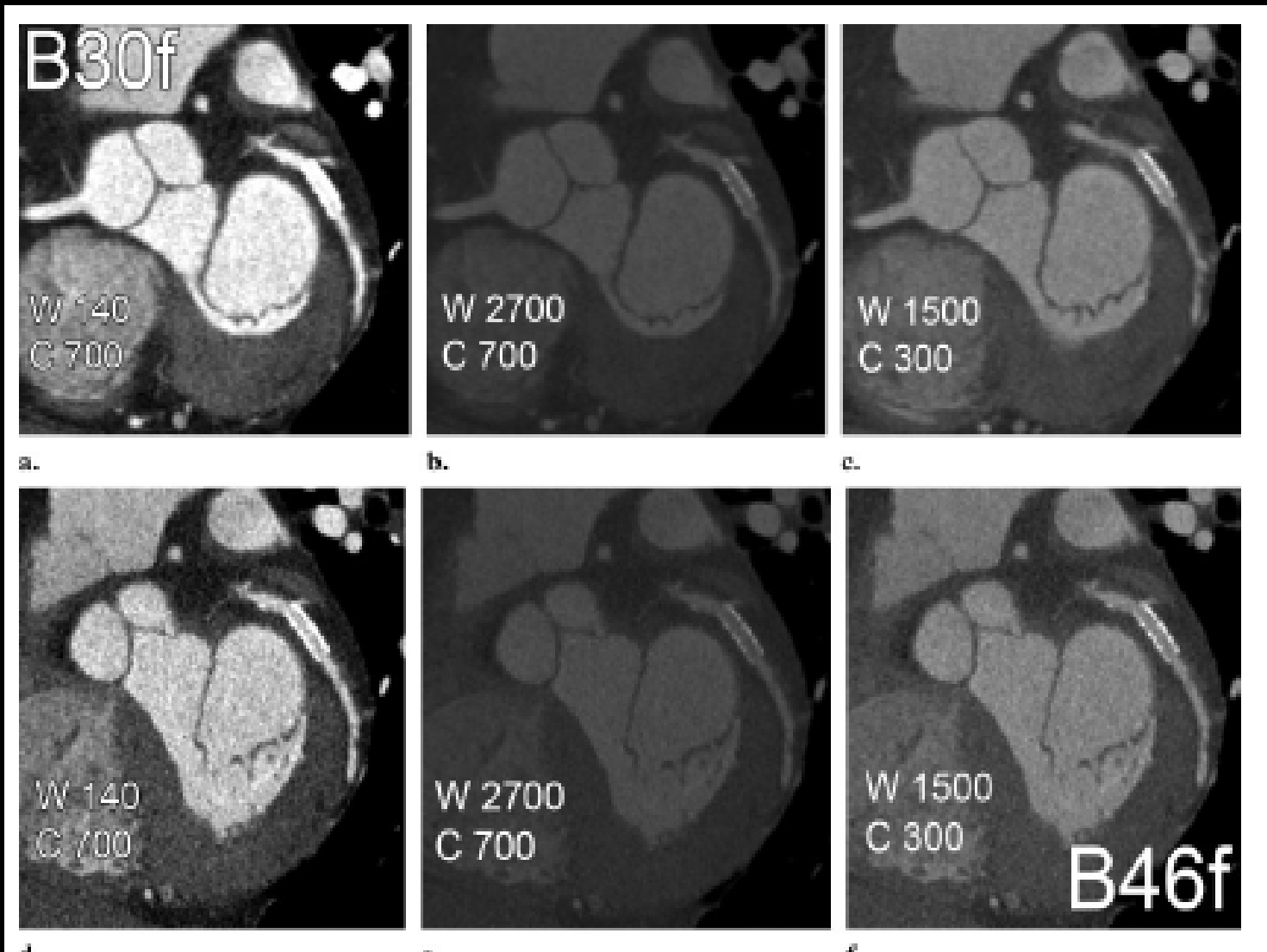


# Image Interpretation III

- Curved multi-planar reconstruction (MPR)
  - Interactive, semi-automated oblique or curved vessels plotted from axial, sagittal or coronal images to show vessel in its entirety
  - 360° rotations enables visualisation of eccentric and circumferential stenoses
  - Accurate quantification of stenosis



# Windowing

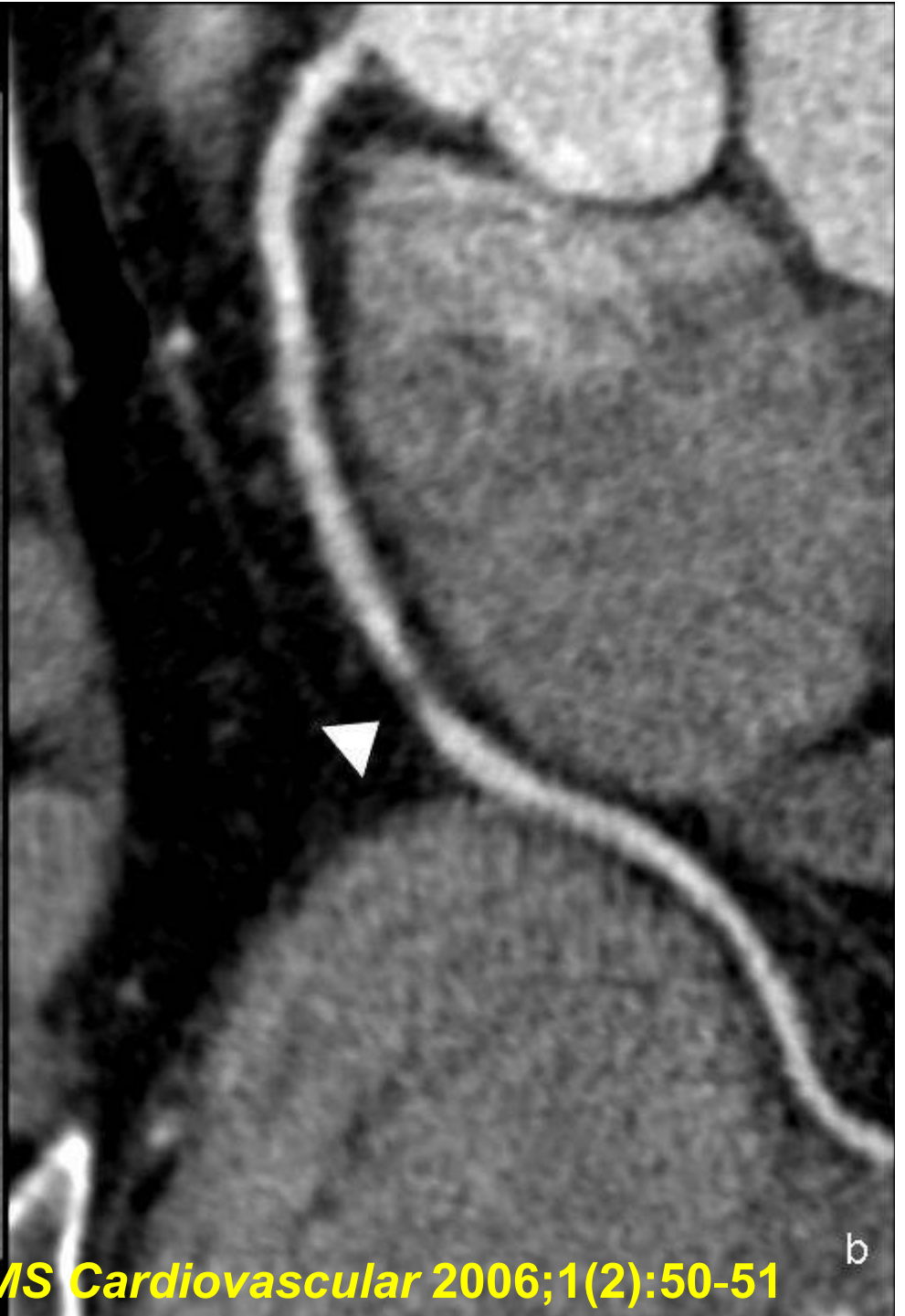
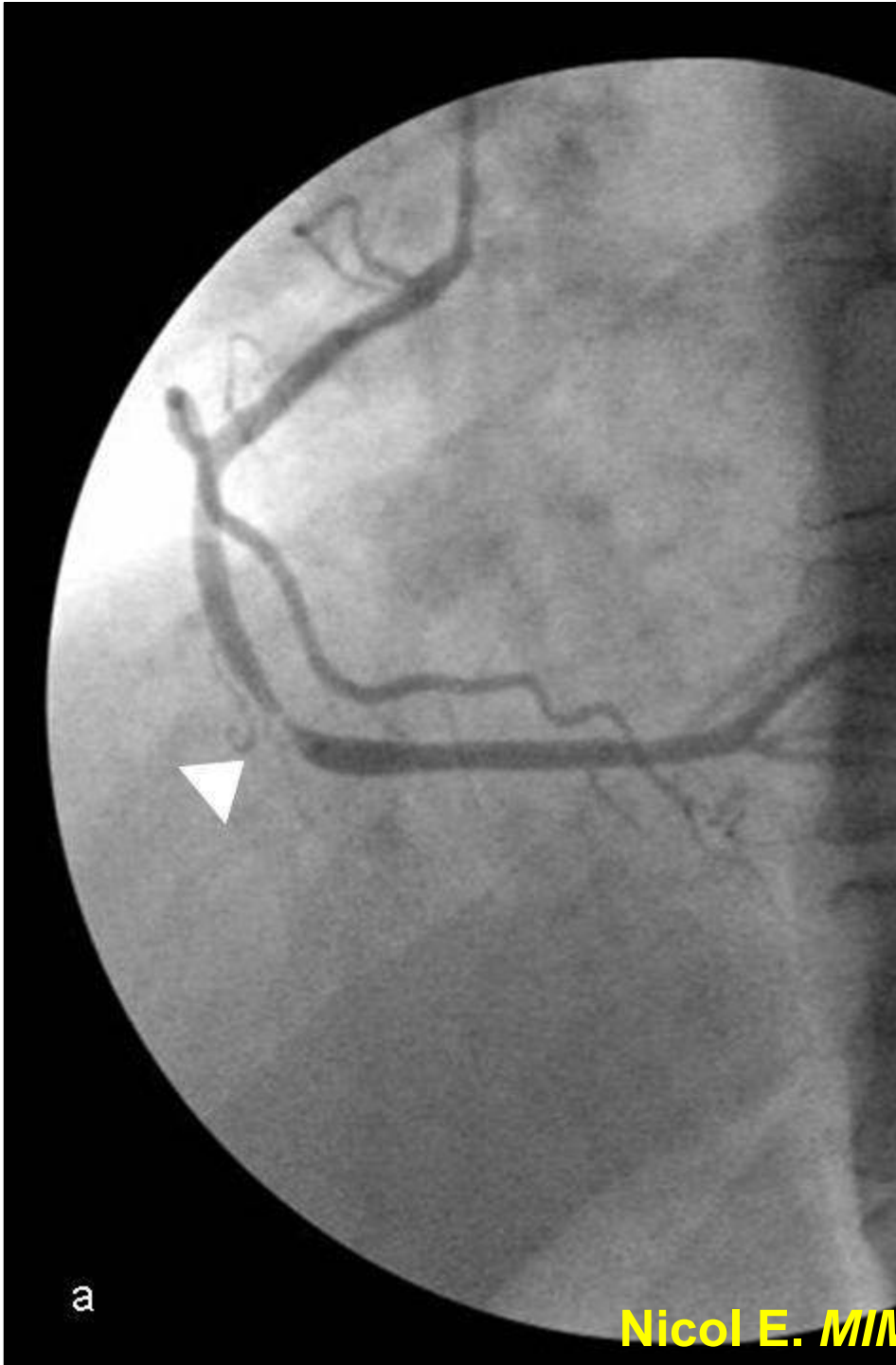




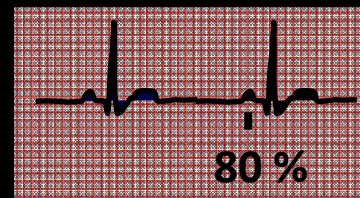
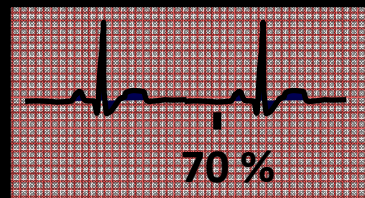
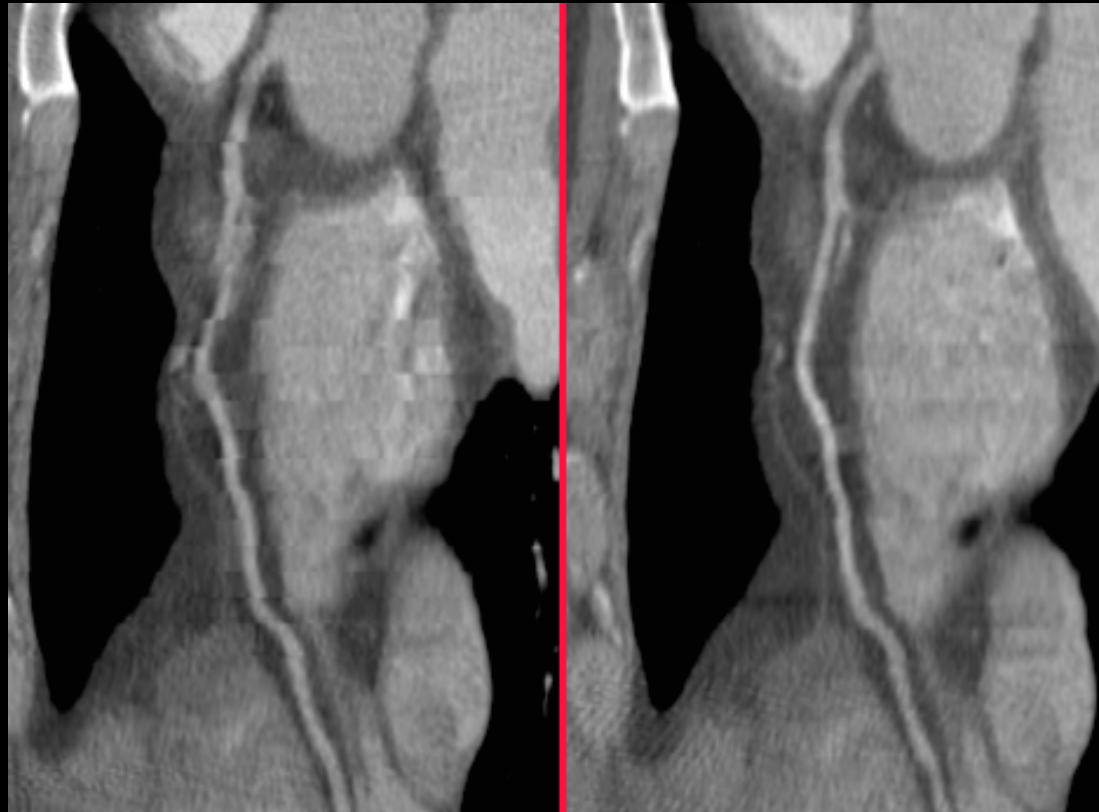
# Plaque morphology

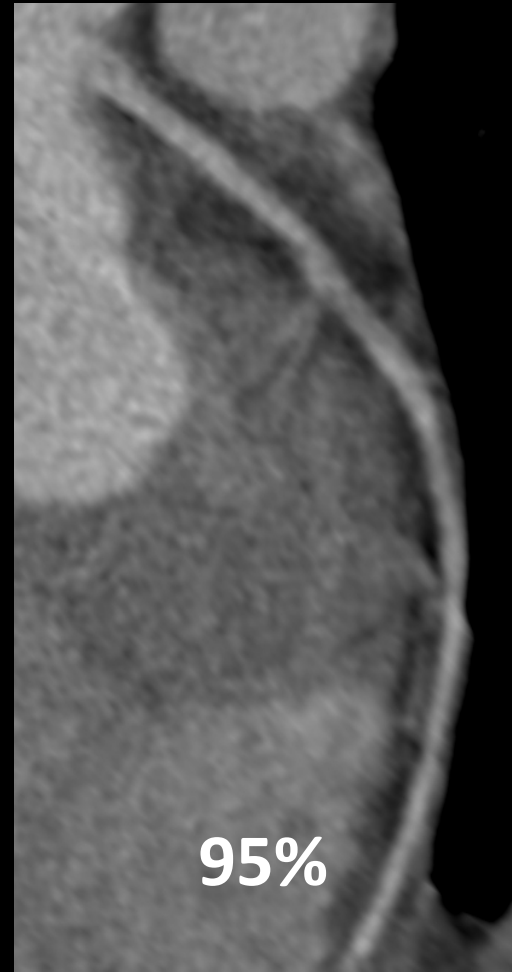
- Calcified
- Fibrous (soft)
- Mixed





# ECG Gating III





# Observer Variation

- CT coronary angiography highly reproducible across low, intermediate and high likelihood cohorts
- Inter- and Intra-observer agreements in >95% in all cohorts with non-eccentric calcium and mixed plaque morphology  
most common causes of disagreement<sup>1</sup>

# MDCT vs. ICA



- Conventional angiography – 0.2mm<sup>3</sup> spatial resolution, 20ms temporal resolution
  - Able to distinguish between lesions to within 10% at any heart rate
- MDCT coronary angiography – 0.4mm<sup>3</sup>
  - Able only to distinguish lesions within 30-50% (i.e. why studies use > 50% as positive)
  - With heart rate limitations

# Results

## Stenosis Detection: 64-slice CT vs. QCA

		Year	Pts	Eval %	Sens %	Spec %	Ppv %	Npv %
Mollet	Circulation	05	51	100	<b>99</b>	<b>95</b>	<b>76</b>	<b>100</b>
Raff	JACC	05	70	88	<b>86</b>	<b>95</b>	<b>66</b>	<b>98</b>
Leber	JACC	05	59	93	<b>73</b>	<b>97</b>	-	-
Pugliese	Eur Radiol	06	35	100	<b>99</b>	<b>96</b>	<b>78</b>	<b>99</b>
Schuijf	Am J Cardiol	06	60	99	<b>85</b>	<b>98</b>	<b>82</b>	<b>99</b>
Nikolaou	AJR	06	68	94	<b>82</b>	<b>95</b>	<b>95</b>	<b>97</b>
Ropers	Am J Cardiol	06	84	96	<b>93</b>	<b>97</b>	<b>56</b>	<b>100</b>
Scheffel	Eur Radiol	06	30	99	<b>96</b>	<b>98</b>	<b>86</b>	<b>99</b>
Muhlenbruch	Eur Radiol	07	51	95	<b>87</b>	<b>95</b>	<b>75</b>	<b>98</b>

# Meta-analysis of $\geq 16$ -slice CTA

- 27 studies, 22798 coronary artery segments
- Median CAD prevalence 64%
- Within studies included, 10% of segments excluded from analysis as “un-assessable”

	Sens	Spec	PPV	NPV
Patient	96	74	83	94
Segment	81	93	68	97

Hamon *et al.* JACC 2006



# Multi-centre Data

- 291 symptomatic patients, median age 59
- Referred for diagnostic invasive coronary angiography
- Significant stenosis if  $\geq 50\%$
- Prevalence of significant stenosis 56%

	Sens	Spec	PPV	NPV
Patient	85	90	91	83
Vessel	75	93	82	89

Miller *et al.* CORE 64 (NEJM 2008)

# Multi-centre Data

- 360 patients (aged 50-70) with angina
- Referred for diagnostic invasive coronary angiography
- Significant stenosis if  $\geq 50\%$
- Prevalence of significant stenosis 68%

	Sens	Spec	PPV	NPV
Patient	99	64	86	97
Segment	88	90	47	99

Meijboom *et al.* JACC 2008

# Effect of Pre-Test Probability

- 254 symptomatic patients → CTA and QCA
- Divided into high (>70%), intermediate (30-70%) and low (<30%) likelihoods of CAD
- Stenosis significant if >50%

	Low		Intermediate		High	
	CT+	CT-	CT+	CT-	CT+	CT-
Pre-Test Prob	13		53		87	
Post-Test Prob	68	0	88	0	96	17

Meijboom *et al.* JACC 2007

# Stenosis severity and functional significance

- In the presence of a mild to moderate coronary artery stenosis, coronary blood flow (CBF) is maintained by compensatory vasodilatory regulation
- Resting CBF remains constant until epicardial luminal narrowing exceeds 85%-90% diameter
- During exercise or pharmacological stimulation both CBF and CFR usually increase when the lesion involves less than 50% of the luminal diameter
- Both parameters show a variable response for stenoses of intermediate severity (50%-70%) and a progressive reduction as stenosis severity

# CTA vs. MPS

- 52 patients referred for MPS
- Low to intermediate CAD likelihood
- Comparisons at >50% and >70% stenosis for the detection of inducible ischaemia

	Sens	Spec	PPV	NPV
CTA >50%	100	84	50	100
CTA >70%	86	98	86	98

Nicol *et al.* JNC 2008

Detection of 70% Stenosis  
is possible and reduces  
unnecessary ICA referrals  
but the literature and  
clinical practice continues  
to use 50%

# Stent Assessment



**RadioGraphics**

EDUCATION EXHIBIT 887

---

## Multidetector CT for Visualization of Coronary Stents<sup>1</sup>

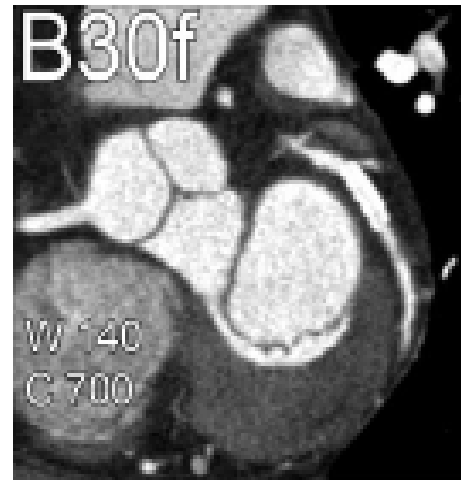
---

**TEACHING POINTS**  
*See last page*

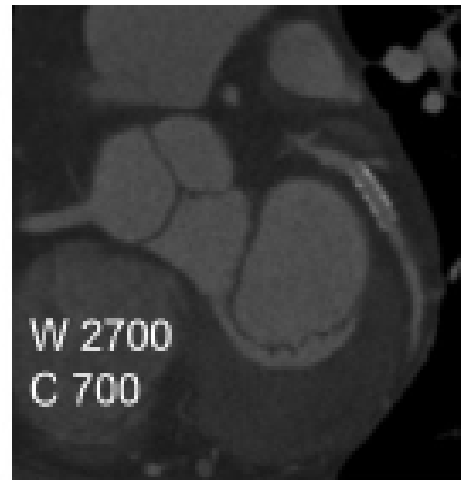
*Francesca Pugliese, MD • Filippo Cademartiri, MD, PhD • Carlos van Mieghem, MD • Willem B. Meijboom, MD • Patrizia Malagutti, MD  
Nico R. A. Mollet, MD, PhD • Carlo Martinoli, MD • Pim J. de Feyter, MD, PhD • Gabriel P. Krestin, MD, PhD*

- Affected by
  - Strut thickness
  - Stent coverage
  - Stent deployment

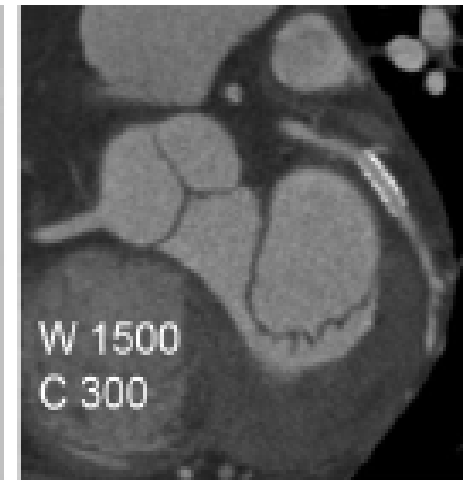
# Windowing



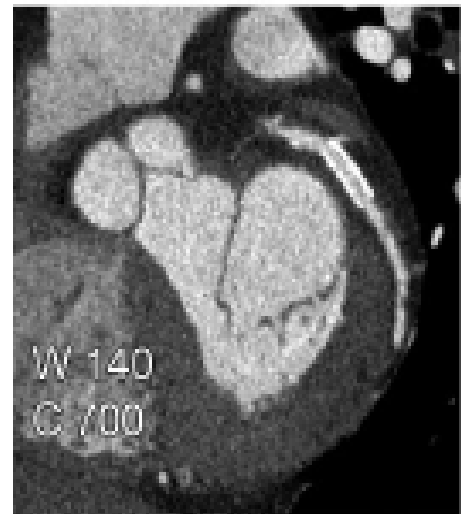
a.



b.



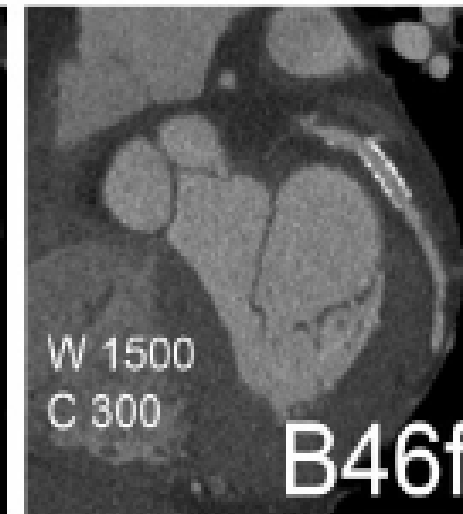
c.



d.



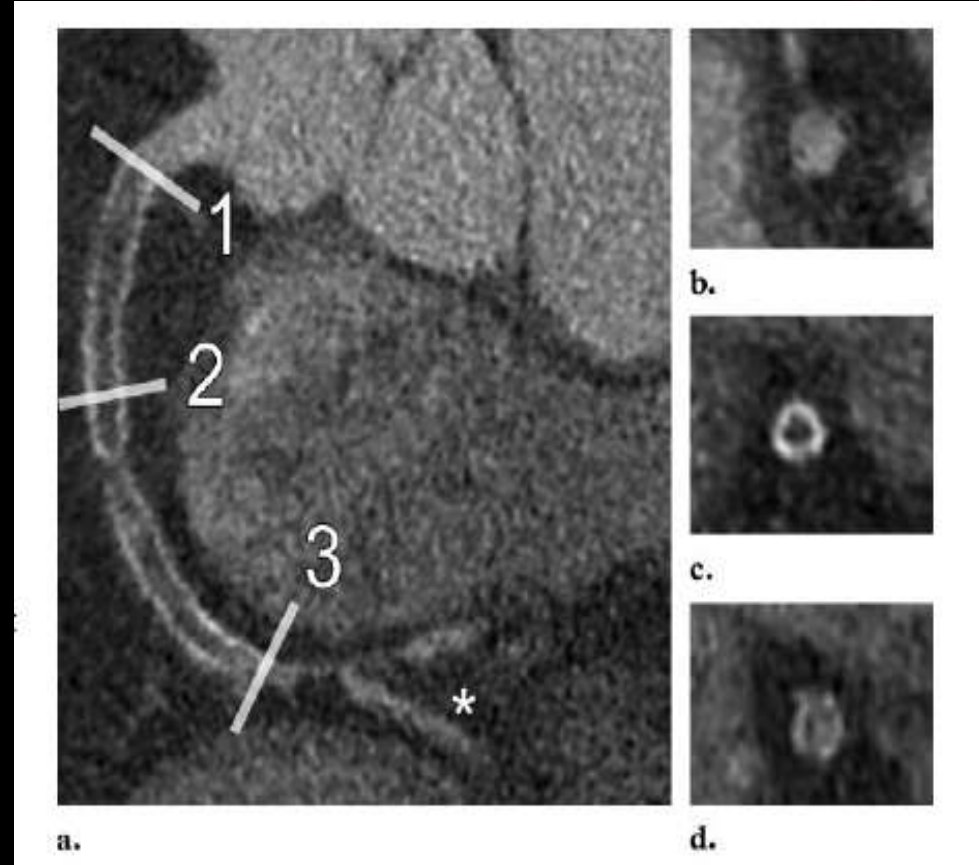
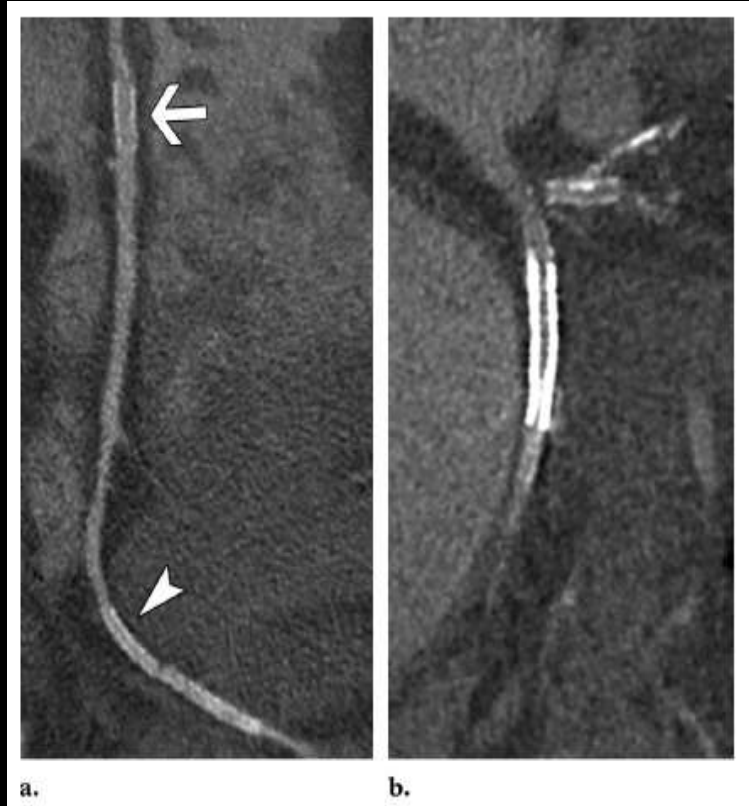
e.



f.



# Stent Assessment



## 64- Versus 16-Slice CT Angiography for Coronary Artery Stent Assessment *In Vitro Experience*

Harald Seifarth, MD,\* Murat Özgün, MD,\* Rainer Raupach, PhD,† Thomas Flohr, PhD,†  
Walter Heindel, MD,\* Roman Fischbach, MD,\* and David Maintz, MD\*



**TABLE 1.** Stent Type and Manufacturer as Well as the Material and Dimensions of the 15 Stents Used in the Study (Note That the Struts in the Nexus and S7 Stent Have an Ovoid Profile, Whereas the Profile of the Others Is Circular)

Stent Type	Manufacturer	Material	Dimensions (mm)		
			Length	Diameter	Strut Thickness
Arthos-Pico	AMG International	Cobalt-Cromium	18	3	0.074
Biodivysio	Abbott Vascular Devices	Stainless steel	19	3	0.091
Bx-Velocity	Cordis	Stainless steel	18	3	0.097
Driver	Medtronic	Cobalt-Cromium Alloy	18	3	0.09
Flex AS	Phytis	Stainless steel	7	3	0.08
MSM Coronary Stent	Micro Science Medical	Stainless steel Tantal coating	26	3	0.11
Nexus	Occam International	Stainless steel	19	3	0.091 × 0.124
NIR Primo	Boston Scientific	Stainless steel	32	3	0.1
S 7	Medtronic	Stainless steel	15	4	0.102 × 0.128
Sito Stent S	Sitomed	Stainless steel	28	2.5	0.110
Symbiot	Boston Scientific	Nitinol	20	4	0.07
Tantal Sandwich	Abbott Vascular Devices	Stainless steel Tantal	18	3	0.13
Taxus	Boston Scientific	Stainless steel	12	3.5	0.08
Tenax-complete	Biotronik	Stainless steel	15	3.5	0.08
Tsunami	Terumo	Stainless steel	30	3	0.14

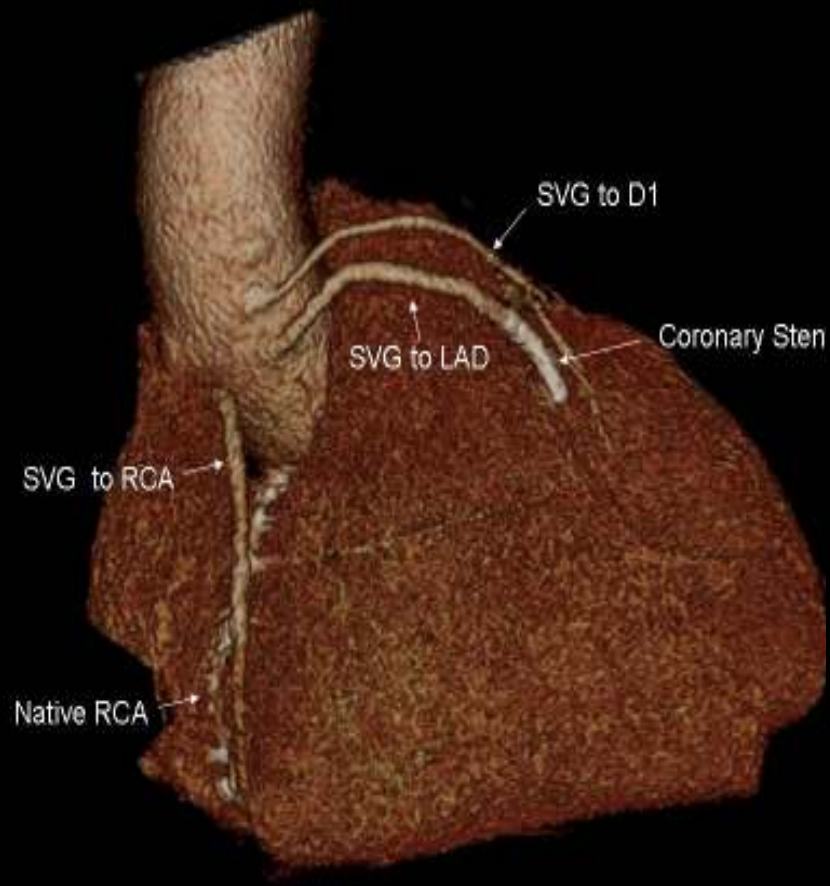
- In conclusion, we can state that the increase of spatial resolution with 64-slice CT results in superior visualization of the stent lumen and in-stent stenosis as compared with 16-slice CT, especially when the stent is orientated parallel to the x-ray beam. Nevertheless blooming artefacts caused by the metallic stent struts remain an important problem obscuring about one third of the vessel lumen on average.

Siefarth et al. *Invest Radiol.* 2006 Jan;41(1):22-7

# Iterative Reconstruction Technology



# Graft Assessment



# Multi-Detector Computed Tomography in Coronary Artery Bypass Graft Assessment: A Meta-Analysis

Catherine M. Jones, MBBS, BS, Thanos Athanasiou, MD, FECTS, Nicola Dunne, MBBS, Joanne Kirby, MbChB, Omer Aziz, MRCS, BS, Ahmed Haq, MBBS, Christopher Rao, BS, Vasilis Constantinides, MBBS, BS, Sanjay Purkayastha, MRCS, BS, and Ara Darzi, FRCS, KBE

Department of Radiology, City Hospital, Birmingham, Department of Biosurgery and Surgical Technology & Department of Cardiothoracic Surgery, Imperial College, St Mary's Hospital, London, Royal Berkshire and Battle NHS Trust, Reading, and Birmingham Heartlands Hospital, Birmingham, United Kingdom

Multi-detector computed tomography (MDCT) has become an alternative to coronary angiography in diagnosis of graft occlusion and stenosis after coronary artery bypass. A literature search was performed for studies comparing angiography to 8-slice, 16-slice, and 64-slice MDCT in the assessment of coronary grafts. In assessing occlusion, 14 studies produced pooled sensitivity of 97.6%, specificity of 98.5%, diagnostic odds ratio of 934.2, area under the curve of 0.996, and  $Q^*$  of 0.977. Ninety-six percent of all grafts were visualized for occlusion assessment. Beta blockers, symptomatic status, and postoperative period did not significantly affect diagnostic perfor-

mance. Stenosis assessment produced sensitivity of 88.7% and specificity of 97.4%. Eighty-eight percent of patent grafts could be assessed for stenosis. The diagnostic accuracy of MDCT approaches angiography for diagnosing graft occlusion and stenosis in patients with venous and arterial coronary bypass grafts. Our findings show that cardiac surgeons will need to interpret MDCT images of both native and grafted vessels soon in preparation for primary or re-do coronary bypass grafting procedures.

(Ann Thorac Surg 2007;83:341-8)

© 2007 by The Society of Thoracic Surgeons



Table 2. Pooled Sensitivity and Specificity Results

Subgroup	Studies	Grafts	Pooled Sensitivity % (95% CI)	Pooled Specificity % (95% CI)	Diagnostic Odds Ratio (95% CI)	AUC (SE)	$Q^*$ (SE)
Occlusion	14	1,791	97.6 (95.3-99.0)	98.5 (97.7-99.1)	934.2 (436.4-1999.9)	0.996 (0.002)	0.977 (0.008)
Arterial	10	664	98.0 (89.6-100)	97.8 (96.3-98.8)	294.6 (92.5-938.4)	0.980 (0.010)	0.937 (0.018)
Venous	10	814	99.1 (96.8-99.9)	100.0 (99.4-100)	1831.1 (407.3-8231.2)	0.996 (0.003)	0.978 (0.010)
Stenosis	8	777	88.7 (79.0-95.0)	97.4 (95.9-98.4)	152.0 (64.0-360.7)	0.867 (0.081)	0.795 (0.079)
Arterial	4	245	90.9 (58.7-99.8)	98.3 (95.7-99.5)	65.7 (13.1-328.9)	0.807 (0.461)	0.742 (0.407)
Venous	6	348	85.2 (66.3-95.8)	97.2 (94.7-98.7)	158.1 (46.3-541.0)	0.916 (0.070)	0.849 (0.076)

AUC = area under the curve; CI = confidence interval; SE = standard error.

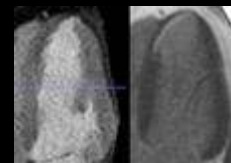
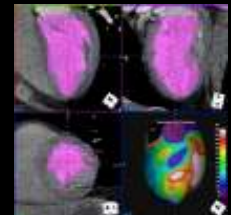
# Emergency Cardiac CT



- CT Aortogram
- CT Aortogram + CTPA (Double rule out)
- CT Aortogram + CTCA (Double rule out)
- CT Aortogram + CTPA + CTCA (Triple rule out)

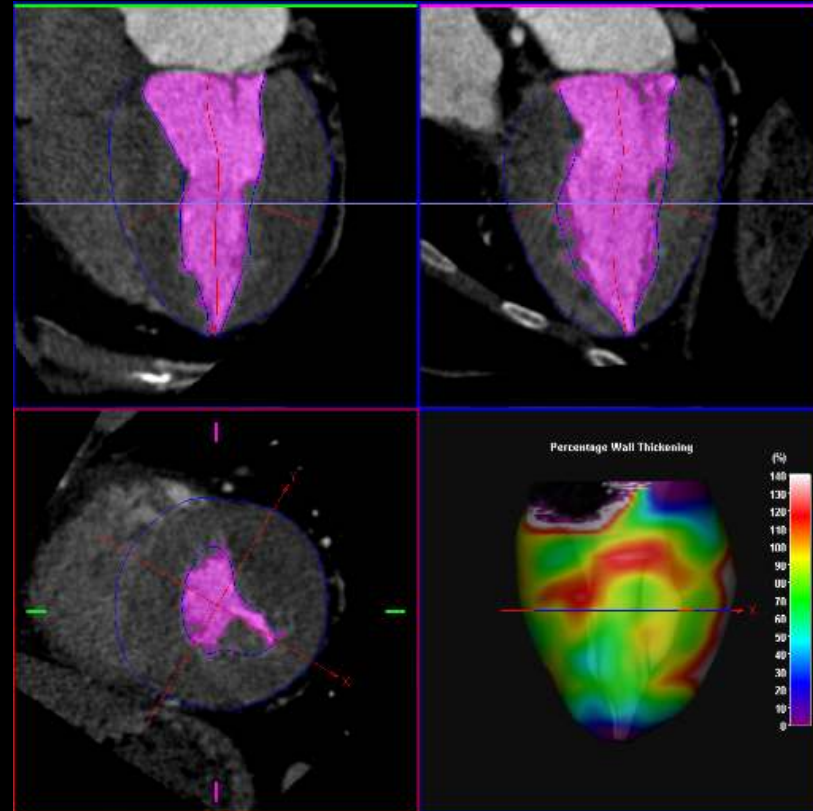
# The MDCT Angiography dataset

1. Coronary lumenography and anatomy
2. Cardiac morphology
- 3. Ventriculography (left)**
4. Valve assessment
5. First pass perfusion



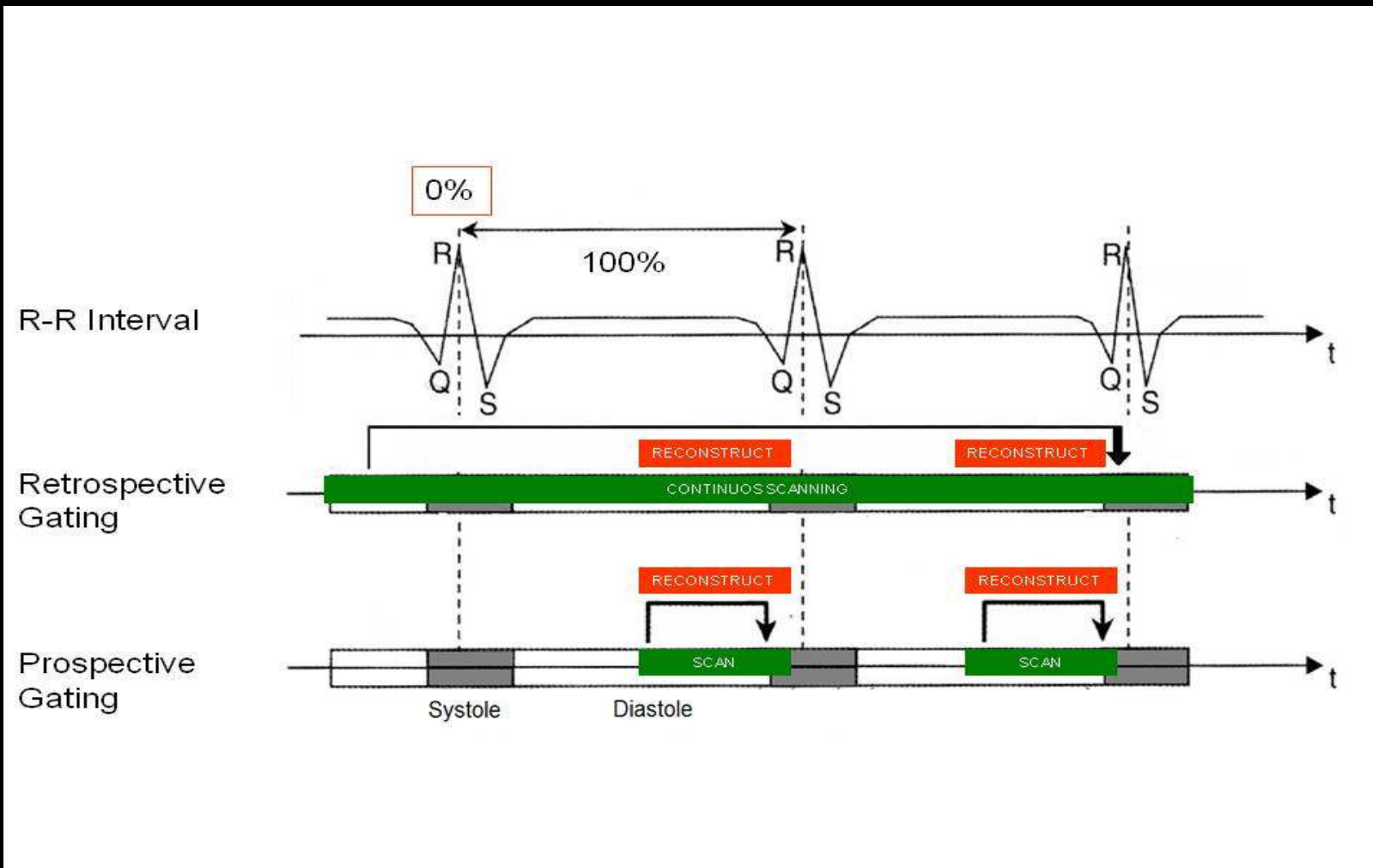
# Time Volume Analysis

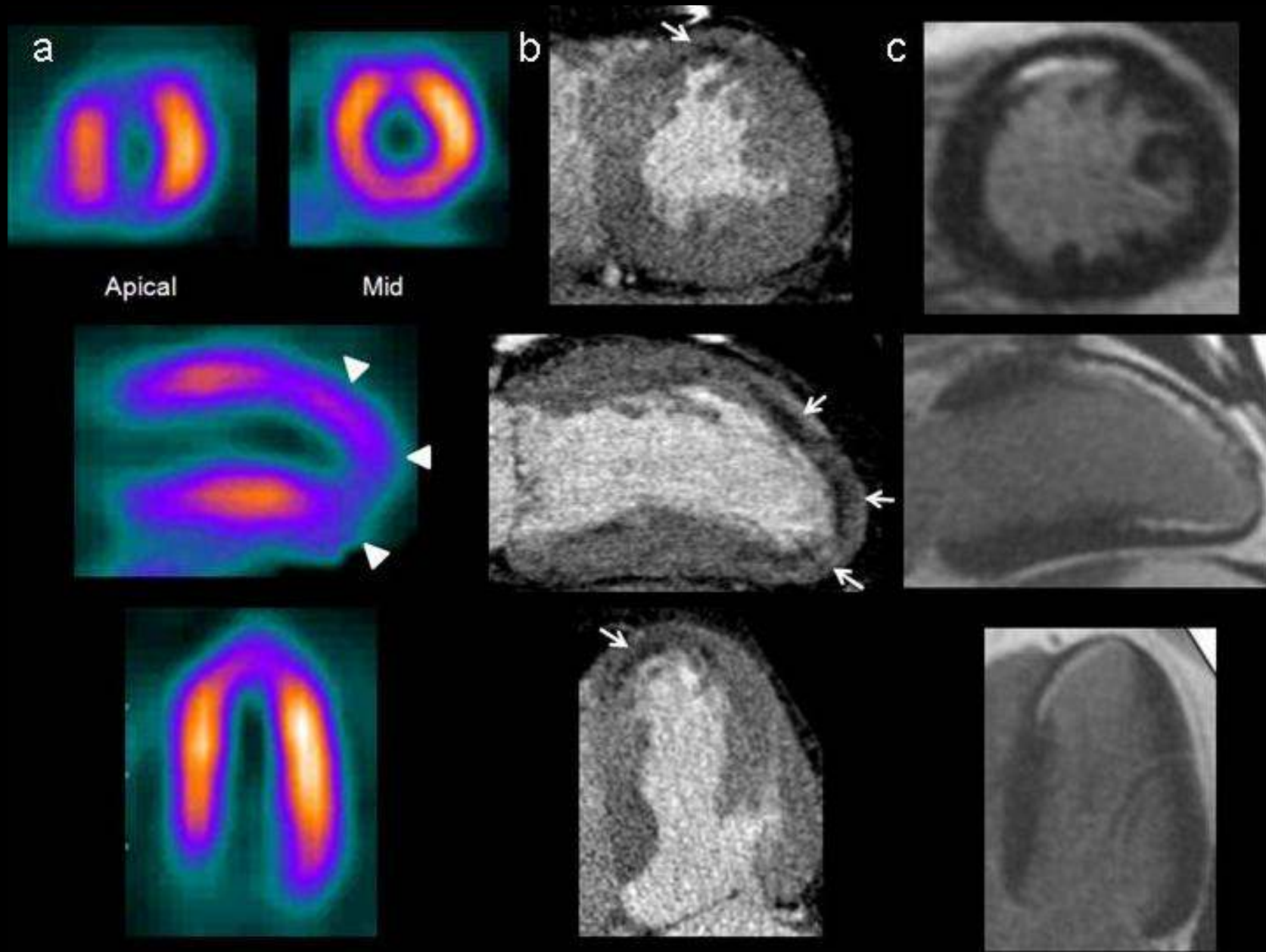
- Ability to perform 4D imaging
- Multiple (8-16) phases reconstructed
- Functional assessment of the left ventricle





# ECG Gating





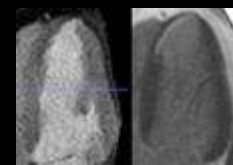
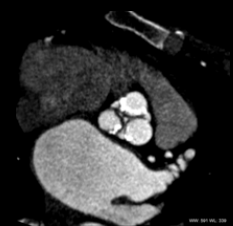
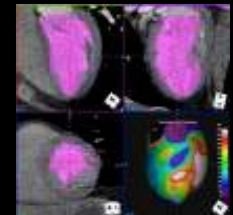
Nicol E D, Stirrup J, Lyne J. Br J Cardiol 2009; *Br J Cardiol*:16(1);43

# MDCT v. CMR

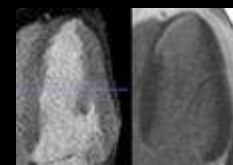
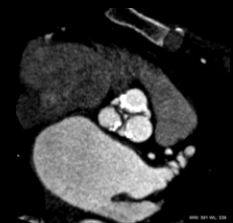
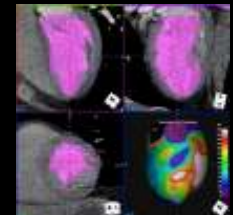
- Pacemakers etc
- No ionising radiation
- Claustrophobia
- Flow data

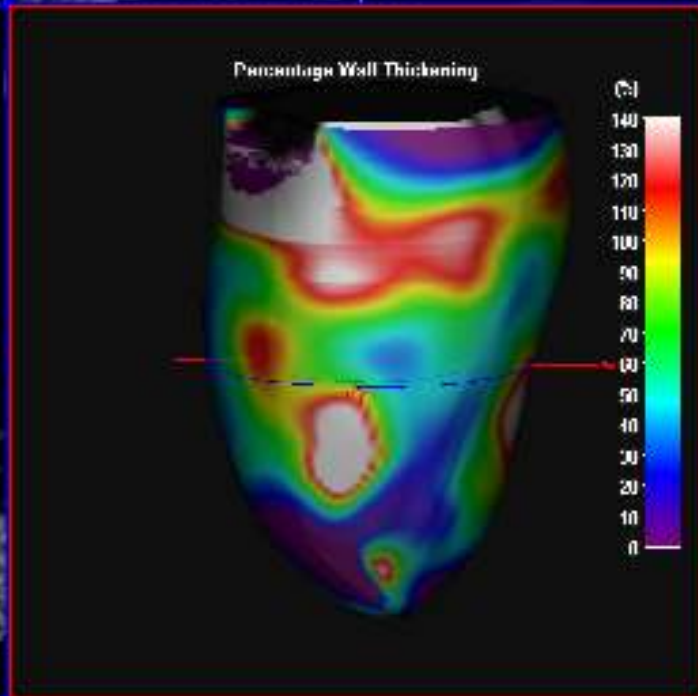
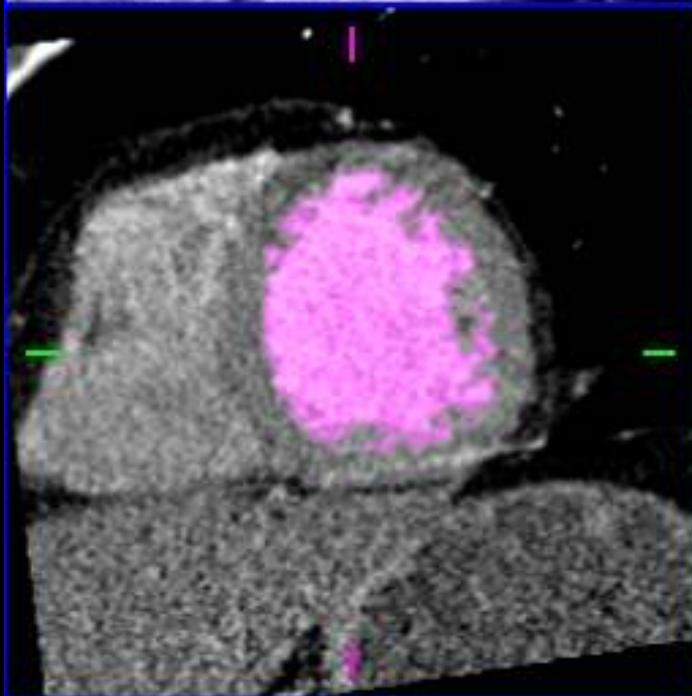
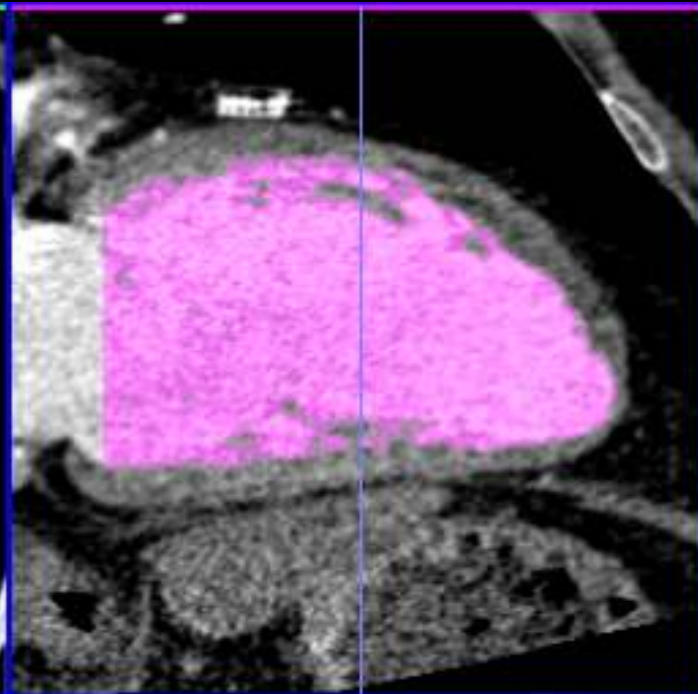
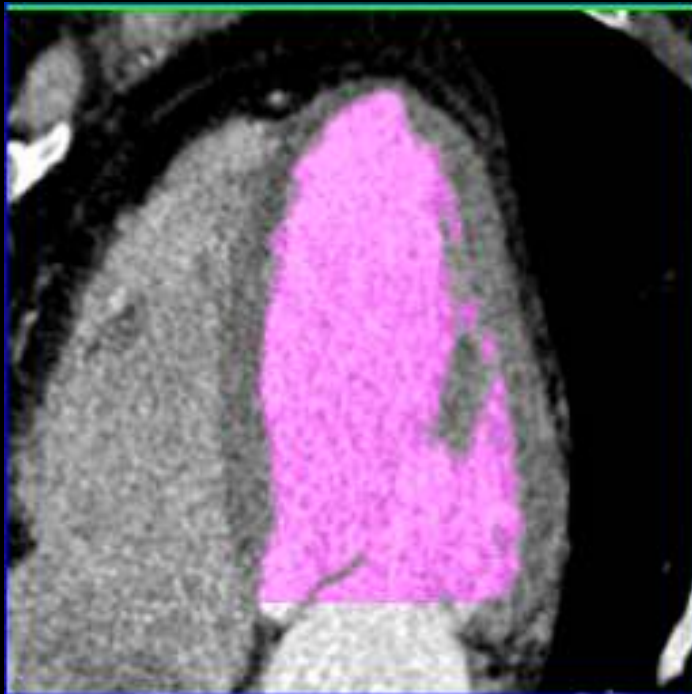
Suitable alternative to CMR

Devices/Debility/Claustrophobia/Availability/  
Children?



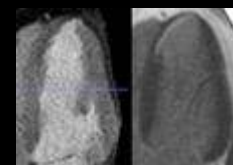
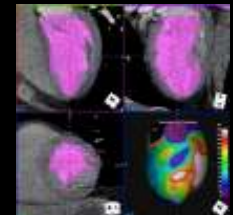
	MDCT	CMR
Temporal Resolution	83-165ms	20ms
Spatial Resolution	0.4mm	0.7mm
Isotropic Pixels	Yes	No
Cardiac Cycles/Image	5-30	20-30
Flow data	No	Yes
Coronary angiography	Yes	+/-
Left Ventriculography	Yes	Yes
Right Ventriculography	+/-	Yes
Calcium Assessment	Yes	No
Thrombus Assessment	Yes	No





# Ventriculography

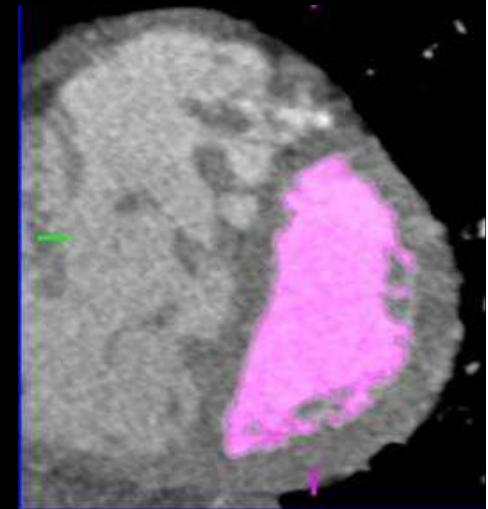
1. LV Function (EDV/ESV/SV)
2. Regional Wall Motion
3. Systolic wall thickening
4. LV mass



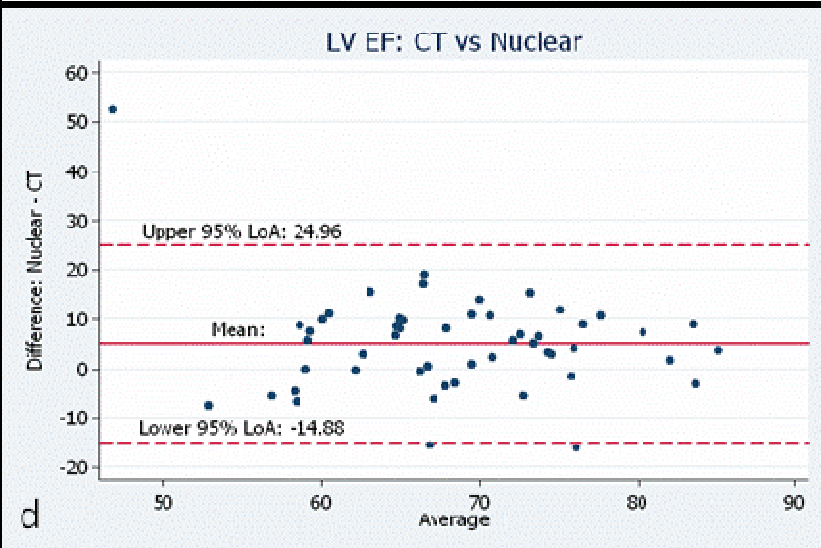
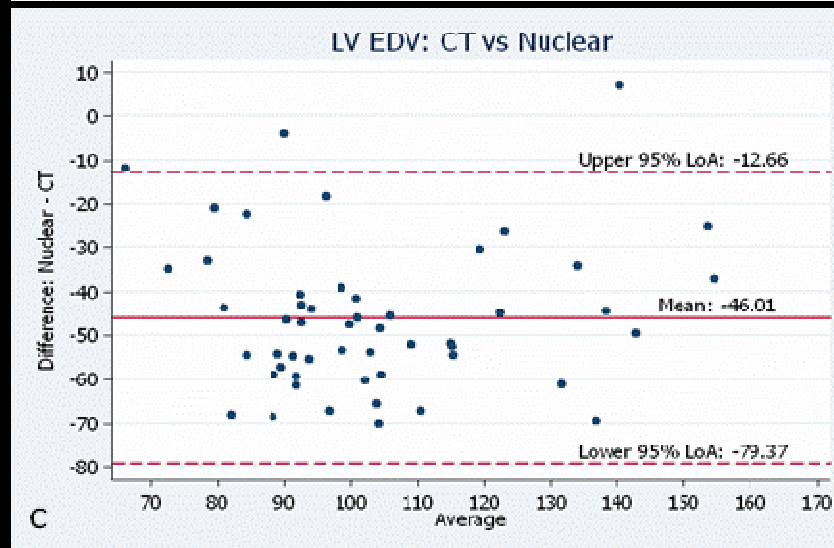
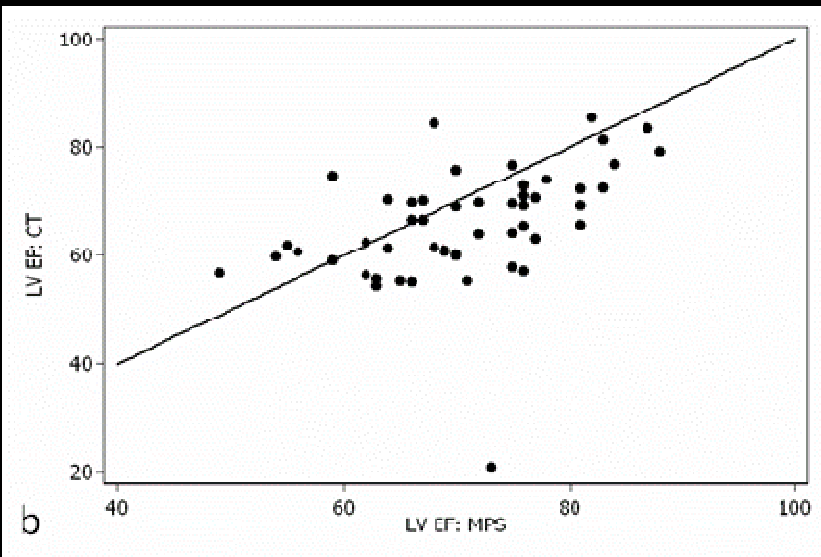
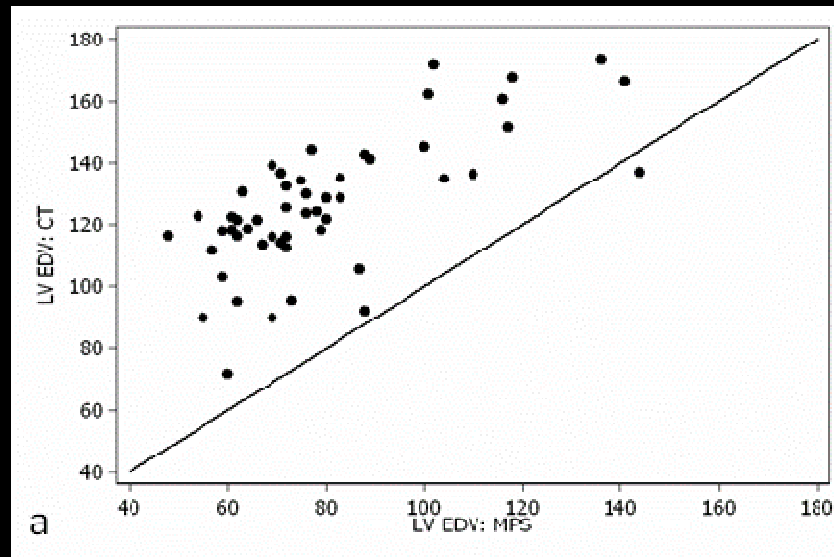
# LV Function

- Well validated – tracing<sup>1</sup> and threshold<sup>2,3</sup>
- Normal<sup>1,2</sup> and congenital<sup>3</sup> subjects
- Straight forward – consistent contrast density through LV cavity

1. Dewey M et al, JACC 2006;48:2034-44
2. Mahnken et al, Eur Radiol 2006;16:1416-23
3. Nicol E et al, . *J Nucl Cardiol.* 2008 Jul-Aug;15(4):497-502. Epub 2008 Jun 30



# LV Function (CT vs. MPS)



Nicol E D, Stirrup J, Underwood SR *et al.* 2008 Jul-Aug;15(4):497-502.



# RV Function

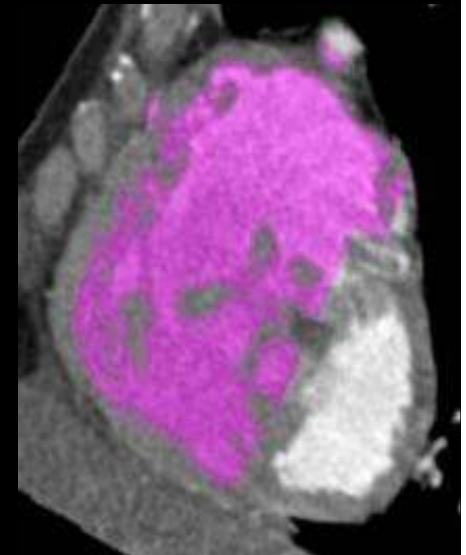


- Only validated with tracing techniques <sup>1 2</sup>
- Single congenital study<sup>3</sup>
- Challenging – no consistent contrast density in RV cavity, outflow level
- Increased operator input and therefore variability

1. Dogan H et al, Radiology 2007;242:78-84

2. Delhaye D et al, AJR 2006;159:7-64

3. Raman et al. Am J Cardiol 2005;68:3-86

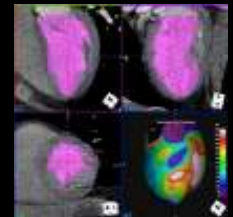


# BiV Function in ACHD

If correlated against standard ranges for severe (<30%), moderate (30-50%) and mild (50-60%) ventricular dysfunction kappa values show moderate ( $\kappa = 0.52$ ) and good ( $\kappa = 0.62$ ) correlation for LV and RV assessment respectively.

# The MDCT Angiography dataset

1. Coronary lumenography and anatomy
2. Cardiac morphology
3. Ventriculography (left)
- 4. Valve assessment**
5. First pass perfusion



Oblique2 phase 5%  
Ex: 21  
Se: 503 +c  
I: 205.4 (coi)

DFOV 25.0cm  
STANDARD Ph:5%

PSR

JFK Imaging Center  
Anonymous21  
M 45 anon21  
Jun 10 2003

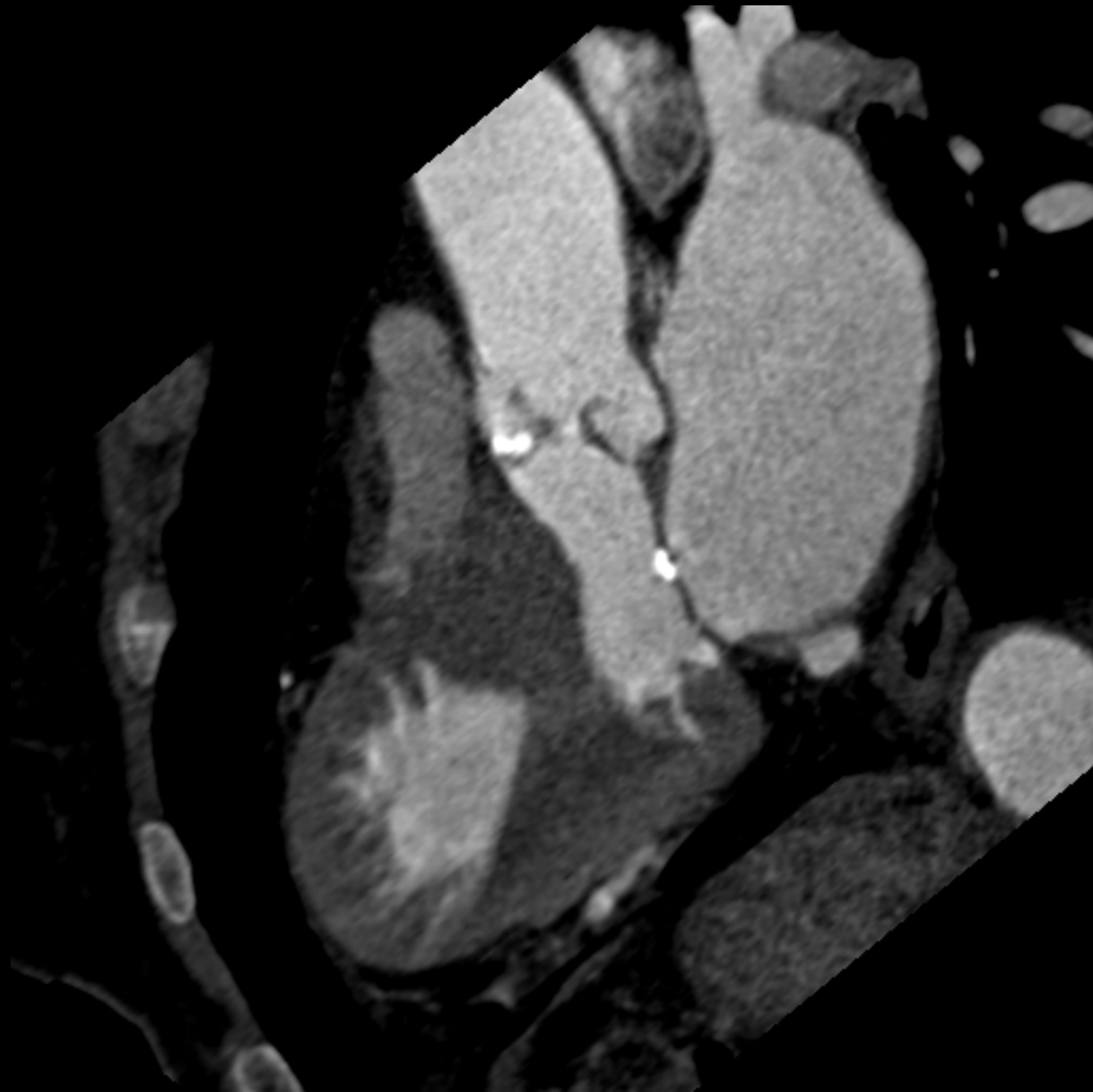
R  
A  
S

L  
P  
I

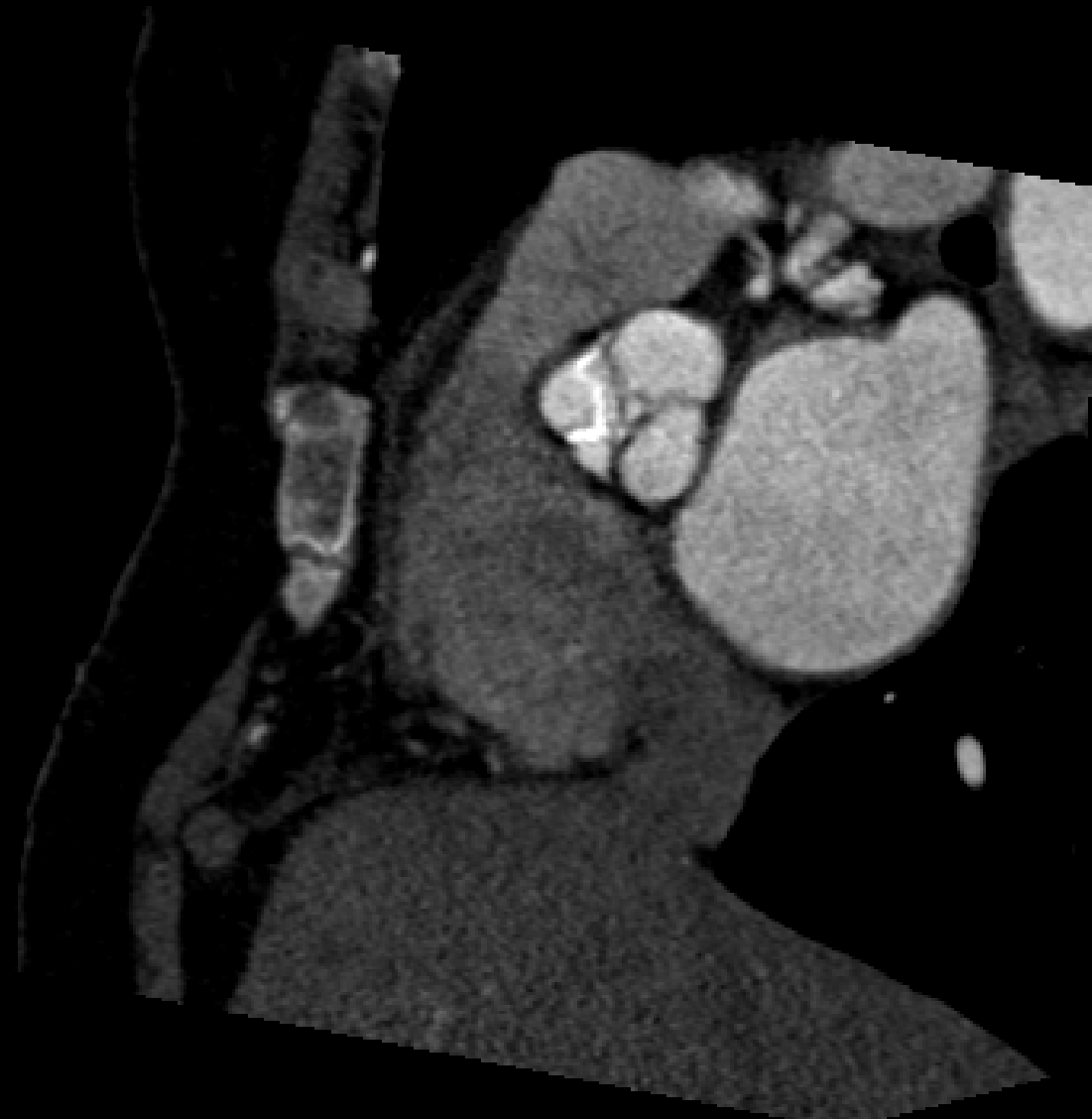
0.5/  
kv 120  
mA N/A  
0.3  
0.6 mm 0.22:1 / 0.6 sp  
Tilt: 0.0  
09:30:32 AM  
W = 800 L = 200

AIL





Nicol E. *MIMS Cardiovascular* 2007;2(3):40-41





Nicol E. *MIMS Cardiovascular* 2007;2(3):40-41

Koos R, Mahnken A, Kuhl H, et al. **Quantification of Aortic Valve Calcification Using Multislice Spiral Computed Tomography: Comparison with Atomic Absorbance Spectroscopy.** *Investigative Radiology* 2006;41(5):485-489

Bouvier E, Logeart D, Sablayrolles J-L, et al. **Diagnosis of aortic valvular stenosis by multislice computed tomography.** *Eur Heart J* 2006;27:3033-3038

Messika-Zeitoun D, Serfaty J\_M, Laissy J-P, et al. **Assessment of Mitral Valve Area in Patients with Mitral Stenosis by Multi-slice Computed Tomography.** *J Am Coll Cardiol* 2006;48(2):411-413

Feuchtner G, Dichtl W, Schachner T, et al. **Diagnostic performance of MDCT for detecting Aortic Valve Regurgitation.** *AJR* 2006;186:1676-1681

Jassal D, Shapiro M, Neilan T, et al. **64-slice Multi-detector Computed Tomography (MDCT) for Detection of Aortic Regurgitation and Quantification of Severity.** *Invest Radiol* 2007;42(7):507-512

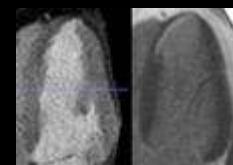
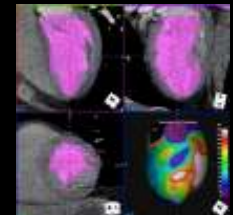
Alkadhi H, Wildermuth S, Bettex D, et al. **Mitral Regurgitation: Quantification with 16-detector row CT- Initial Experience.** *Radiol* 2006;238(2):454-463

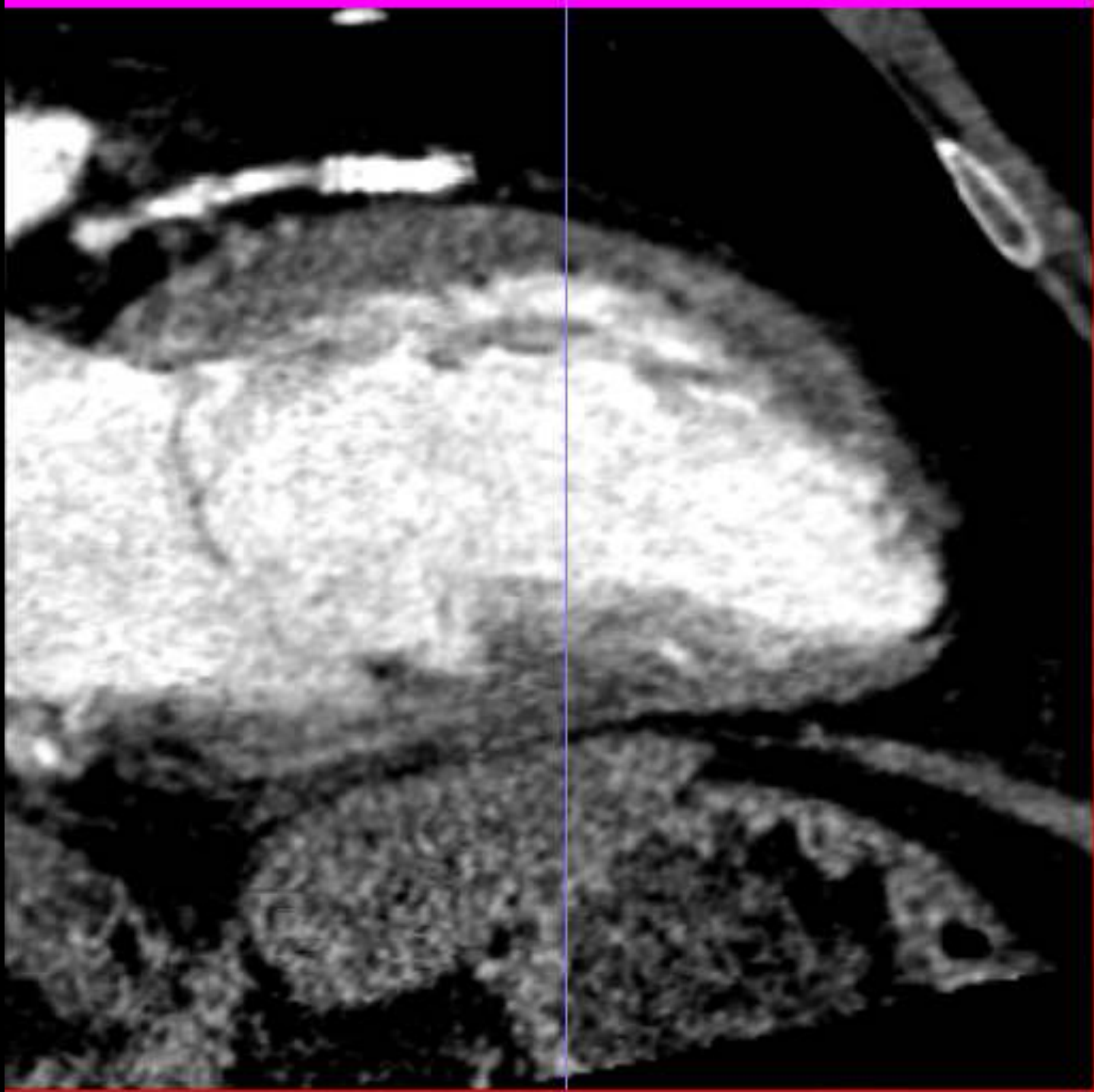
Kim R, Weinsaft J, Callister T, et al. **Evaluation of prosthetic valve endocarditis by 64-row multi-detector computed tomography.** *Int J Cardiol* 2007;120:e27-29

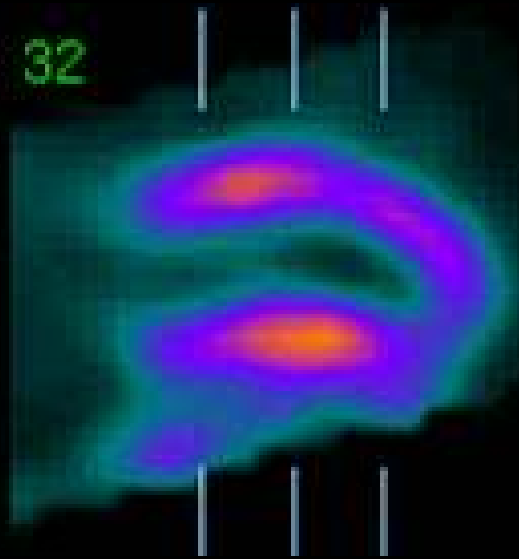
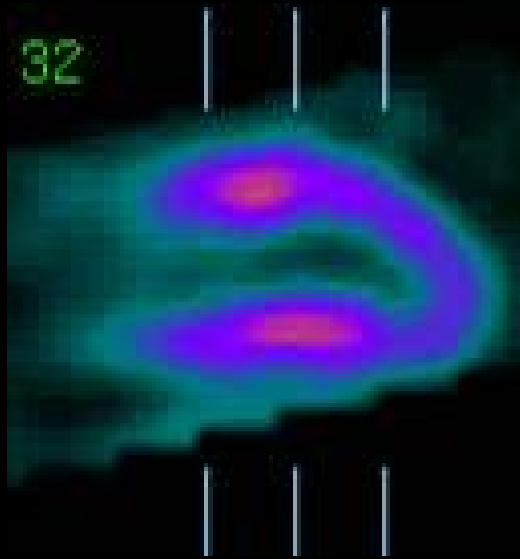
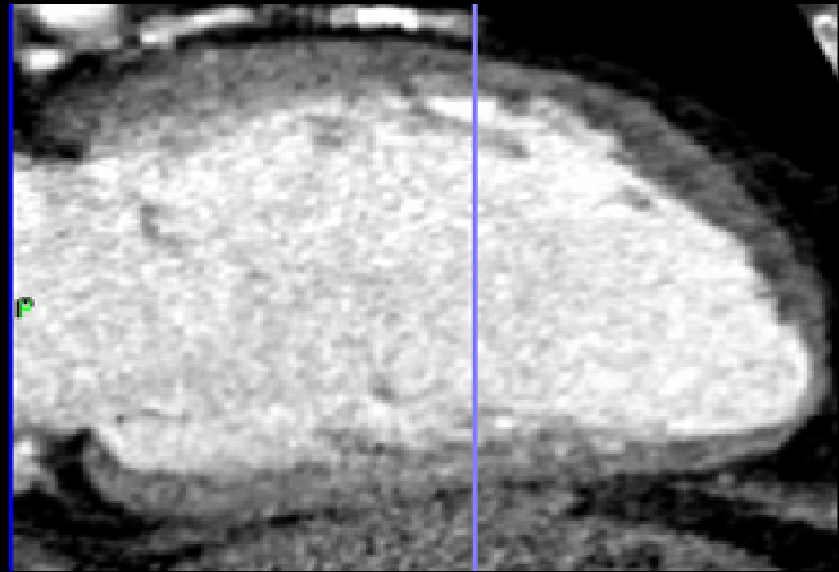


# The MDCT Angiography dataset

1. Coronary lumenography and anatomy
2. Cardiac morphology
3. Ventriculography (left)
4. Valve assessment
5. **First pass perfusion**



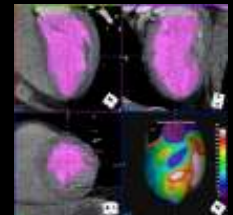




# First pass perfusion

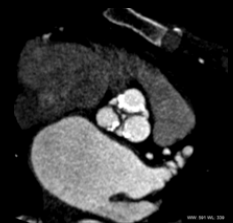
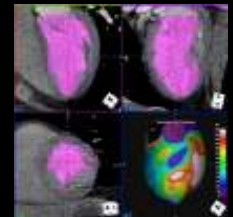
1. Areas of hypo-perfusion
2. No indication as to viability
3. May represent infarct region only if associated with lack of systolic wall thickening<sup>1</sup>

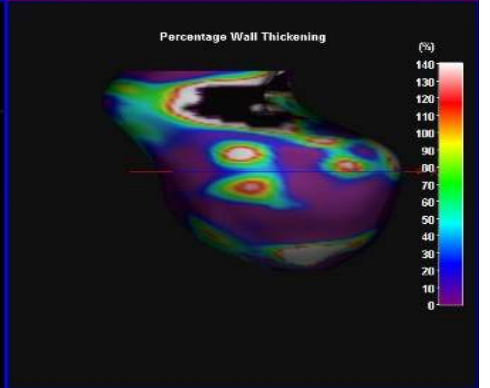
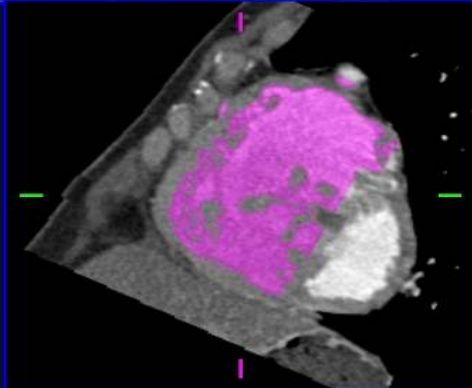
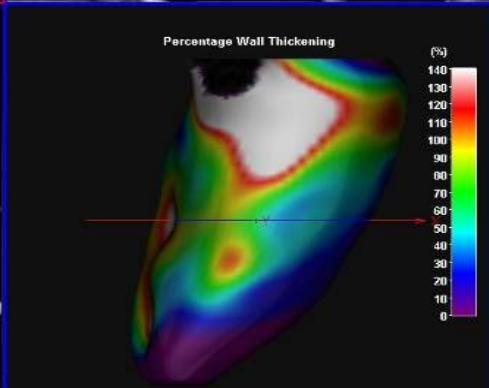
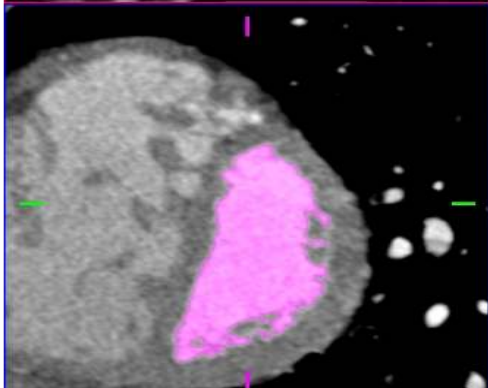
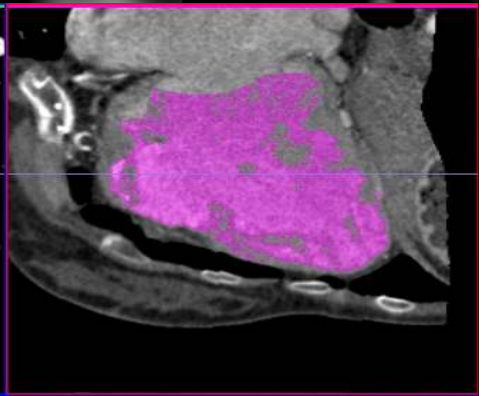
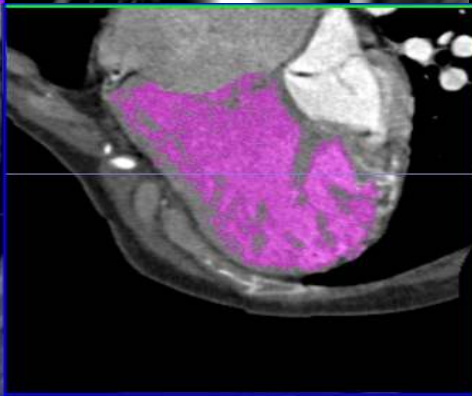
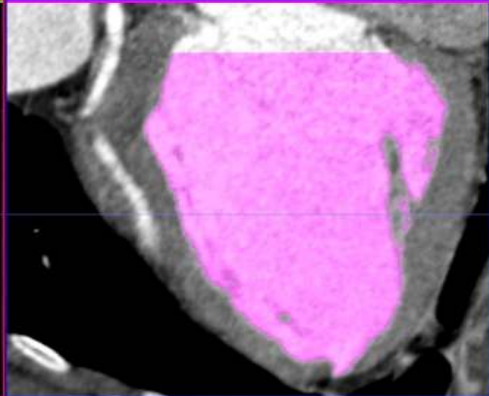
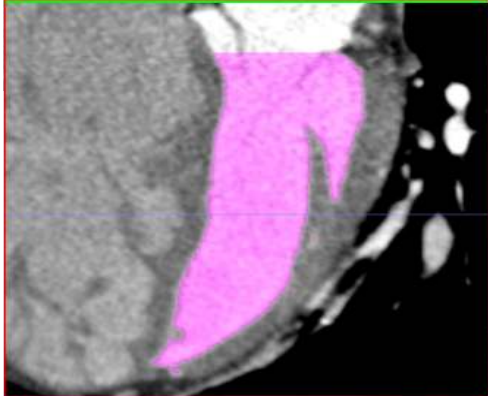
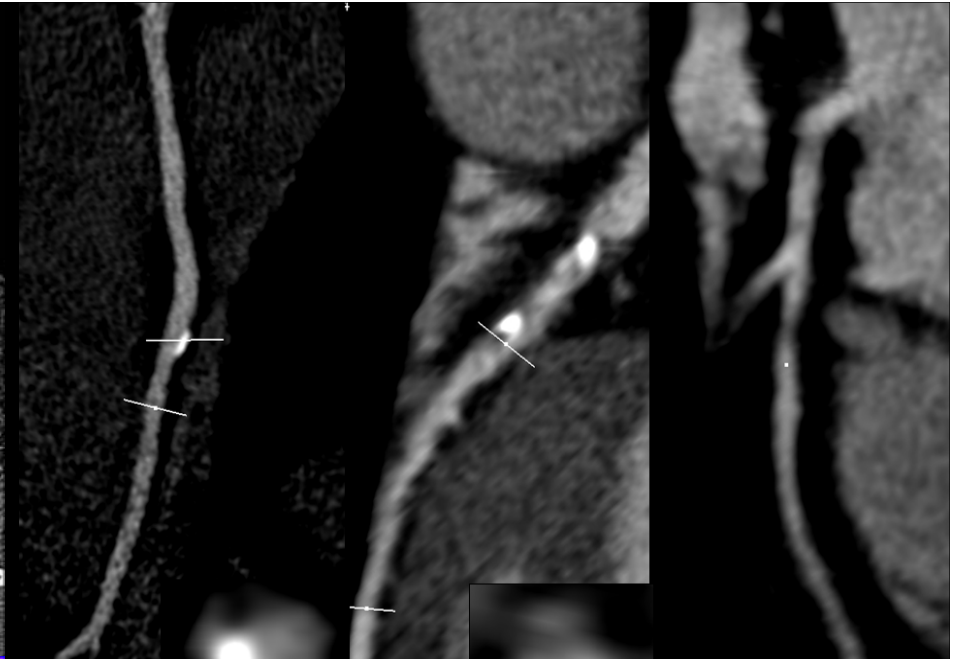
<sup>1</sup> Nicol E, Stirrup J, Reyes E et al 2008 Jul-Aug;15(4):497-502.

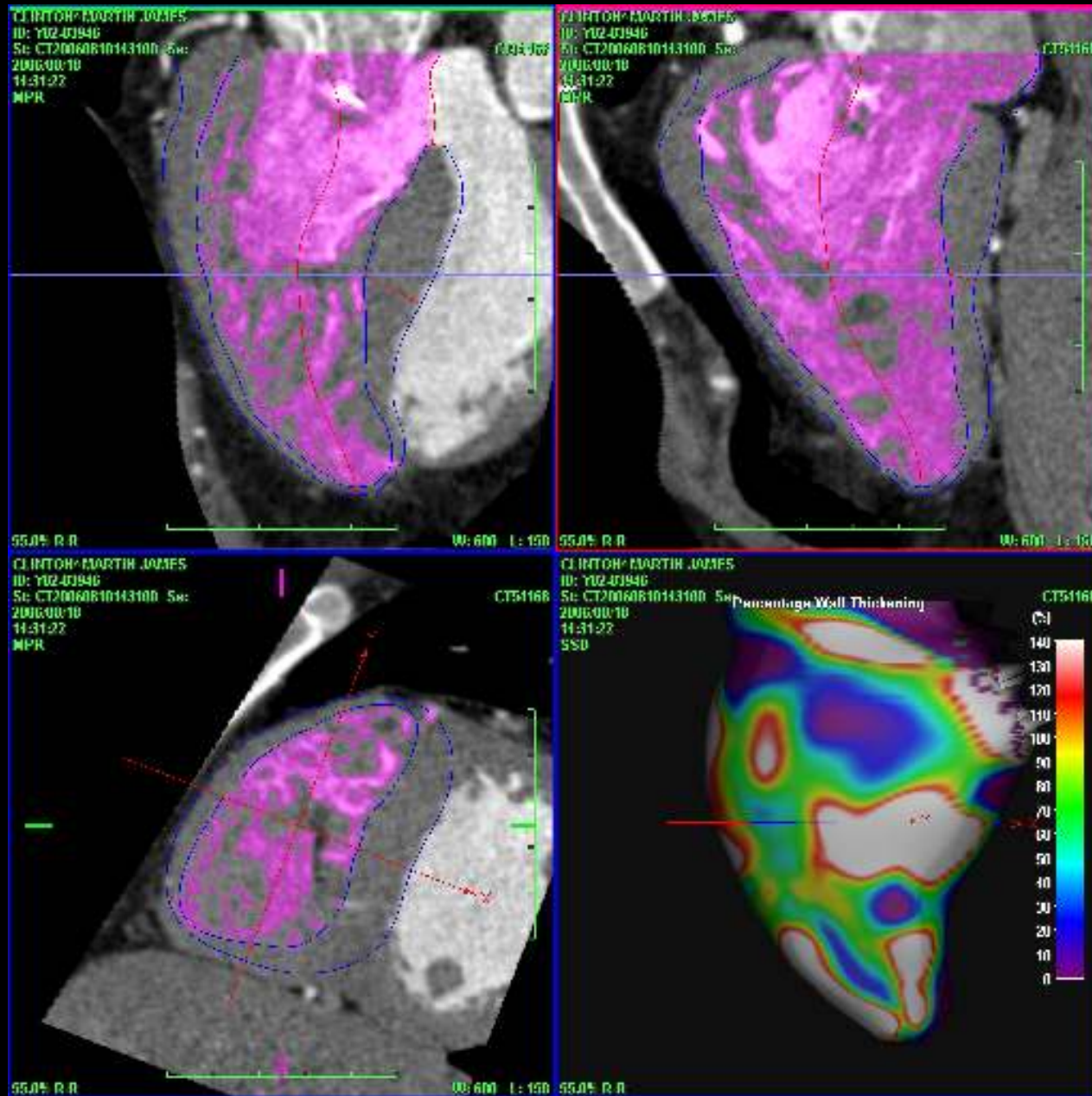


# Extended Protocols

- Combined CTPA/CTCA



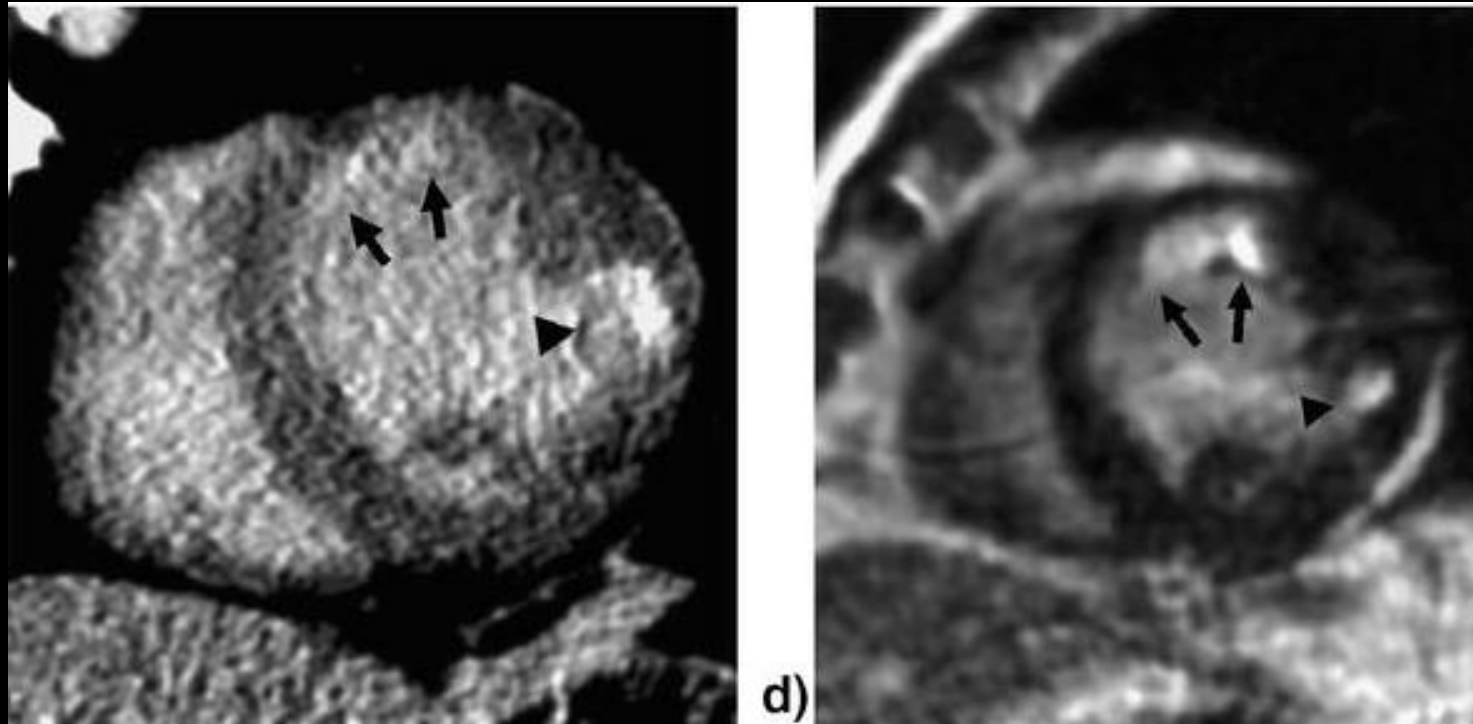




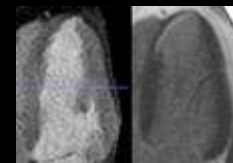
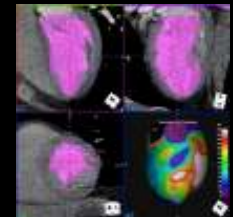
Nicol E, Kafka H, Stirrup J, et al. Int J Cardiol 2008

# Extended Protocols

- Late pass perfusion



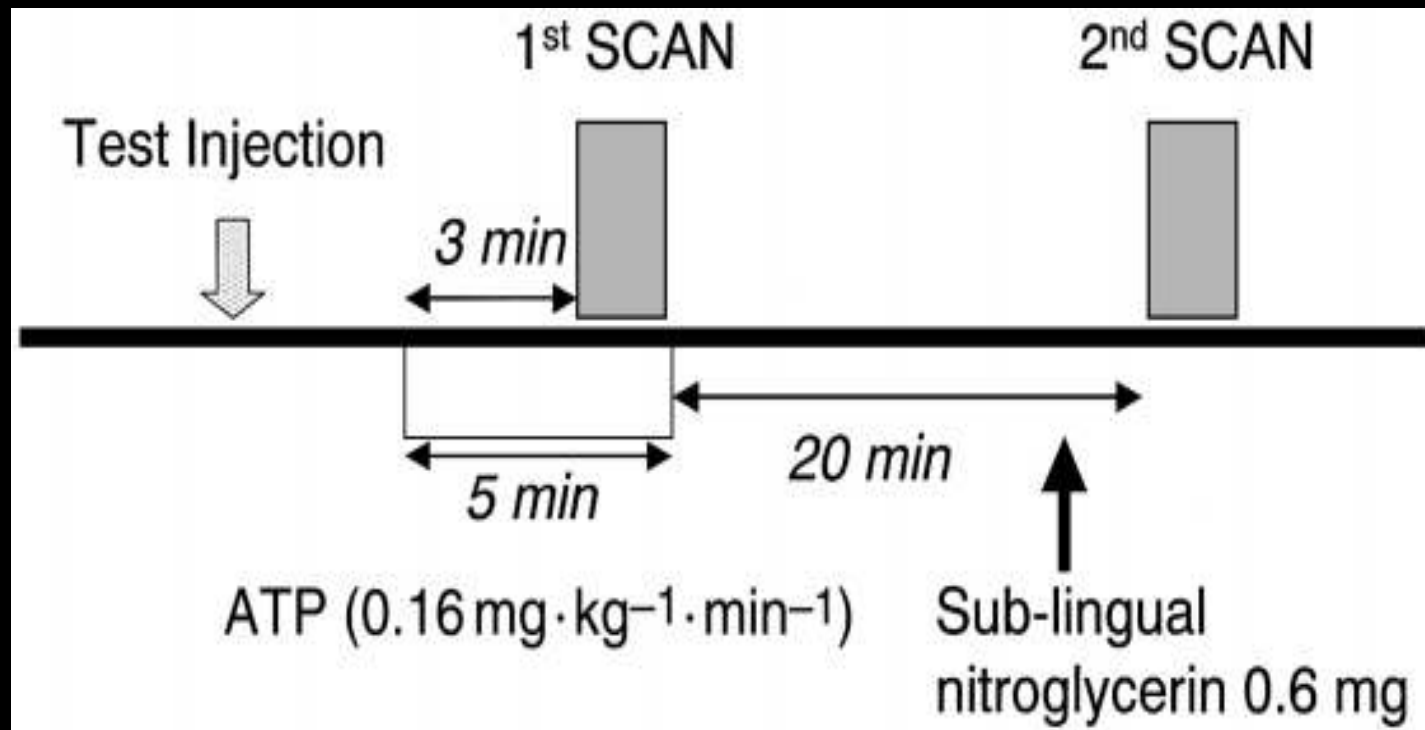
Mahnken AH et al. Eur Radiol (2007) 17: 994–1008



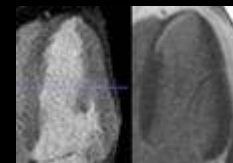
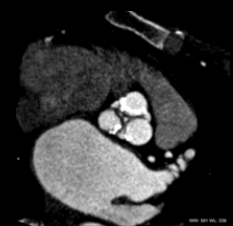
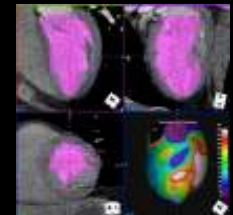


# Extended Protocols

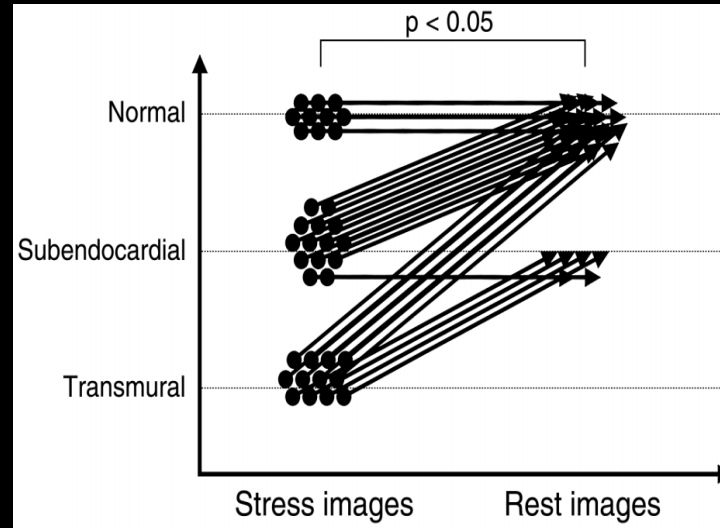
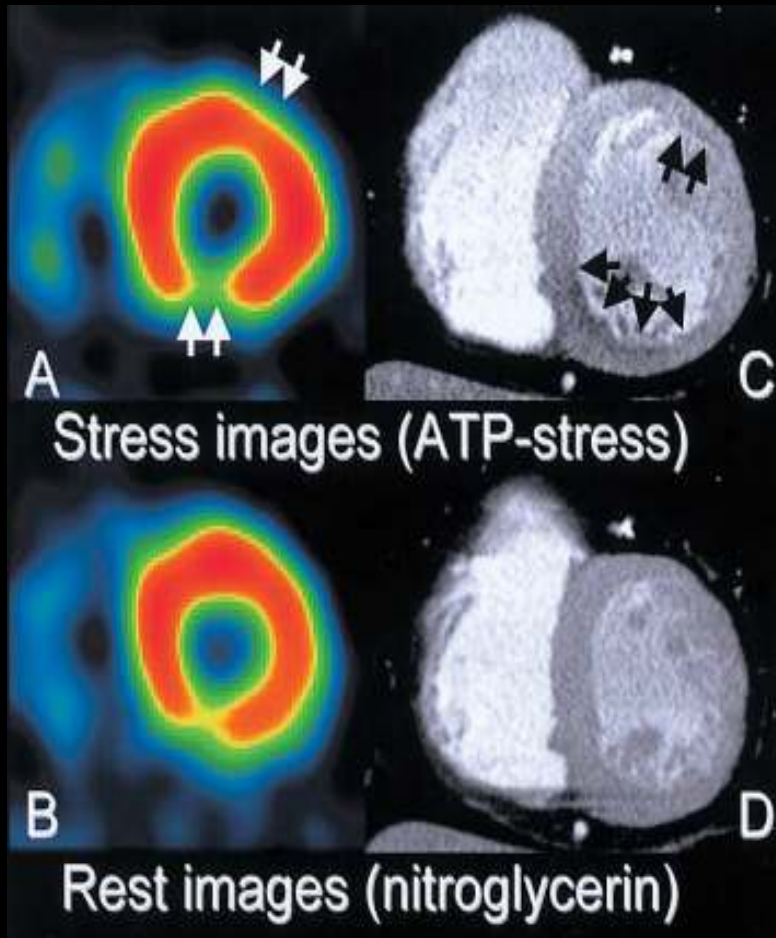
- Stress/Rest perfusion



Kurata et al *Circ J* 2005; **69**: 550 –557



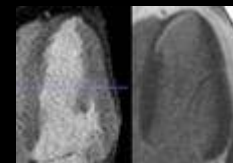
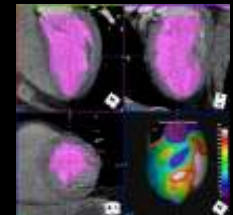
# Extended Protocols



## Agreement Between Perfusion CT and MPS

	MPS +/ve	MPS -/ve
PCT +/ve	21	5
PCT -/ve	1	9

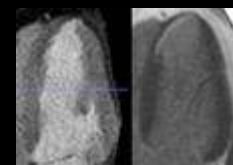
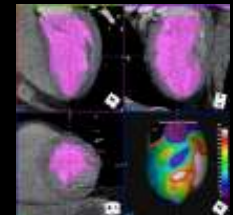
Kurata et al *Circ J* 2005; **69**: 550 –557



# Radiation Dose

- Diagnostic Angiography 2-6mSv
- PCI 5-40mSv
- Thallium (1 day) MPS 18mSv
- Thallium (2 day) 27mSv
- Technetium MPS 10mSv
- CTCA (retrospective gating) 6-18mSv\*
- CTCA (prospective gating) 2-4 mSv

\*2-4 mSv on 320MDCT single beat



# Radiation Dose

- Major criticism of CTA
- Industry drive to reduce dose
- Radiology community now favouring prospective gating (a retrospective step?)
- Loss of functional data
- Dose modulation now core in all new scanners
- Smart ECG recognition

# Current CT Choices -2012



- 64 MDCT – All vendors
- 64 Dual Energy –Siemens/GE
- 64/128 Dual Source - Siemens
- 128 MDCT - Siemens
- 256 MDCT – Toshiba/Phillips
- 320 MDCT – Toshiba Aquilion One

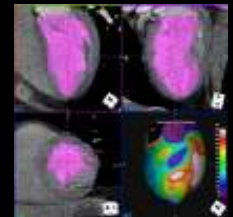
# Summary

## 1. The MDCTCA dataset is more than just the coronary arteries

- Coronary lumenography and anatomy
- Ventricular function (Left)
- Valve assessment
- Perfusion (first pass)

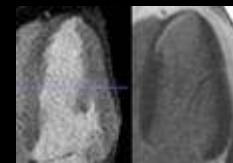
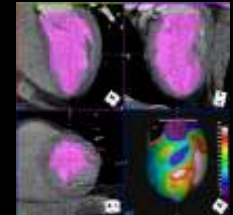
## 2. Extended Protocols may allow a comprehensive assessment of cardiac function

- combined CTPA/CTCA (RV function)
- late pass perfusion
- rest/stress perfusion



# Controversy

1. GTN or not
2. Prospective vs retrospective ECG gating
3. Increase detectors vs increased x-ray tubes vs increased rotation time
4. Most appropriate window levels
5. 50% or 70% cut-off
6. Role of acute CTCA in UK practice
7. Combined CT and functional imaging



# Acknowledgements



Dr Mike Rubens

Dr Simon Padley

Mrs Nina Arcuri

Miss Sally Copperthwaite

Dr Carl Schultz

Dr Jim Stirrup

Professor Richard Underwood

Professor Michael Gatzoulis

Professor Tim Evans

Prof Stefan Neubauer

Royal Air Force Medical Service



# Questions

