Treatment of bacterial infection

- Topical antiseptics may be beneficial
- Topical antibiotics: use restricted to 2 weeks.
 Increasing resistance to fucidin
 - Oral antibiotic 7-10 days
 Flucloxacillin
 Clarithromycin (resistance in Europe)
 Cephalosporin (? Could encourage
 resistance)
 Co-amoxiclav
 Clindamycin for resistant organisms

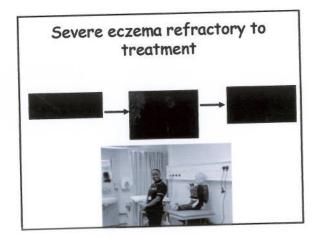




Antihistamines

- Non- sedating
 - No evidence for alleviating itch (EPAAC)
 - Modest reduction in TCS use
 - May be helpful in selected cases eg pollen allergy
 - Offer a trial (NICE)
- Sedating

No RCT's showing efficacy
Widely used in clinical practice
Short term use only (NICE, EATVD, PRACTALL)
Tachyphylaxis/ impaired cognitive function



Trigger factors

- NICE: Identify potential trigger factors including:
 - irritants
 - skin infections
 - contact allergens
 - food allergens
 - inhalant allergens.