

Expanded Year 3 Case Study 2012
2000-2500 words

The purpose of the case study is to demonstrate that you are developing appropriate clinical skills such as history taking, assessing patients' symptoms, and clinical examination skills, and are able to apply them to a real case. In addition to understanding the clinical aspects of the case and management plan, you must also demonstrate an understanding of multi-professional working, the principles rehabilitation, the role of allied health care professionals, and holistic patient management including discharge planning.

In the first week of your first clinical firm you must identify a patient whose condition is likely to require the input of the multidisciplinary team (MDT). Suitable patients might include those who have had a stroke (CVA), amputations, fractures, or a chronic disease which affects their functional abilities e.g musculoskeletal disease, progressive neurological disease (such as Parkinsons disease or multiple sclerosis), diabetes, cardio-respiratory disease or frailty. You should follow the patient through their hospital admission and make notes of all your contacts with the patient, discussions with other health care professionals, and meetings attended. If your patient is discharged during the course of your attachment you may base your report on a series of patients. You are required to work individually on this assignment.

The meetings and discussions should include where possible:-

- a multidisciplinary meeting
- a session with a physiotherapist
- a session with an occupational therapist
- a nurse who is involved in the rehabilitation of the patient
- the nursing handover of the patient
- a discussion with the pharmacist
- a session with a speech and language therapist
- a session with a dietician
- participation in a goal planning session
- a home visit with a therapist and document reflections on the visit
- a family meeting or case conference and document reflections on the visit
- a Ward MDT meeting

In preparation for this assignment you may need to refer back to material covered in the introductory clinical firm in year 2, and to the two eModules on MDT working and rehabilitation that are to be found on Blackboard.

The assignment will be marked by your firm leader using the marking scheme on the intranet.