**Rehabilitation and symptom assessment and management**

Dr Catherine Urch Consultant for Palliative Care

Dr Ginny Wright Consultant in Medicine for the Elderly

Davina Richardson Clinical Lead Therapist Neurosciences

12.30 Introduction to the Module Dr Wright

12.40 Fundamentals of Rehabilitation and   
The International Classification of Function Davina Richardson

13.30 Symptom Assessment and Management Dr Urch

* 1. Break

15.00 Interactive Problem Solving using the ICF Dr Wright  
 D Richardson

15.45 Multidisciplinary Team Working Dr Wright  
 D Richardson

16.30 Transfer of Care Dr Wright  
 D Richardson

17.00 Close

# Rehabilitation, symptom assessment and management – the multiprofessional approach

# Learning objectives Years 2 and 3

**Rehabilitation:**

* To define the core principles of rehabilitation
* Demonstrate awareness of the WHO ICF (International Classification of Functioning, Disability and Health) model.
* Describe the standardised assessments of cognition, capacity and function.
* Participate in goal setting with the patient and key members of team
* Demonstrate an understanding of the impact of impairments, activity limitations and participation restrictions on the individual.
* Understand how to formulate a plan for treatment, management and discharge, in partnership with the patient
* Be able to elicit patients' understanding of their condition, treatment options, their views, concerns, values and preferences.
* Analyse the impact on carers of someone with impairments, activity limitations and participation restrictions.
* Compare the contribution that different members of the multidisciplinary team can make to the rehabilitation process
* Understand how to support patients in caring for themselves and promote self management programs.

**Palliative Care – Symptom Assessment and Control**

* Be able to explain how to assess pain on every patient
* Understand and assess the multi-dimensional aspects of pain
* Be able to use and apply basic pharmacological treatment algorithms
* Understand pain treatment within MDM
* Understand the need to re-assess pain within MDM
* Understand basic differences between acute and chronic pains
* To be able to identify and characterise 3 ‘difficult’ pains
* To be able to assess other symptoms : nausea /vomiting, constipation and breathlessness
* To understand role of symptom control in terms of: cure or modify underlying cause, and the addition of pure symptom control (palliate) with Multi-disciplinary involvement.