**Rehabilitation and symptom assessment and management**

Dr Catherine Urch Consultant for Palliative Care

Dr Ginny Wright Consultant in Medicine for the Elderly

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12.30 Introduction to the Module Dr Wright

12.40 Fundamentals of Rehabilitation and
The International Classification of Function Davina Richardson

13.30 Symptom Assessment and Management Dr Urch

* 1. Break

15.00 Interactive Problem Solving using the ICF Dr Wright
 D Richardson

15.45 Multidisciplinary Team Working Dr Wright
 D Richardson

16.30 Transfer of Care Dr Wright
 D Richardson

17.00 Close

# Rehabilitation, symptom assessment and management – the multiprofessional approach

# Learning objectives Years 2 and 3

**Rehabilitation:**

* To define the core principles of rehabilitation
* Demonstrate awareness of the WHO ICF (International Classification of Functioning, Disability and Health) model.
* Describe the standardised assessments of cognition, capacity and function.
* Participate in goal setting with the patient and key members of team
* Demonstrate an understanding of the impact of impairments, activity limitations and participation restrictions on the individual.
* Understand how to formulate a plan for treatment, management and discharge, in partnership with the patient
* Be able to elicit patients' understanding of their condition, treatment options, their views, concerns, values and preferences.
* Analyse the impact on carers of someone with impairments, activity limitations and participation restrictions.
* Compare the contribution that different members of the multidisciplinary team can make to the rehabilitation process
* Understand how to support patients in caring for themselves and promote self management programs.

**Palliative Care – Symptom Assessment and Control**

* Be able to explain how to assess pain on every patient
* Understand and assess the multi-dimensional aspects of pain
* Be able to use and apply basic pharmacological treatment algorithms
* Understand pain treatment within MDM
* Understand the need to re-assess pain within MDM
* Understand basic differences between acute and chronic pains
* To be able to identify and characterise 3 ‘difficult’ pains
* To be able to assess other symptoms : nausea /vomiting, constipation and breathlessness
* To understand role of symptom control in terms of: cure or modify underlying cause, and the addition of pure symptom control (palliate) with Multi-disciplinary involvement.